

**T&H MORRIS**  
EST 1974  
**FAMILY BUTCHERS**  
38 Dunraven Place  
Bridgend  
Also at  
Megasave  
North Cornelly  
01656 768620  
**FREE**  
HOME DELIVERY SERVICE

# Bridgend & Porthcawl GEM



"Your ORIGINAL priceless weekly newspaper"

The area's longest serving Community Newspaper

Established 1983

**WILLIAMS & EVANS Menswear**  
**NEW WINTER COLLECTION has arrived**  
2-4 Queen Street, BRIDGEND  
01656 652072  
[www.williamsandevans.co.uk](http://www.williamsandevans.co.uk)

Weekly audited distribution (51 weeks) to 31/12/14 - **45,271**  
(GEM Series). Audited by David Pinder & Co Ltd. Chartered Accountants.

[www.bridgend-today.co.uk](http://www.bridgend-today.co.uk) • [www.porthcawl-today.co.uk](http://www.porthcawl-today.co.uk)

THURSDAY, OCTOBER 1ST 2015

READ THE GEM TOTALLY FREE EVERY WEEK ONLINE!

[www.barry-today.co.uk](http://www.barry-today.co.uk) • [www.cowbridge-today.co.uk](http://www.cowbridge-today.co.uk)  
[www.flantrift-major-today.co.uk](http://www.flantrift-major-today.co.uk)  
[www.bridgend-today.co.uk](http://www.bridgend-today.co.uk) • [www.porthcawl-today.co.uk](http://www.porthcawl-today.co.uk)

A look at the merits of solid fuel heating systems

Pages 22 and 23

In Biz looks at the latest, brightest, business ideas

Pages 26 and 27

The four-day turn-around. Can battered Wales do it?

BACK PAGE COMMENT by DON JOHN



A piece of Porthcawl's railway heritage was commemorated recently when the refurbishment of Station Hill square was officially opened. (See full story on page 9).  
Picture by KEITH E MORGAN

## TOP LOCAL COMPANIES ARE HONOURED AT BRIDGEND COUNTY BUSINESS AWARDS



## LOCAL AM'S CALL 'Just one week to save law courts!'

WITH the deadline looming for local people to make their views known about the proposed closure of Bridgend Law Courts, the Bridgend AM, Carwyn Jones, is asking for a last-minute surge of protest.

The UK Government consultation on the provision of the court and tribunal estate in England and Wales closes on October 8. The First Minister told The GEM that, with a week to go before the consultation closes, many court users, judiciary, staff and other parties, had already responded to the consultation.

If the planned closure goes ahead, criminal cases will transfer to Cardiff and family matters to Port Talbot. Mr Jones said: "As a former practitioner, I am greatly concerned by the consequences the closure of Bridgend Law Courts would bring."

"There is no respect

from the UK Government for Welsh court users. I cannot imagine we would close these courts if the justice system was devolved, and I have made my views very clear to the UK

Government. I would urge all those who still wish to have their say, to do so, and ensure that they don't miss the deadline to respond to the consultation.

"We have a week to save Bridgend Law

Courts and then the ball will be firmly back in Michael Gove's court".

The consultation runs until October 8. Further details can be found at [www.gov.uk/moj](http://www.gov.uk/moj)

The Bridgend Business Forum Awards 2015 took place recently. Host Sian Lloyd is pictured with Alison Hoy, chair of the forum, and the winners. For more on this story, please turn to page 4.

**PJ Lee Architect**

[www.pjl-a.com](http://www.pjl-a.com)

FREE NO-OBLIGATION INITIAL CONSULTATION

Bespoke Residential Design

Newbuild Extension Alterations

Email: [info@pjla.com](mailto:info@pjla.com)  
Tel: 01656 660004



**FIRST CLASS PODIATRY**

**hcpc**  
registered  
[www.hcpc-uk.org](http://www.hcpc-uk.org)

Matthew Evans BSc (Hons), MChS  
HCPC registered Podiatrist/Chiropodist

Save £3 off your treatment! with this advert  
(One offer per person)

Ground floor clinic based at:  
Oak Tree Surgery, Brackla, Bridgend CF31 2PQ.  
Riversdale Surgery, 10 Merthyr Mawr Rd North,  
CF31 2NL

Diagnosis, advice & treatment for all foot and ankle problems. All conditions treated.  
Self referrals welcome.

For an appointment please contact:  
Tel: 01656 502024 or 07826 945491  
Email: [m.evans@firstclasspodiatry.co.uk](mailto:m.evans@firstclasspodiatry.co.uk)  
[www.firstclasspodiatry.co.uk](http://www.firstclasspodiatry.co.uk)



**Wedding Fayre**

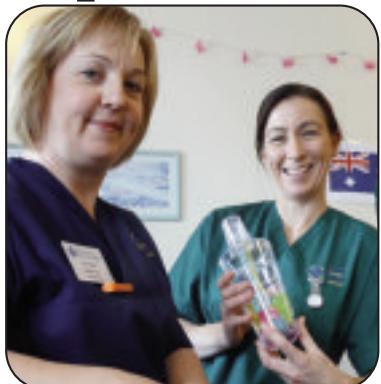
CJ Wedding Fayres present a Wedding Fayre at  
**COURT COLMAN MANOR**  
Pen y Fai,  
Mid Glam  
CF31 4NG  
Sunday  
4th  
October  
2015

**FREE ENTRY &  
FREE GOODY BAG FOR  
EVERY BRIDE**

OPEN FROM 11am to 4pm  
FOR FURTHER DETAILS  
CALL US ON  
**01443 410565  
07958 050171**

[info@cjweddingfayres.co.uk](mailto:info@cjweddingfayres.co.uk)  
[www.cjweddingfayres.co.uk](http://www.cjweddingfayres.co.uk)

# World Cup 'bar' is tonic for hospital patients



**Ward 18 manager Sara Ralston and healthcare support worker Leanne Adamson in the Rugby World Cup 'bar'.**

**THERE'S nothing quite like watching the Rugby World Cup in your local bar – even when it is completely dry!**

Patients in Ward 18 in Princess of Wales Hospital, Bridgend, can enjoy all the World Cup action in their very own 'bar' that has been created especially for the occasion.

It includes a replica beer pump that has been donated by one of the ward's many supporters.

Although the pump doesn't actually work, it certainly looks the part and adds to the celebratory atmosphere.

Flags from around the world have also gone up in the day room and in the corridor outside.

Ward 18 has 25 beds for frail elderly medical patients, many of whom have dementia.

Ward manager Sara Ralston said: "While they are staying with us we try to make it a more homely environment to help with stimulation and so they can socialise with other patients."

Patients are encouraged to use the day room for a wide range of activities, including enjoying meals together, reading, listening to music or watching movies, physiotherapy sessions, quizzes, chatting with staff and much more.

Ward 18 healthcare support worker and dementia champion Leanne Adamson said: "To celebrate the Rugby World Cup, we also now have a mock bar, encouraging patients to come here and watch the



## 67-year-old was 'called up' to the World Cup squad!

**FOR anyone who has just returned from Mars and missed the Rugby World Cup so far, Phil Steele's show in Cardiff would have brought them back to earth.**

Broadcaster Phil was at his best, not just with rugby anecdotes, but his moving portrayal of 'And the Band Played Waltzing Matilda', noting the 100th anniversary of the World War One ANZAC landings was well received.

It now includes a series of picture galleries featuring movie stars, Welsh sports personalities, the Royal Family and singers.

Sara Ralston said: "While they are walking down the corridor patients can look at these familiar faces and reminisce with staff."

She said: "The improvements that had been made to Ward 18 predated the Andrews Report, Trusted to Care. "We're very passionate about improving standards of care. We've got a great team here on Ward 18. All our ideas were put together and we've moved forward with improving those standards."

## Tenovus shop raises over £500 at fashion show

**THE local Tenovus cancer care charity shop held a fashion show, plus cheese and wine evening at All Saints' Church hall in Porthcawl and raised over £500!**

Tenovus charity shop volunteers modelled donated clothing and held a raffle, tombola and jewellery stall.

The money raised goes towards the upkeep of the man van and mobile unit in the area. Port Talbot and Aman Women's Aid also held a stall at the fashion show and spoke about their work to break the cycle of domestic abuse and empower women with skills and confidence.

Williams-Hale, singing were interviews supported by Stephanie Bailey on piano, was on top form, regaling an enthusiastic audience with songs from RWC qualifiers including New Zealand, South Africa, France, USA and many others, as well as singing its brilliant MD's composition.

National Glory was a medley of home nations' and other favourites. Chorister Peter Morgan added dramatic narration; and Don't Cry For Me Argentina, sung as a duet by Stephanie and Rhiannon brought the house down.

Interspersed with the

others not mentioned. Most importantly the charity to benefit was Shine Cymru, whose chief executive, Kate Steele (wife of Phil) both opened and closed the evening with warm words of welcome, support and appreciation.

A worthy addition was when Phil interviewed 67-year-old chorister Gareth Davies, who had mistakenly received a text call-up to Warren Gairland's squad when he was sitting on a Corfu beach!

It was intended for the *Scarlets' 9* of the same name who starts on Saturday.

It could have been interesting for the bass singer and former Garw Grammar School flyer!

Also introduced from the audience were the 25th anniversary of World's Biggest Coffee Morning and what a fantastic celebration it has been! We have seen photos of the most amazing cakes but we have also seen the most brilliant photos of people getting together with friends and colleagues for a chat, a slice of cake to raise money for Macmillan.

Today in Wales, more than 130,000 people are living with and beyond cancer. The money raised will help us to continue to provide services in Wales, including funding our nurses, physiotherapists, welfare benefits advisers and our information centres in some of Wales' hospitals.

Susan Morris, (Head of services for Macmillan Cancer Support in Wales). He said: "Porthcawl is a major tourist destination in Wales and it is vital that it has the proper transport links to Porthcawl, other than by bus. Light rail should be considered as one of the possible alternatives."

## Art patients' work on show



**Occupational therapy technician Louise Taplin with some of the artwork already being prepared ready for next year's awards.**

**PATIENTS at a mental health hospital in Bridgend will see their award-winning artwork go on display in London.**

They have been selected to be part of an exhibition at the South Bank Centre after enjoying outstanding success in this year's Koestler Awards.

These are run by the Koestler Foundation, a UK charity that helps mental health patients, prisoners and detainees lead more positive lives by participating in arts.

Patients at Caswell Clinic in Bridgend have taken part every year for the last five years – and this year has been their most successful yet.

Caswell Clinic is a medium-secure forensic mental health unit located at Glanrhed Hospital.

The purpose-built clinic provides specialist healthcare services for people from South, West and Mid Wales who have mental health problems commended.

### HIGH TIDE TIMES (UNTIL OCTOBER 8)

**The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.**

**For instance, in Barry, the high point will be 20–25 minutes later.**

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
01 Thur	09.19	10.5	21.42	10.4
02 Fri	09.59	10.2	22.27	9.9
03 Sat	10.45	9.6	23.12	9.2
04 Sun	11.33	8.9	23.57	8.4
05 Mon			12.32	8.2
06 Tues	01.11	7.9	13.47	7.7
07 Wed	02.38	7.6	15.19	7.8
08 Thur	03.52	7.8	16.28	8.2

**While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.**

# The Glamorgan GEM • Contact us...

Tel: 01446 774484 • Fax: 01446 774108

[www.facebook.com/GlamorganGEM](http://www.facebook.com/GlamorganGEM) • [www.twitter.com/gem\\_news](http://www.twitter.com/gem_news)

News Enquiries/Submissions: [gemeditorial@tindlenews.co.uk](mailto:gemeditorial@tindlenews.co.uk)

Advertising/Distribution: [gemsales@tindlenews.co.uk](mailto:gemsales@tindlenews.co.uk) • Sales Manager: [jan.irving@tindlenews.co.uk](mailto:jan.irving@tindlenews.co.uk)  
Sales Executives: [wendy.short@tindlenews.co.uk](mailto:wendy.short@tindlenews.co.uk) • [samantha.miller@tindlenews.co.uk](mailto:samantha.miller@tindlenews.co.uk)

Published by: Glamorgan GEM Ltd, Craig House, 53 Eastgate, Cowbridge, CF71 7EL. Printed by TMP.  
[www.cowbridge-today.co.uk](http://www.cowbridge-today.co.uk) • [www.barry-today.co.uk](http://www.barry-today.co.uk) • [www.llantwit-major-today.co.uk](http://www.llantwit-major-today.co.uk) • [www.bridgend-today.co.uk](http://www.bridgend-today.co.uk)

We abide by the code of practice upheld by the Independent Press Standards Organisation (IPSO). This contains provisions for issues such as accuracy.

If you have a complaint, write to us at the address below, left, or call editorial manager Don John on 01446 774484. All complaints will be fully investigated.

If you are not satisfied with the outcome, you may wish to contact IPSO, Gate House, 1 Farrington Street, London EC4M 7LG Website: [www.ipso.co.uk](http://www.ipso.co.uk). Tel: 0300 123 2220. E-Mail: [complaints@ipso.co.uk](mailto:complaints@ipso.co.uk). Enquiries: [inquiries@ipso.co.uk](mailto:inquiries@ipso.co.uk).

## HOSPITAL PLAYROOM GETS A NEW LOOK AS... Sony staff 'adopt' children's ward at POW for third year

THE children's playroom at Princess of Wales Hospital is to be given a bright new look, thanks to Sony in Bridgend.

It has nominated the children's ward as its charity for the last two years and is set to do so a third time.

Last year, the electronics giant raised £10,000 which was used to buy a Vapotherm machine, which has proved invaluable.

It helps babies and children with breathing difficulties by giving them a higher concentration of oxygen.

Other additional donations included hand-held pulse oximeters, which are used to measure the oxygen levels in the blood, drip stands and other pieces of equipment.

Ward manager Kaye Aherne said: "We have been very fortunate to be the charity which Sony has adopted."

"They have been absolutely fantastic, raising a phenomenal amount of money. We can't thank them enough."



Kaye Aherne and Angela Lewis with the Vapotherm machine.

The Vapotherm machine proved invaluable during last year's winter months. It really helped some children and babies who had breathing problems."

Sony's latest fundraising event was a huge success with dinner dance and raffles and charity golf day, which raised

another £10,000.

This will be used to remodel the children's outdated playroom and, while the start date has yet to be confirmed, staff have already seen the plans.

The room will be split into different sections, with a parents' area where mums and dads can have a coffee and watch the children playing.

There will also be a teenage area with computer games and screens, set away from the toddler area, and themed areas for children aged three to 10 years.

Kaye added: "This is indeed a dream come true for us, as we didn't think we could ever achieve the playroom upgrade. The plans look fantastic and we can't wait for the work to start."

"Ward sister Angela Lewis and I attended the charity golf evening and it was brilliant. All proceeds raised will benefit the children and families who access our services."

"The team at Sony have been a fantastic support. We really can't thank them enough."

## Magical Music with singer Wynne Evans boosts Barnardo's Cymru



ABOVE: Charlotte Bruton.



ABOVE: Wynne Evans and David Hughes.

## Shout plans for Samtampa memorial

ON Wednesday, September 23, a large cross section of the people of Porthcawl and district met at the Grand Pavilion to discuss Porthcawl Shout's Samtampa memorial project.

Led as usual by Porthcawl Shout's chairman Gary Victor, on this occasion assisted by Angharad Wynne, memorial options were discussed and the public present were asked to assist the process by voting for their choice.

While the findings are yet to be analysed, it seems more than likely

CLIVE MORT

Magical Music, a concert in aid of Barnardo's Cymru took place in Porthcawl recently at the Grand Pavilion.

David Hughes and Michael Plowman assembled an orchestra and chorus which numbered 81 in total. The orchestra was so large that rows of seats were removed to accommodate them in the auditorium whilst the chorus were on the stage.

Professional and semi-professional instrumentalists came from all parts of South Wales to create the orchestra, many of whom had been members of the Glamorgan Youth Orchestra and the National Youth Orchestra of Wales. The orchestra and

chorus all gave their time without seeking a fee. It is the sixth year in a row that they have supported David who himself was a former member of both youth orchestras.

The result was a real sense of a special reunion on the night and the packed audience benefitted from this camaraderie.

The programme of music was full of well-known music from films and stage.

The size of the orchestra meant there was a rich sound and an opportunity to present major pieces.

The evening was controlled by the effervescent Wynne Evans who managed to embarrass each performer one by one in his lovely, but wicked, way! He also gave the audience a treat singing some of his favourite

songs. Yvonne Rogers, the director of Barnardo's in Wales, thanked all the performers for giving their time and talents and the audience for their wonderful support of the concert.

She related some of the stories of underprivileged children in Wales who are so grateful to receive help from Barnardo's.

The concert raised over £6,000 on the night and that brings the total raised by the six concerts to over £40,000.

Liz Singer, the chair of the Barnardo's organising committee, said "I am so grateful to David, Mike, all the musicians and to the audience for supporting us over these past six years and allowing us to raise such valuable funds to help the vulnerable children in Wales."

## Warm welcome for Ford's £181m investment in Bridgend factory

THERE has been a very warm welcome in Bridgend county borough after the Ford Motor company confirmed that it is to invest more than £165 million in making a new range of engines.

Bridgend County Borough Council (BCBC) welcomed the news that Ford had selected its Bridgend plant to produce the company's next generation of fuel efficient petrol engines.

The move will safeguard up to 750 jobs following a total investment of £181m – £14m of which has been provided by the Welsh Government.

### 'COME AND SING!'

COR Bro Ogwr are looking for new recruits to 'Come and Sing' on Saturday, October 17 – but at an earlier time than printed in last week's GEM.

The programme will contain songs from the musicals, opera choruses, Welsh songs, Handel, and a short classical piece that the choir is currently learning.

'Come and Sing' will take place from 1am to 12.30pm at Tarbernacle Church, Derwen Road, Bridgend.

For more information call 01656 653326 or [www.cor-bro-ogwr.com](http://www.cor-bro-ogwr.com).

The Welsh Government, which recognises the plant as a major employer in the area, also supports Ford with an annual training grant of £50,000.

Coun Charles Smith, the BCBC cabinet member for regeneration and economic development, said: "This is fantastic news and a real boost for Bridgend county borough.

"The area has long been identified with major names such as Bridgend Ford and demonstrates the many advantages that the county borough can offer employers, including a skilled local workforce and excellent transportation links.

"Such a significant investment by Ford and the Welsh Government demonstrates their ongoing confidence in the area."

The Bridgend engine plant opened in 1980 and employs a total of 1,860 staff.

Building six and eight cylinder engines for customers, as well as Ford four-cylinder engines, the plant currently produces 3,400 engines a day or one every 24 seconds.

First Minister Carwyn

Jones AM for Bridgend, said "I welcome Ford's investment and their continuing commitment to the Bridgend area. The investment is excellent news and will safeguard more than 750 skilled Welsh jobs for many years."

South Wales Central AM and Leader of the Welsh Conservatives, Andrew RT Davies, said:

"This announcement is excellent news for the area and a sign of confidence in the UK Government's efforts to rebuild the economy."

"The Chancellor's long-term economic plan has been instrumental in driving confidence back into the UK, and without the responsible leadership of the Conservatives in Westminster it's difficult to imagine multinationals investing on this scale throughout the country."

"Ford's decision to locate its technologically advanced production here in Bridgend is also a tribute to the skill and experience of the local workforce, and in an era of tough competition this is tremendous news."

## Exercise class for the new mums

NEW mums looking to get back in shape are invited to join Bridgend Communities First's 'Buggyfit' free exercise sessions at Maesteg Celtic Social Club, starting on Tuesday, October 13, from 9.30am – 10.30am.

Through muscle strengthening and body toning, it is suitable for all new mums, and mums whose children are still in buggies. Admission is free of charge to all those living in Bridgend Communities First postcode areas. For further details, or to book a free place, call Jeremy Dimond on 01656 643518 or 07815 527124.



YOUR LOCAL MEDICAL NEGLIGENCE EXPERTS

Call Now 01446 791811

Misdiagnosis, birth injuries, cerebral palsy, missed fractures, wrong treatment.

No win - no fee, fully qualified solicitors.  
Free Claim Evaluation.

Tel: 01446 791811

E-Mail: [info@NHSLawyer.co.uk](mailto:info@NHSLawyer.co.uk)  
[www.NHSLawyer.co.uk](http://www.NHSLawyer.co.uk)

NHSLawyer is regulated by the Solicitors Regulation Authority  
(SRA number 569027)

# YOUR CHANCE TO SHARE THE COMMUNITY NEWS

**Aberkenfig WI SUMMER 2015**  
has been very busy for the ladies of Aberkenfig and District WI but now activities are slowing down with autumn looming.

On September 15 four members – Hilary Crocombe, Peggy Jones, Dee Melton and Eunice Williams – attended the Glamorgan Federation quiz in the Hi-Tide, Porthcawl, where they accounted for themselves very well.

On September 17, 19 members and friends took a trip on the Gwili Railway and the rain kept off until they were on the train enjoying

their cream tea. The ladies agreed it was a lovely way to celebrate the 100th birthday of the Women's Institute organisation.

The next meeting of Aberkenfig WI is on October 14 at 2pm when Deana Owen will speak on her work with children in Zambia. The competition will be for a school photograph.

Aberkenfig WI meets on the second Wednesday of each month in the Len Evans Centre, Heol Persondy, Aberkenfig.

There is always a warm welcome for visitors and new members.

For further information ring Dilys on 01656 725399, or visit [www.cobwebs.com](http://www.cobwebs.com).

## UK Fungus Day

HUNDREDS of fungus fans across the UK are gearing up to celebrate UK Fungus Day on Sunday, October 11 but why celebrate fungi? The answer is, without fungi we wouldn't exist, for they break down organic matter and return goodness to the earth.

Glamorgan Fungus Group and The Wildlife Trust of South & West Wales are inviting the public to Parc Slip Nature Reserve (Tondu, Bridgend) on Sunday, October 11 for guided walks (at 11am and 2pm).

For more information contact [glasorganfungi@gmail.com](mailto:glasorganfungi@gmail.com)

## '60-a-day' Gran kicks her smoking habit

**A grandmother who kicked her 60-a-day habit with support from Stop Smoking Wales, is calling on local residents to sign-up to the Stoptober challenge to secure a smoke-free future.**

Having started smoking at the age of nine, Kay Lewis (45) spent 36 years as a hardened smoker.

Despite starting with only a few cigarettes a day, her habit soon evolved into a 60 cigarettes a day addiction until she made the decision to quit.

Following a series of health complications, Kay decided the time had come to attempt to become smoke-free and she hasn't looked back since.

Kay, who lives in Llanwit Major, said: "I have recently suffered from a number of chest and lung infections; my circulation is awful, I suddenly found I was retching after each cigarette and experiencing dizzy spells, which was really scary."

"On my 45th birthday earlier this month, I woke up and thought I would give myself and my family the best present I could, by giving up smoking."

She has had the support of Stop Smoking Wales, the NHS's free service to help people stop smoking. Despite having support, she acknowledges it has not been an easy journey:

"I first started

smoking at about nine years old and by the time I was of the age where I was leaving school, I smoked 20 a day. This dramatically increased to around 60 cigarettes a day by the time I was in my late twenties;

"I have always wanted to give up smoking but have never felt that I had enough willpower to even try – the thought of not smoking actually scared me!"

Her desire to kick the habit was also motivated by her love for those closest to her: "I have three beautiful little granddaughters and I don't want to be remembered for being the Nanny that stank of smoke. Also, they made me realise that the money I was spending on cigarettes could be better spent."

The potential savings from stopping smoking are huge. A twenty-a-day smoker who gives up could save themselves £56 in a week, £243 over a month and a whopping £2,920 over the course of a year.

Kay's 60-a-day habit would cost approximately £8,760 a year.

Stop Smoking Wales hopes Kay's story will encourage others to take up the Stoptober challenge regardless of how heavily they smoke.

Ashley Gould, of Public Health Wales, said: "Kay's story is really inspiring as it shows that even those with a significant smoking addiction can quit with the right support."

To find out more contact county organiser Gwyneth Thomas, by email [GlamorganYFC@Gmail.com](mailto:GlamorganYFC@Gmail.com) or telephone 07779 331839. You can also visit [www.glamorganyfc.com](http://www.glamorganyfc.com), uk and follow @GlamorganYFC on Twitter or 'like' the 'GlamorganYFC' page on Facebook for regular updates.

[glasorganfungi@gmail.com](mailto:glasorganfungi@gmail.com)

## Bryncethin WI

AT the meeting on September 17, birthday dates of members were read out and each received a congratulatory card.

Bryncethin WI then welcomed guest speaker Nicola Danson, from NeRD Jewellery Designs, who demonstrated her skills and gave members the opportunity to make their own earrings under her guidance.

Updates from the Glamorgan and Bryncethin WI newsletter were read out and Sarah Webb, Alyss Jones and Teresa Ree listed various events.

Bryncethin WI meet every third Thursday of the month from 6.45pm to 9pm at Bryncethin Memorial Hall. The next meeting will be held on October 15 with a talk on family history research by Jen L Davies.

A Christmas fair will be held at Bryncethin Memorial Hall on Saturday, November 14, 3pm – 6pm. Stallholders welcome, £7 per table.

## Laleston Gardening Club

MEMBERS of this active club, which meets at Cliff Cottage, High Street, Laleston, adjacent to the parish church, will be holding a coffee morning to raise funds for Macmillan cancer charity on Saturday, October 10 from 10.30am to 12 noon.

The club has a series of monthly meetings throughout the autumn and winter months on the second Monday of each month at 7.30pm.

At the next meeting on October 12 there will be a talk by Desmond Woods, 'The National Botanic Garden of Wales'.

The club also has a thriving ladies' section which meets on the first and third Tuesdays of the month at 7.30pm.

## NORTH BRIDGENG NEWS

A message for all readers in the north of Bridgend who would like to have items included in the community news columns of The GEM:

If you wish to submit reports on any social activity in this region, please contact me.

I am very approachable and will endeavour to include every newsworthy subject.

Contact details: CLIVE MITCHELL

1 Tyn-Y-Coed Close, Sarn, Bridgend CF32 9NQ

TEL: 01656 725399

email: [tyncoed1@yahoo.co.uk](mailto:tyncoed1@yahoo.co.uk)



month at 7.30pm; on October 6 the section will be holding its annual general meeting.

## Communities First

THIS organisation is helping young mothers get back into shape after giving birth, with a series of muscle-strengthening and body-toning exercises,

titled 'Buggyfit'. Free to mothers in Bridgend Communities First postcode area, it is being held at Maesteg Celtic Social Club on Tuesdays from 9.30am to 10.30am on October 13 and 20.

For further information, telephone Jeremy Dimond on 01656 643518 / 07815 527124.

Maesteg Gleemen are in concert on October 10 in the local town hall.

## Tynyrheol Primary

THE school recently held its annual elections for pupils to form the school council, as follows:

Membership is £3 per week and it meets at the Maesteg Celtic Social Club on Thursday evenings at 7pm.

The choir will be performing in concert at St Mary's Church, Garth on October 9 to raise funds for the church restoration programme.

As reported earlier,

Year-1 – Logan Hume, Gwen Lewis; year-2 – Indigo Brunt, Max Loosmore; year-3 – Megan Graham, Tom Hopwood; year-4 – Zoe Baird, Dylan Sage; year-5 – Lloyd Graham, Eloise Whitefield; year-6 – Noah Pook, Ellie Street.

For further information, telephone Jeremy Dimond on 01656 643518 / 07815 527124.

## Top local companies honoured at county borough business awards



Sian Lloyd with Bridgend Business of the Year 2015, Customised Sheet Metal Ltd's Kevin Wykes, Owain Wilcox, Malcolm Pearce and Michelle Pearce with main sponsor Simon Pirotte, Principal at Bridgend College.

**THE cream of Bridgend county borough businesses have been celebrated at the Bridgend Business Forum Awards 2015, held in conjunction with Bridgend County Borough Council and Bridgend College.**

The all-important winners were announced in each of the 10 categories, along with the overall Bridgend Business of the Year 2015, which was selected by a panel of independent judges made-up of sponsors and representatives of the Bridgend Business Forum.

The awards, which were hosted by BBC news presenter, Sian Lloyd attracted over 200 business people, keen to celebrate the achievements of some of the county borough's leading organisations.

Customised Sheet Metal Ltd scooped the coveted title of 'Bridgend Business of the Year 2015' after earlier picking up the accolades of 'Manufacturing Business of the Year' and 'Creative Business of the Year'.

## Just 11 days to go until Cowbridge on the Run in aid of Cancer Research UK

**THERE are just 10 days to go until Cowbridge on the Run takes to the streets of the Vale market town.**

The event, organised by Anne Birt, takes place on Sunday, October 11, and aims to raise funds for Cancer Research UK.

There are two distances 5km and 10km and people are welcome to either run or walk the course.

The starting point is at the town rugby club and Anne has announced the route.

Participants will leave the rugby club going across the Bear Field into North Road. Then it is down to the town hall and out onto High Street.

The course heads up to Eastgate as far as the traffic lights and a left turn takes the runners onto Aberthin Road.

On reaching Aberthin cross-road, between The Hare and Hounds and the tree, the route heads up towards the Downs, but takes an immediate right past Aberthin Village Hall and along the lane which crosses Cowbridge by-pass.

On reaching Primrose Hill, runners take a turn right and head down to the traffic lights (beside the Edmondes Arms).

Then it is through the traffic lights down Eastgate, High Street and Westgate, and a right turn into The Broadshard and then in to the

rugby club.

Anne explained: "The course measures 5k, so the 10k runners will run it twice."

Vale MP Alun Cairns, who has also signed up for the event, told The GEM: "Anne has done a wonderful job in bringing all this together, and I encourage as many people as possible to take part in the new route and raise money for a fantastic charity."

There will also be entertainment on the day at the rugby club as well as the fundraising run – a bouncy castle, face painting, 'splat-the-rat' and also Belgian waffles, pizzas and a lot more.

Registration starts at 9am. The runs will begin at 10am.

Teams (whether from businesses, local organisations or sports clubs) and individuals are both welcome.

Registration online is £10; on the day it will be £15. Sponsorship forms can be downloaded at: [www.cancerresearchuk.org/support-us/find-an-event/Cowbridge-on-the-run-2015](http://www.cancerresearchuk.org/support-us/find-an-event/Cowbridge-on-the-run-2015).

In 2011-12 Cancer Research UK provided £332million of funding to hospitals and universities. For more information, go to [www.cruk.org](http://www.cruk.org).

## Glamorgan Young Farmers look ahead to new year

**THE summer months are traditionally a quieter period for members due to traditional farming activity.**

However, following the YFC competition finale of the year at the Royal Welsh Show in July, where Glamorgan achieved an outstanding fifth place this year, members have been present at various agricultural shows and events this summer.

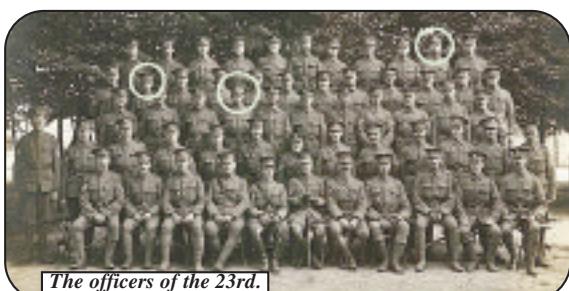
They were at the Bridgend County Show, Vale of Glamorgan Show and Gower Show along with local ploughing matches.

YFC representatives could be found volunteering their time to help the smooth running of activities or promoting the organisation along with the farming industry.

To mark the new year, Glamorgan Federation of Young Farmers Clubs recently held its Annual General Meeting where the following appointments were made for club officers for the forthcoming club year 2015/16.

Mr Martyn Popham

# Town torn between grief for fallen and welcome for the brave men of the 23rd



**The officers of the 23rd.**

**CERI JOSEPH** of Porthcawl Museum continues her history of WWI in Porthcawl. This week she looks at October 1915.

**B**EFORE the month was out in October 1915 British troops would begin landing on Salonika, Britain would declare war on Bulgaria, and a German air-ship raid on the east coast would cause 200 deaths.

The Dardanelles Committee in London would decide to begin the troop withdrawal from the Gallipoli peninsula under the new Commander in Chief Sir Charles Munro, and Nurse Edith Cavell would be assassinated by a German firing squad on October 12, for assisting the Allied soldiers she was caring for to escape from the hospital in Belgium and into neutral Holland.

At home, the town was torn between grieving for the Porthcawlians who fell at the Battle of Loos (mentioned last month) and welcoming the arrival of a new battalion, the 23rd (Pioneer) Battalion, Welsh Regiment.

The Battalion, formed in Porthcawl, began enlisting in September. According to Private Sidney Cook, a postman from 6, George Street, Porthcawl, who enlisted on November 23, 1915, the battalion then left Porthcawl on April 19 for East Anglia, where they joined up with the 69th Division.

Transferring to Pirbright, they eventually left Devonport on July 13 for Salomika where they joined the 28th Division as a Pioneer Battalion, on August 24. While stationed at the British

base in Salomika the battalion, nicknamed the 'Pick and Shovel Brigade,' saw action north of Lake Doiran, Macedonia; occupied Mazirk, and captured Bulgarian trenches in Barakli and Kumli.

Finally, in September 1918, following the surrender of Bulgarian forces at The Battle of Dorian, the battalion moved to Gallipoli and occupied the Dardanelles Forts as a result of the Armistice of Mudros, October 30, 1918, which signalled the end of hostilities in the Middle Eastern Theatre.

The Allies were to occupy this territory until 1923; the 23rd Battalion, however, returned home in 1919. Private Cook was to survive the war yet died in 1927, due to complications caused by the severe bouts of malaria that he had suffered during his time in Salomika.

Bertie John, of Brisbane House, New Road also enlisted in the 23rd Battalion on October 30, 1915. Due to a chronic respiratory illness he was discharged in 1916 – yet in 1918, he is found serving in India with the South Wales Borderers.

His tenacity and determination to serve, however, may have further affected his health, as he was to succumb to Spanish Flu in 1920, leaving a wife and son.

Private Isaac Owen (circled in photo) a coal hewer, from Pontycymmer, who enlisted into the 23rd in September 1915, met Blodwen Davies while billeted in the town. On June 7, 1919, following his return from the war they were married at Bethel Chapel, South Road.

Isaac didn't return to the pits after the war but worked as a mason's labourer and, sadly, died at work in Fairfax

Crescent on December 20, 1935 of a heart attack brought on by the malaria he, too, had contracted in Salomika.

Other Porthcawlians who enlisted in the 23rd were to become officers: Sergeant Russell Mably (centre circle in photograph) a Great Western Railway passenger clerk at Porthcawl railway station lived at The Cottage, 36 Mackworth Road; Sgt Mably enlisted in January 1916 but was later commissioned as 2nd Lieutenant in the South Wales Borderers on January 29, 1918. Lt Mably was to retire from the Welsh Regiment on January 25, 1924. Later, as chairman of the Porthcawl Urban District Council he was to officiate at the opening of Griffis Park, and the Pavilion in 1932.

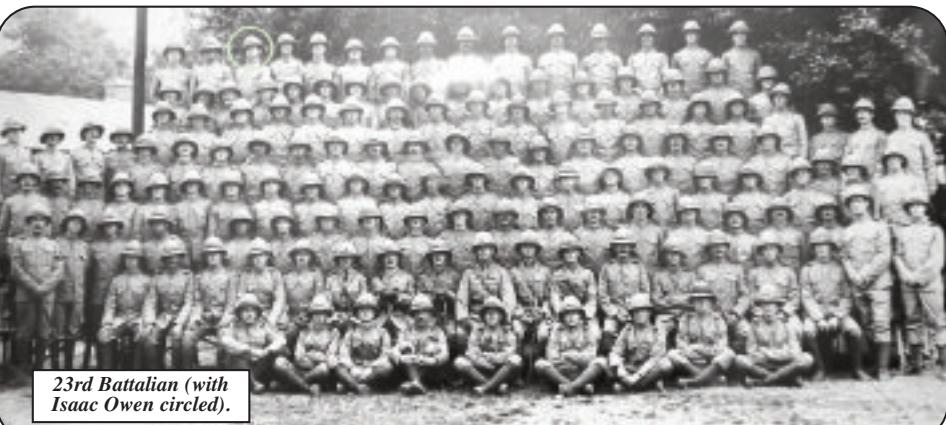
A relative, Lance Sergeant Edward Pearce Mably (left circle) of 2, Wells Street, was a 23rd recruit. Son of Arthur Mably the harbour pilot, he worked as a grocer's assistant in the town before the war. After the war, he moved to Exeter, where he married Flossie Sprague in 1922. He died in 1983.

Finally, Lance Sergeant Leonard Richard Rowe (right circle), a boot and shoe salesman, was the son of Benjamin Rowe who owned a draper's shop on Station Hill. Leonard was to die in 1928 aged 31 years, yet another victim of health problems caused by war.

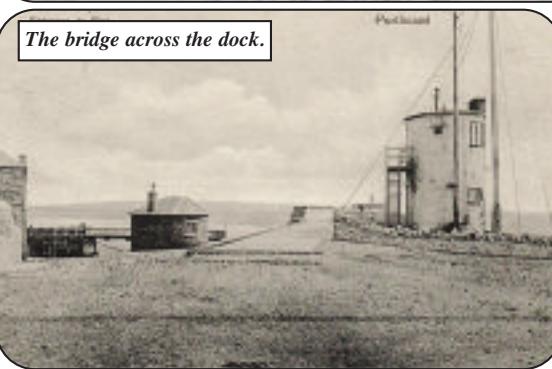
By October 1915, recruitment for the 23rd again brought concerns over billeting in town. It was felt that

'officers billeting will show a spirit of fairness when billeting the men' (*Porthcawl News 22nd October 1915*); consideration should be given to 'cases where husbands and sons have joined the colours. It would be some recompense to struggling wives and mothers.'

Elsewhere in Porthcawl, the manager of the GWR stated that a footbridge across the dock was soon to be erected, the Belgian Refugee Fund was in dire need of funds, the 3rd Welsh Regiment would shortly leave their camp at Newton, and the



**23rd Battalion (with Isaac Owen circled).**



**The bridge across the dock.**



**Bertie John.**

## 40 affordable new homes in Porthcawl

WALES & West Housing (WWH) has completed 40 new homes in Porthcawl, to help meet the demand for affordable housing in the area.

New Road Court, a development of one and two-bed apartments, has been built by local construction company Jehu for WWH working in partnership with the Welsh Government and Bridgend County Borough Council.

It is located in the Newton area of Porthcawl on New Road, and cost £3.9m, with the Welsh Government's Housing Finance Grant providing £1.8m.

## Now Maria's off to the North Pole!

RECENTLY will then cycle the selected ambassador for the 2016 Year of Adventure in Wales, Maria Leijerstam, is now planning another world first to add to her collection.

The 37-year-old from the Vale became the first person to cycle to the South Pole on December 27, 2013, and is the only woman in history to hold a major polar record.

Maria won the race for Britain, beating America, Australia, and Norway among others.

Next year she'll be tackling the North Pole, taking on 'The World's Coolest Marathon'. In April 2016 she will run a marathon at the floating airbase, 111km from the True North Pole. Maria

**Shaman**

Award winning Indian sub continental cuisine  
Restaurant & Takeaway

### EARLY BIRD SPECIAL

4 COURSE MEAL

Only £8.95pp

Mon - Thurs 5.30 - 7pm

### 2 FOR 1 MON - THURS

MAIN COURSE & POPPADOM  
5-8pm TAKEAWAY ONLY  
(TERMS AND CONDITIONS APPLY)



### SUNDAY BANQUET

5 COURSES £9.50

Midday - 11pm

**Tel: 01446 771682  
01446 774590**

70 East Gate, Cowbridge, CF71 7AB  
2014 Tiffin Cup Finalist  
Certificate of Excellence  
Trip Advisor



## PACT meetings

**BRACKLA PACT** at the Deaf and Sports Social Club, Croychurch Road on Tuesday, September 29 at 7pm.

**LITCHARD, PENDRE and COITY PACT** at Litchard Mission on Thursday, October 1 at 7pm.

**NEWTON PACT** at Newton School Rooms, Newton on Tuesday, October 6 at 6.30pm.

**PORTHCAWL EAST CENTRAL PACT** at Porthcawl Fire Station, Porthcawl on Tuesday, October 13 at 7pm.

**REST BAY and NOTTAGE PACT** at Nottage Scout Hall, Nottage on Tuesday, October 20 at 8pm.

**CERI JOSEPH**  
Porthcawl Museum

# TRACTOR RUN IS HELD IN MEMORY OF PENCOED FARMER NICK JONES

## PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE AVAILABLE FROM THIS EVENT.

Pictures can be purchased by contacting:

E-Mail: [ffotoimage@tiscali.co.uk](mailto:ffotoimage@tiscali.co.uk)  
Telephone 07791 228684  
[www.ffotoimage.co.uk](http://www.ffotoimage.co.uk)

ON Sunday, September 20, friends and family of the farming community came out in force to take part in a tractor run in memory of farm worker Nick Jones, who was tragically killed in a farm accident in May of this year.

Over 180 tractors, of all makes and models from far and wide, set off from Llanilid Farm in Pencoed and travelled through country lanes to Keepers Lodge Farm in Hensol.

These were the two farms where Nick worked. The tractors then returned to Llanilid for a hog roast and refreshments.

The organisers were overwhelmed by the support they received from everyone, raising in excess of £12,000 via donations, raffle and auction, and would very much like to thank everyone who helped to make this day a huge success.

The money raised is being placed in a trust fund for Nick's children Dylan, aged five, and Jake, aged three.

## NFU's donation in honour of accident victim

NFU Cymru members in Glamorgan donated £500 towards the Tractor Road Run in memory of Nick Jones.

The convoy of new and old tractors from Llanilid Farm, journeyed 25 miles along the rural roads of Glamorgan to Talgarth for a promise auction, before heading back to Llanilid for the hog roast and a gathering in memory of Nick.

Abi Reader, Glamorgan NFU Cymru's county chairman said: "Nick's death was a tragic accident and came as a tremendous shock."

"The farming community Nick lived in rallied round to support the tractor run and raised £12,000.

"It was a very fitting day in memory of a fellow young farmer."

Wayne Griffiths, one of the organisers, commented:

"I'd like to thank everyone who supported this event; the Iron Horse Society, those who gave so generously and those who took part in the road run.

"Nick used to work here on the farm, but he was also a great friend, and all the money raised is gratefully received for this trust fund."



## Local chef's top food tips for Porthcawl residents



### PACT is told of local concerns

OLDCASTLE PACT met recently when a wide range of issues was discussed.

It was decided that ongoing concerns around road safety and road layout in Herston Lane and the section of A48 that runs parallel to it would be the focus for the next two months.

The next meeting will be held at Brynteg Lower School Library on Wednesday, November 25 at 6.30pm when residents can speak to the local councillors and neighbourhood policing team.

**'HAVE YOUR SAY'**  
SAYS VALE COUNCIL

BCBC is calling on local people to tell them what services they think are most important in a consultation over future budget plans.

Taking place between Monday, September 28 and Sunday, November 22, those who complete an online survey will receive a free seven-day pass to a Halo leisure centre plus a chance to win a year's free membership.

For more information, call 01656 643664 or email [consultation@bridgend.gov.uk](mailto:consultation@bridgend.gov.uk).

RMBI care home Albert Edward Prince of Wales Court in Porthcawl celebrated British Food Fortnight with events including cooking sessions with a local chef, a Macmillan's coffee afternoon and food tasting sessions.

It began with a Scottish food tasting session and the gent's steak night and Welsh, English and Irish food

tasting sessions – with items such as Katie's homemade Welsh cakes and soda bread.

Residents also had great fun with local chef Dave Bassett from Bridgend College, who shared tips on how to make the perfect beef burger.

At a charity coffee afternoon residents, guests and staff raised over £500 for Macmillan's Cancer Support.

## Health centre news for Shout?

PORTHCAWL Shout Forum has been campaigning for some years for the town of Porthcawl to be provided with a new 'state of the art' health centre.

The group has visited various centres in different parts of Wales while drawing attention to the comparative ineffectiveness of the present provision.

The health board has previously promised to make Porthcawl a

priority for spending, as soon as a suitable site can be found. It appears we may be close to resolving the impasse.

Tomorrow (October 2), the health board representatives led by senior executive officer Zoe Wallace, intend to unveil their plans to the Shout Forum meeting.

Members of the public may wish to come along to Trinity Church, Porthcawl, at 2pm when all may be revealed.

All are welcome to attend.

CLIVE MORT



# 'VIVA LAS VEGAS' IN PORTHCAWL AS ELVIS FESTIVAL COMES TO TOWN!



*'Elvis' in action inside the marquee at the Hi-Tide ... and gets a kiss from a fan (below)!*



BY common 'Elvis free' – giving on ITV's *Good Morning*, consent, this year's anyone suffering from and a number of other 'Elvis overkill' a chance news outlets. Porthcawl was the to take a break.

For some landlords, it was a question of whether to cater for fans Pavilion had, as usual, of the King' or for rugby sold out well before the fans, as many pubs were weekend, while many packed out as Wales festival-goers headed for the hi-Tide Inn, where to beat England on Saturday night!

The main festival was in the was alive and playing a national spotlight, with set in a Porthcawl pub!

PHILIP IRWIN

Another well-received change was the decision to close the main road at the Promenade, from the Seabank Hotel to the harbour.

When proposed, there were grumbles on local social media, but in the end, festival-goers were happy to take advantage of the fine weather and stroll along the prom, with no traffic to worry about.

Porthcawl residents enjoyed the relaxed feel too.

Hotels and guest houses were packed out, and so were local pubs – those that embraced the festival ethos by putting on entertainment, and also those who were



**VALE LASER CLINIC**

Tattoo Removal  
Hair Removal  
Skin Rejuvenation  
Thread Veins  
Pigmentation Acne  
Rosacea Sunspots

Call for a free consultation to discuss treatments available

1a The Square, St Athan Village  
CF62 4PF • Tel: 01446 750880




# 'ELVIS IS BACK IN THE BUILDING!' FOR A DUET WITH THE GOLDEN OLDIES!



ON Friday, September 25, RMBI Albert Edward care home in Porthcawl held its annual Macmillan coffee afternoon, when staff and residents' families baked cakes to support the event and the Golden Oldies performed for guests.

"Not only did they perform, they also donated a £200 cheque to Macmillan to add to our total. The highlight of the event was when Elvis came back and did a rendition with the Golden Oldies. Elvis was back in the building!" a spokeswoman reported.

"We served tea, coffee and cake and held a raffle and together with the Golden Oldies raised a grand total of £545, which will be donated to Macmillan. This is a charity that is very close to our hearts here at Albert Edward with many members of staff having either had cancer or a relative who has suffered from this cruel

illness. "This is the fifth year that RMBI Albert Edward has run a Macmillan coffee afternoon and this year's total has taken us well above the £1,500 mark since we have started the coffee afternoons.

"We look forward to making next year the biggest and best yet," she added.

Every September thousands of Elvis fans descend on Porthcawl for a unique celebration of 'the King', which includes The Elvies, the award show for Elvis tribute artists.

Once again RMBI Albert Edward secured a renowned artist, thanks to festival organiser Peter Phillips.

Swansea's Elvis Wynne Roberts, whose daytime job is a hospital chaplain, entertained residents and handed out scarves and roses.

"Resident Jeff's idol is Elvis and Wynne made a special appearance in Jeff's room to surprise him," the home reported.



- Established in Penarth for over 14 years
- Comprehensive aftercare plan
- Independent advice
- The latest hearing aid technology
- Widex Centre of Excellence
- 5 Star Centre for Phonak
- Approved Gold Centre for Oticon
- 30 day free trial
- Home visit service available



The Team (from left to right) • Scott Wroe • Laura Wroe  
• Tonya Sutton • Sue Sharp • Susan Wroe • Alison Roberts

...for **state of the art** hearing aid technology



**Scott Wroe Hearing**

Station Approach, Penarth CF64 3EE.  
(Free Parking opposite the centre)

Book your appointment **02920 707760**

# AM opens revamped area of Porthcawl



*ABOVE: Newton Primary pupils were at the ceremony. (All photographs by Keith E Morgan).*

ON Friday, September 25, **Porthcawl Shout members**, together with representatives of both town and borough councils, met at the top of Station Hill, at the rear of the RAFA Club, to see Bridgend AM, First Minister Carwyn Jones unveil a blue heritage plaque to commemorate the site of the Porthcawl Signal Box and railway crossing.

In his address Gary Victor, the chairman of Porthcawl Shout, outlined the years of dedication and determination that has seen the subway and adjacent area transformed.

Mr Jones paid tribute to the enthusiasm and determination that Shout has shown in creating this lasting record of days gone by.

Mr Jones also paid tribute to the pupils of Newton Primary School, beautifully dressed in the red uniforms,

who had helped in creating the memorial signals design. The children helped to make this a very special occasion by memorising and singing a topical poem *Terrific Trains* by Tony Mitton.

Shout is grateful to chairman Gerry Taylor and the committee of the RAFA Club for its support for the event and for allowing the plaque to be placed on the rear of its property.

Carwyn Jones also viewed an exhibition of photographs in the RAFA Club provided by the Porthcawl Museum.

In conclusion, the official party visited the newly opened 'Broom Wagon' Café and discussed with Station Hill traders how the area could be improved to encourage more visitors. Gary Victor drew attention to the rest area now available at Station Hill and hoped the improved facilities would encourage more people to visit the Station Hill area of Porthcawl.

Clive Mort



*The party was hosted at the RAFA Club.*



*ABOVE: Carwyn Jones with Ceri Joseph and David Swidenbank of Porthcawl Museum.*



The Future orangery range, like conservatory styles features traditional and contemporary designs, falling somewhere between conservatory and traditional extension styles. With their brick pillars, orangeries offer more privacy than conservatory styles and the interior height provides a breath taking focal point through which light floods in to your home. Your Future orangery will also offer a seamless link between your home and garden.

## Exceptional Orangery Rooms at affordable prices

Futures Loggia style Orangeries are the modern building system that provides the best way to build the best rooms. It builds stunning extensions, replaces the traditional conservatory and makes orangeries affordable. Beautiful, comfortable rooms all year round, that add value to your home and every day living. Combining the very best of British building.



Future Ideal Homes Ltd  
Windows • Doors • Conservatories

**For a bespoke solution to adding light and space to your home choose the Future Orangery.**

For more information please contact one of our friendly team free on 0800 012 0921/01446 733455 or visit our showroom Unit 8, Ty Verdon Industrial Estate Barry CF63 2BE

[www.futureidealhomesltd.com](http://www.futureidealhomesltd.com)

• FULL SELECTION OF BBQ MEAT PACKS • BACON • SAUSAGES • CHOPS • STEAKS • MARINATED MEATS • CHICKEN • PORK • BEEF • ETC •



# THE MEAT SUPERSTORE



**ORDER YOUR 2015 XMAS HAMPER EARLY AND WE WILL ADD A FREE LEG OF LAMB (£79 HAMPER) OR A FREE WHOLE CHICKEN (£49 HAMPER)**  
 (Offer valid throughout October 2015 - a £10 deposit is payable when ordering)



£79

## VFM'S XMAS HAMPER

**6lb Boneless Turkey Crown  
 4lb Gammon Joint  
 4lb Whole Chicken  
 4lb Beef Silverside  
 4lb Pork Loin (Rindless)  
 2lb Best Back Bacon  
 16 VFM Pork Sausages  
 1lb Plain Streaky Bacon  
 2lb VFM's Pork Chipolatas  
 2x Packs Sage & Onion Stuffing  
 1lb VFM's Pork Sausage Meat**

**PLUS FREE!**

**4lb NZ Whole Leg of Lamb**



**SEE ORDER FORM**

Unit 5, Palmersvale Business Centre,  
 Palmerston Road, Barry CF63 2XA  
**Telephone 01446 721206**

**OPEN 7 Days**  
 Monday- Saturday  
 8am-5.30pm.  
 Sunday 9am-2.30pm.

## HOW TO FIND US:

Turn at traffic lights at Dow Corning and head up Palmerston Road, turn left just before Waitrose, then follow the yellow VFM signs.  
**Set your sat nav to CF63 2XA**



£49

## VFM'S XMAS HAMPER

**5lb Boneless Turkey Crown  
 3lb Beef Silverside  
 4lb Gammon Joint  
 2lb Best Back Bacon  
 16 VFM Pork Sausages  
 1lb Plain Streaky Bacon  
 1lb VFM's Pork Chipolatas  
 2x Packs Sage & Onion Stuffing  
 1lb VFM's Pork Sausage Meat**

**PLUS FREE!**

**4lb Whole Chicken**



**SEE ORDER FORM**

## XMAS HAMPER ORDER DETAILS

Name \_\_\_\_\_

Contact No. \_\_\_\_\_



£79 Xmas Hamper + Free Leg of Lamb

£49 Xmas Hamper + Free Chicken

A £10 deposit is payable when ordering.  
 Coupon valid until Saturday 31st October 2015

# We will always bee together!



The GEM's beekeeping correspondent, Harold Williams, recently married fellow beekeeper, Barbara Chick. Harold, from East Aberthaw, and Barbara, from Cardiff, said they had no time for a honeymoon as there was too much to do preparing their hives for winter! (See next week's GEM for a full report).  
Photograph by David Corrick

## BIBLE FOR THE HIGH SHERIFF

HIGH Sheriff of South Glamorgan, Professor Heather V Stevens CBE, is pictured receiving an inscribed copy of the Bible from Graham Ellis, chairman of the Vale of Glamorgan branch of The Gideons International.

Heather and David Stevens were part of the small team that launched the insurance group Admiral in 1993 in Cardiff, which has since grown to become one of the largest private sector employers in Wales.



## 'PLEASE CAN YOU HELP US TO PLAY AT HOME?'

*The playful eight-week-old pups have been named Sam Pawburton, Gethin Puppykins, Alun Wyn Bones, Luke Charterieris and Toby Furletau.*



STAFF at Dogs Trust Bridgend are appealing to dog loving rugby fans to try and help find homes for a litter of four-legged rugby fans.

The rehoming centre is keen to spur on the Wales team so have named a bouncy scrummage of six adorable Husky-Labrador cross puppies after their Welsh heroes.

The playful eight-week-old pups have been named Sam Pawburton, Gethin Puppykins, Alun Wyn Bones, Luke Charterieris and Toby Furletau.

The team was brought into Dogs Trust Bridgend through no fault of their own as their owners were no longer able to care for them.

These mischievous little pups are full of energy so will need active owners with a strong throw to keep them entertained. They are only eight weeks old and like any rugby team would benefit from a little extra training.

The team require active homes with owners who appreciate the demands of energetic young puppies and are at home most of the day to help them settle in.

They would need homes with secure gardens to bound around in and would of course love a rugby ball to play with. The pups will be required to attend Dogs Trust training classes to

help them become polite, well-adjusted adult dogs."

If you are interested in rehoming a dog, call the Bridgend Rehoming Centre on 0300 303 0292, or visit [www.dogstrust.org.uk](http://www.dogstrust.org.uk).

**BEVERLEY PRICE**, Dogs Trust Bridgend rehoming centre manager.

## STEAMED UP DOUBLE GLAZING?

Don't replace the Frames... just the Panes!

Broken or Damaged Windows?  
Faulty Hinges, Handles or Locks?  
Want the latest energy saving glass?  
5 year guarantee on new double glazing.



...we make saving money perfectly clear...

Call Freephone 0800 61 21 118  
[www.cloudy2clear.com](http://www.cloudy2clear.com)

## PROBABLY WALES' LARGEST CHRISTMAS STORE

Grand Opening Saturday October 3rd at 10am

## Dinas Windows Ltd

*Love your home this Autumn . . .*  
**Make your home secure and warm!**



New quality windows and doors including composite doors and bi-fold doors, replacement conservatories, porches, fascias, soffits and guttering.



Call now for a free, no obligation quotation  
01446 749055 Freephone 0800 0260587

Unit 16, Ty-Verlon Industrial Estate  
Cardiff Road, Barry. CF63 2BE  
[www.dinaswindows.co.uk](http://www.dinaswindows.co.uk)

**Seasons**  
Garden & Christmas Outlet

OPEN 7 DAYS A WEEK 10am – 5pm

Find us at: Unit 9/10, Parc-y-bont,  
Brynmennin Industrial Estate,  
Bridgend CF32 9ZL

Tel: 01656 723399

LIKE US ON FACEBOOK AND SIGN UP TO OUR NEWSLETTER



# Porthcawl walk remembers SS Cato



ABOVE: A moment of remembrance before the walk for those who perished when the SS Cato sank in WWII.



PORTHCAWL Museum and the RNLI recently collaborated on a fundraising event, re-enacting the day in WWII when a ship, the *SS Cato*, ran aground, spilling barrels of Guinness.

It was a sponsored walk with a difference, as the walkers had the task of transporting beer barrels (disguised as a casualty on a stretcher, all the way from the Lifeboat Station to the Prince of Wales pub in Ton Kenfig.

Volunteers on the day included members of Porthcawl Museum, dressed in period clothes for the occasion.



**Oakwater Interiors** design and install luxurious bathrooms and kitchens. We strive for excellence when creating...

## distinctive style, function and quality



By listening to each customers dreams, we can give constructive advice based on individual taste. Also how to take each step and inspire their design, by taking into account the space, lighting and layout of a room.

Oakwater believes by following these values we stimulate people and give them the freedom to design their homes according to their own individual tastes, ensuring their dream becomes reality.

**Whether you desire a subtle, elegant design or a striking ultra-modern intention, Oakwater will listen, advise and inspire, to generate the perfect room for you.**



[www.oakwaterinteriors.com](http://www.oakwaterinteriors.com)

Mobile: 07773 698393 Tel: 01446 679241  
Email: [info@oakwaterinteriors.com](mailto:info@oakwaterinteriors.com)

## Ysgol Stanwell School

### An invitation to attend Stanwell School's Open Day 2015

Stanwell was inspected in May 2015 and awarded the highest rating of Excellent for all key questions by Estyn. Inspectors praised the school's outstanding teaching and learning ethos and provision - please visit our website [www.stanwell.org](http://www.stanwell.org) to view the full report.

We also achieve consistently excellent examination results. In 2015, 87% of pupils achieved 5 GCSE grades A\*-C, inclusive of English and maths (Level 2+) with 86% achieving 5 or more A\*-C GCSE grades. 92% achieved a C or above in English GCSE and 89% in maths. 87% of pupils achieved the core subject indicator A\*-C in English, maths and science. Results in the Sixth Form are equally impressive, with A\*-B grades 100% of entry, which increases to 77% of entry when the Welsh Bacc is included. Estyn states that 'pupils' performance in the Sixth Form is well above that seen in similar schools.'

Extensive extra-curricular opportunities are also provided, with music, drama and sport all flourishing at Stanwell.

We invite all prospective pupils and parents for Year 7 and Sixth Form to visit our open day on **Tuesday 6th October 3pm - 6pm** to meet staff and pupils and take part in activities.



\*Free UPVC door offer is limited to new properties bought to white door only and maximum 1 year supply. Terms and conditions apply. Please ask for details. The G2S Group receive the right to withdraw any offer without prior notice. The G2S Group consists of an intermediary and only other products supplied by our various specialist partners are available at an additional cost. Offers cannot be used in conjunction with any other offer or discount. The G2S Group is a trading name of G2S Group Ltd, a wholly owned subsidiary of Barclays Bank PLC, a wholly owned subsidiary of Barclays Financial Services Limited, a wholly owned subsidiary of Barclays Bank PLC, registered number 2951725, Registered office: 1 OneCall Place, London E14 5EP.

# ANY FREE DOOR



BI-FOLD DOORS



CONSERVATORIES

**FREE  
UPVC FRENCH,  
PATIO, FRONT  
OR BACK DOOR  
WITH ANY  
5 WINDOWS\***

**PAY NOTHING  
UNTIL APRIL 2016**

**NOT EVEN A  
DEPOSIT**

**FITTED  
WITHIN  
3 WEEKS** ✓

AMOUNT	YOU PAY ONLY	TOTAL AMOUNT PAYABLE
£1,000	£10.72 per month	£1,286.40
£3,000	£32.15 per month	£3,858.00
£5,000	£53.59 per month	£6,430.80
£7,000	£75.02 per month	£9,002.40



DOUBLE GLAZED WINDOWS

SLIDING SASH WINDOWS

**NO  
DEPOSIT  
TO PAY** ✓

OUR TABLE SHOWS THE MONTHLY PAYMENT BASED ON 120 MONTHS AT 4.9% APR REPRESENTATIVE. FINANCE AVAILABLE ON ALL ORDERS OVER £1,000.



**Call: 0800 322 322**



VIEW OUR FULL PRODUCT RANGE AT:

**www.g2swales.co.uk**

Unit 1, York Park, Chepstow Rd, Bridgend Ind. Estate Bridgend CF31 3TB. OPEN 6 DAYS A WEEK.

**UP TO 50% OFF SALE • UP TO 50% OFF SALE • UP TO 50% OFF SALE • UP TO 50% OFF**

# UP TO 50% OFF SALE

ALL OUR CONSERVATORIES COME FULLY PLASTERED,  
TILED WITH FREE UNDERFLOOR HEATING WITH UPVC  
SKIRTING BOARDS FITTED AS STANDARD AND **FREE BLINDS**

Conservatory	Price
<b>3 M X 3 M</b> CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	From £11,495.00
<b>4 M X 3 M</b> CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	From £12,990.00
<b>4 M X 3 M</b> CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	From £13,990.00
<b>4 M X 3 M</b> CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	From £14,990.00
<b>4 M X 3 M</b> CONSERVATORY FULLY FITTED INC ALL BUILDING WORKS	From £17,990.00

**£599 Fully Fitted**

## UP TO 50% OFF

Number of windows	Cost	36 monthly payments fixed at 0% finance	Total amount payable
4 WINDOWS MAX 1 OPENER IN WHITE UPVC	£1746	£48.50	£1746
5 WINDOWS MAX 1 OPENER IN WHITE UPVC	£2232	£62.00	£2232
6 WINDOWS MAX 1 OPENER IN WHITE UPVC	£2719	£75.53	£2719
7 WINDOWS MAX 1 OPENER IN WHITE UPVC	£3205	£89.03	£3205
8 WINDOWS MAX 1 OPENER IN WHITE UPVC	£3692	£102.55	£3692
9 WINDOWS MAX 1 OPENER IN WHITE UPVC	£4178	£116.06	£4178
10 WINDOWS MAX 1 OPENER IN WHITE UPVC	£4665	£129.58	£4665

## UP TO 50% OFF

We Supply All Types of Doors

	Price
<b>COMPOSITE DOOR FULLY FITTED</b>	From £795.00
<b>FRENCH DOORS FULLY FITTED</b>	From £895.00
<b>BACK DOORS FULLY FITTED</b>	From £550.00
<b>UPVC FRONT DOORS FULLY FITTED</b>	From £599.00
<b>PATIO DOORS FULLY FITTED</b>	From £895.00

ON **ALL MPN WINDOWS YOU CAN EXPECT QUALITY AND THE FOLLOWING AS STANDARD:**

THE WORLD FAMOUS VEKA SUPER EFFICIENT A RATED WINDOWS AND DOORS THAT SAVES YOU MONEY ON YOUR FUEL BILLS WITH A 10 YEAR GUARANTEE.

**OPEN 9AM TO 9PM  
7 DAYS A WEEK**



We are your local  
**FENSA**  
Registered Company

AWARDED **BEST DOUBLE GLAZING COMPANY IN WALES BY NETWORK VEKA**

**Tel: 01446 439212**  
**Freephone 0800 8030821**  
**01656 648464**  
**www.mpnwindows.com**



KITCHENS & BATHROOMS

WINDOWS, DOORS  
**M.P.N**  
& CONSERVATORIES

WALES NO 1 DOUBLE GLAZING COMPANY

We are your local  
**FENSA**  
Registered Company

## Local Dental Mavericks provide care in the Rif Mountains, Morocco



Andy Nourish and Cheryl Jones are treating youngsters in Morocco suffering from dental pain.

## Cadoxton WI mark Harvest Festival

AT the meeting on Monday, September 21, the president opened by saying what a great success the afternoon tea in August had been and hoped that it would become an annual event.

There had been several invites from other branches and the venues and times had been discussed.

Monday's meeting was the annual Harvest Festival supper and this year the members opted

for a change and had fish and chips.

The entertainment was provided by Tony Hill who accompanied his songs with a guitar or a ukulele.

The members enjoyed the songs and the music and joined in wholeheartedly.

The raffle winners were Sandra, Rita, Avril and Karen.

Meetings are held at the Victoria Park Community Centre on the third Monday of the month at 7pm. Contact 01446 404891 for more information.

CW

On September 26, local dental health workers Cheryl Jones and Andy Nourish flew out to the Rif Mountains in Morocco as part of the 'Dental Mavericks' team.

Cheryl is a practice manager and lives in Cardiff. Andy is the principal dentist at Advance Dental Care and lives in Penarth.

Cheryl explained: "All the projects are self funded by the Mavericks themselves and along with fund raising and donations from dental suppliers and the general public, the charity is able to do its job."

"Friends, family and patients of Advance Dental Care generously donated £1,000 which helped to buy medical

by GEM REPORTER

supplies, dental chairs and equipment which enables us to set up a surgery and treat the children who are in daily dental pain.

"We also received very generous prizes for our raffle from the Vale of Glamorgan Resort, The Old Cottage, Lisvane, and Streets Brasserie in Barry."

Andy said: "The team plans to treat hundreds of children over the course of a few days in the remote villages of the Rif Mountains mainly carrying out extractions of rotten teeth as the Moroccan diet is high in sugar and they have no access to dental care."

## Meet your local officers

CADOC – meet your local officer at Waitrose, Palmerston Road, Barry on October 1 between 10am and 12 noon.

WENVOE - Meet your local officer at the Wenvoe Community Centre, Old Port Road, Wenvoe on October 12 between 10am and 12 noon.

COURT PACT – The Witchill Community Centre, Dyfan Road Barry at 6pm on October 15.

ST ATHAN - Meet your local officer at The Gathering Place on October 4 between 2pm and 3pm.

"There is also a 'Teeth for Life' program set up where we teach the children to brush and look after their teeth. We also leave enough toothpaste and brushes for the year in each area we visit."

It is Advance Dental Care's third visit to Morocco to treat children. During the last visit in May, which was reported in The GEM, Gareth and Louise went to the Atlas Mountains and were able to relieve 350 children of dental pain which they said was a challenging and rewarding experience.

To donate, go to: <http://uk.virginmoneygiving.com/team/Advancedental>

## Extra flights from Cardiff Airport

AFTER a fourth successful year operating from Cardiff Airport in Rhoose, Spanish airline Vueling has launched an increased summer 2016 programme – offering more than an extra 30,000 seats.

"This announcement comes as a result of the airline's response to the Welsh public who plan and book their flights as early as possible," a spokeswoman explained.

Flights to popular Spanish destinations Malaga, Alicante, Palma, Majorca and Barcelona can now be booked until the end of October 2016. The extra seats for 2016 come from an increase in weekly rotations across the four destinations, providing more flight choices for customers travelling to and from Spain.

Barry, said: "I loved looking around the new building and seeing all the facilities."

Photography student Miri Hughes, 16, added: "Freshers' Fayre has been amazing, I love the new building."

Seventeen-year-old student Kieran Smith, who is studying painting and decorating at the Barry campus, said: "I wasn't expecting this many stalls, Freshers' has been brilliant."

Majula Kassama, 20, who is studying aircraft engineering at the college's International Centre for Aerospace Training at Cardiff Airport, added: "Freshers' makes you feel really welcome at the college, it's been really good."

## Freshers are to the fore at college fayre



Aircraft Engineering students, from left: Adam Salisbury, Ashraf Csaszar, Lucas Lewis and Majula Kassama.

FOUR thousand new students have been welcomed to their first year at Cardiff and Vale College during Freshers' Week at the Barry and new city centre campus sites.

The students were introduced to the various services and support that CAVC has to offer, as well as a range of exciting activities including a Boulders climbing wall and DJ truck. Stands also gave out vouchers for local shops and venues, and the college's hair beauty and holistic therapy team performed live hairdressing demos.

Casey Dixon, a 17-year-old hospitality and catering student from

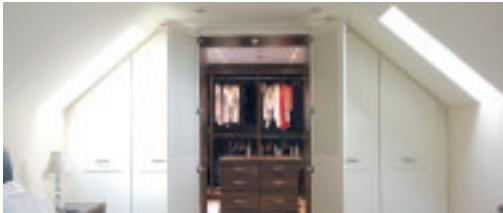
## Fitted Furniture at Sale Prices

Visit our 2 great websites: [townandcountrybedrooms.co.uk](http://townandcountrybedrooms.co.uk) [slidingdoorswales.com](http://slidingdoorswales.com)

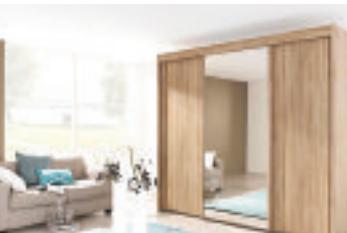
- Fitted bedrooms
- Freestanding bedrooms
- Sliding door wardrobes
- Home offices

It's all happening here at Town & Country Bedrooms;

- Our new 2015 EXCLUSIVE fitted bedroom brochure is now available.
- The latest range of "Semi Fitted" Robes from Germanys leading manufacturer are now on display.
- Our fitted and freestanding sliding door wardrobes are all on offer.
- Our free home consultation and measure service is available right now.
- Please call 01656 657526 to book your appointment.



Made to measure fitted bedrooms & home offices



Fitted & Freestanding Sliding Door Wardrobes



Germany's latest & most stylish bedroom ranges

[www.townandcountrybedrooms.co.uk](http://www.townandcountrybedrooms.co.uk)  
  
Unit 1 North Point,  
Western Avenue,  
Bridgend Industrial Estate  
Bridgend CF31 3RX  
Tel: 01656 657526



Town & Country Bedrooms  
DESIGN • MANUFACTURE • INSTALL  
[SLIDINGDOORSWALES.COM](http://SLIDINGDOORSWALES.COM)

01656  
657526

# 'THE TOP PERFORMING COUNCIL IN WALES IS READY FOR THE CHALLENGES AHEAD!'

**A**S the summer comes to an end, the Vale of Glamorgan Council is now back in session.

While August did not bring the sunny weather that many of us were hoping for, the summer recess allowed my cabinet colleagues and me to take the time to review the council's progress over the last year and to map out what we plan to achieve in the next cycle.

Our enthusiasm for this was greatly buoyed by the news that we received at the start of the month that the Vale of Glamorgan had been ranked as the top performing Council in Wales by the Local Government Data Unit.

The data unit publishes an annual report comparing the performance of all local authorities in Wales in delivering a range of essential services.

For an independent national body to have ranked the Vale as the nation's best performing local authority speaks volumes about not only the work of the Council but also of our ability to meet the unprecedented challenges that we are currently facing as a result of public sector spending cuts.

One of the ways in which we will overcome this great challenge is by working more closely with other organisations to deliver improved services for our residents. A great example of how we are

already doing this is the Cyd Cymru collective energy switching scheme, registration for which opened again this month.

The now national Cyd Cymru scheme started life as a partnership between the Vale Council and the City of Cardiff Council and has since expanded to include local authorities, housing associations and charities from across Wales.

The scheme has saved households across Wales over £800,000 through lower energy prices since its launch.

If you haven't already signed up, then you can do so at [www.cydccymru-energy.com](http://www.cydccymru-energy.com) or by calling 0800 093 5902. Registration for the next switch is open until October 19 and the more people who sign up to the scheme the bigger the savings will be.

Helping people secure lower energy bills is one of a number of ways in which the Vale Council is working to tackle fuel poverty, an issue that will blight many lives as winter approaches.

It is a sad fact that many people are unable to pay the cost of heating their homes during the colder months and one that we are determined to play our role in addressing.

*It is for this reason that I was so pleased to hear that the Vale Council had secured more than £2.5m of investment from Welsh Government as part of the latest round of eco-funding support for homes in Wales.*

The funding will be used to provide warmer and more fuel efficient homes for tenants and residents of the western side of the Gibbonsdown estate in Barry by installing wall insulation and heating controls, replacing boilers, and upgrading draught proofing.

This will result in significant savings to the energy bills of the residents of the 230 private and council homes that are set to benefit.

Upgrading our housing stock for future generations is another key area of work for the authority. The Vale Council provides housing for people across the county and it was wonderful to see so many of them attend this year's annual Festivale tenant engagement event in August. For us to improve the way in which we work it is essential that we have face to face conversations with our residents about what matters to them.

## VIEW FROM THE VALE

by Coun  
**NEIL MOORE**

Leader of  
the Vale of  
Glamorgan  
Council

In this respect, Festivale was a huge success. More than 500 people attended and were able to gain information and provide feedback not only on council services but also those of many of our local partners such as the money advice service, Safer Vale, and South Wales Police.

Events such as Festivale bring home, not just the wide range of people working to improve communities in the Vale, but also the importance of having strong communities where people work together to support one another. It is with this strong sense of community in mind that the Vale Council has acted swiftly in response to the refugee crisis that has occupied all branches of the public sector in the UK in recent weeks.

### Catering for Syrian refugees

I DO not believe that anyone in the Vale could not have been deeply touched by many of the traumatic images that have been broadcast on our television screens in recent weeks.

The unfolding crisis is one that requires swift and decisive action from all public bodies. On September 21 it was agreed that the council will participate in the Syrian Vulnerable Persons Relocation scheme and the Home Office scheme associated with the resettlement of Afghan individuals and families.

Furthermore to ensure that the authority is fully able to respond to the crisis, £100,000 has been set aside over a two-year period to support asylum seekers and refugees who may be relocated to the Vale.

It is important to stress that this is part of a collaborative regional approach being undertaken in partnership with Cardiff City Council, Cardiff and the Vale University Health Board and community groups. Nonetheless, we have made a commitment to play our part in addressing this humanitarian crisis and have made the necessary preparations to do so.

*• I would like to close this month's column by reiterating my comments above about the importance of Vale of Glamorgan residents sharing with us their views on the way in which the council works.*

*As a demonstration of this council's commitment to engaging with the public, we launched the Community Cabinet events three years ago.*

*The next cabinet meeting to be taking place in the community is on Monday, November 16 at 6.30pm at the Paget Rooms in Penarth.*

*Attendees will have the opportunity to ask any questions they may have of my cabinet colleagues and I, and we, look forward to seeing many of you there.*

## MARIE CURIE CELEBRATES HELPERS' ANNIVERSARY



**VOLUNTEERS, carers, patients and families recently gathered at the Marie Curie Cardiff & the Vale hospice on September 22 for a celebratory event to commemorate one year of the Marie Curie South Wales helper service.**

*It was launched last year to provide free support and companionship to people living with a terminal illness, and since then 49 volunteers have been trained to support 76 people in the area.*

*Eura Evans, from Penarth told of the support she has received from the service. Eura, 77, is living with COPD and lung cancer, and enjoys the weekly visits and support she receives.*

*If anyone is interested in volunteering to become a helper with the Marie Curie South Wales Helper Service, the project team is hosting two information days at the hospice in Penarth between 6pm – 8pm on October 6 and 10am –*

12pm on October 7. For more information call 0845 073 8596, or email [southwaleshelper@mariecurie.org.uk](mailto:southwaleshelper@mariecurie.org.uk).

**ABOVE:**  
Pictured are the Marie Curie divisional general manager Andrew Wilson-Mouasher, Eura Evans, helper Elaine Phillips and Marie Curie south Wales helper service manager, Jo Parry.

## HD Computer Solutions



### Computer & Laptop Repairs

**Virus Removal • Data Recovery  
Internet & Email Solutions  
Networking**

**Call 01446 333330**

**Thinking of upgrading? We can help! Call us for advice.  
Fast, reliable local service covering Cowbridge, Llantrisant,  
Major, Barry, Penarth and Bridgend.  
We come to you, home or office.**

**No fix No fee**



**eco-oven cleaning**  
Treat yourself to a  
Sparkling clean oven



call 02920 291770  
[www.ecoovencleaning.co.uk](http://www.ecoovencleaning.co.uk)



**PROMEC**  
**LANDROVER**  
Independent Landrover Specialist

**Independent Land Rover and 4x4 Specialist**



**Do you have a Land Rover Defender/Evoque  
Freelander/Discovery/Range Rover/Sport  
and fed up with main dealer prices?**

**Let our expert team look after your Land Rover  
at a fraction of main dealer costs!**

**We have 30 years experience in the Land Rover range:**

- We can collect vehicle if required
- Courtesy car available
- Fixed price service
- Computer diagnostic
- Repairs/Brakes/Suspension etc
- Mot's
- Power upgrades

**Call Ian on 02920 890567**

Llwynnilwas Workshop, Groes Faen, Llantrisant CF72 8NS.  
[www.promeclandrover.co.uk](http://www.promeclandrover.co.uk)

# Caring mum Laura is nominated for top award

**MUM-OF-ONE**  
Laura Haysham is in the running for a top award – after fulfilling a long-held ambition to work with children.

After little more than two years at a residential home for children and young people with autistic spectrum conditions and challenging behaviour, 26-year-old Laura, from Barry, has been shortlisted for honours at this year's Wales Care Awards in the Excellence in Learning Disability and Mental Health category.

My family services category were really chuffed because I just sort of fell sponsored by TBC.

The ceremony at City Hall, Cardiff on November 6, is an annual fixture in the social care calendar to reward the champions of the sector, as well as raising awareness of the vital contribution made by the social care workforce to health and wellbeing.

Laura, recently promoted to team leader at the home, Ty Coryton in Pendwyallt Road, Cardiff, admitted the nomination had come out of the blue: "It was a bit of a shock, but I was really pleased and I view it as something of a compliment. My family services category were really chuffed because I just sort of fell

She added: "Although I had always wanted to be a teacher, I'd had a daughter and was working at Tesco until I realised that it was not what I had set out to do. "I had been doing part-time voluntary work with deaf children as a teaching assistant and

that's where I got the feel

of wanting to work with

special educational needs

children, because I

wanted more of a

challenge

than

mainstream education.

"Since I came to Ty Coryton I've gained the Qualifications and Credit Framework Level 3 in Health and Social Care Children and Young People and I'm also doing the final year of a teaching degree at South Wales University.

I've just been promoted to team leader and I'd like to do my QCF Level 5 when I've qualified as a teacher next May."

## VALUING THE VOLUNTARY SECTOR IN THE VALE

**G**LAMORGAN Voluntary Services (GVS) is the new charity formed through the merger of Vale Centre for Voluntary Services (VCVS) and Vale Volunteer Bureau (VVB).

GVS brings together the best from VCVS and VVB to further develop quality services to strengthen its support to third sector organisations serving the Vale.

GVS supports almost 500 voluntary groups including sports clubs, interest, health, older people's and youth groups.

GVS provides a host of free and low cost services, including funding advice, printing services and training.

It also supports individuals who are interested in volunteering and matches them with organisations seeking volunteers. Volunteering can be one of the most fulfilling things you can do with your time, making a real difference to the organisation you

are helping. Build your skills, meet new friends and open your eyes to a whole new world.

If you would like to register as a volunteer, host volunteers or become a member organisation of GVS and benefit from a wealth of free and low cost services, please contact: GVS, Barry Community Enterprise Centre, Skomer Road, Barry CF62 9DA Tel: 01446 741706 E-mail: [enquiries@gvs.wales](mailto:enquiries@gvs.wales) Website: [www.gvs.wales](http://www.gvs.wales).

Ten reasons to join GVS  
for community groups operating in the Vale



Empowering people. Inspiring excellence. Strengthening communities.

1

The opportunity to become part of a stronger collective third sector by joining the biggest voluntary network in the Vale of Glamorgan. We have a team of experienced staff to assist with the needs of community groups.

2

Priority access to our highly efficient practical services e.g., design, photocopying, room hire and free loan of equipment

3

Free advice & guidance from our funding expert to help your organisation identify and bid for grants

4

We recruit volunteers into your organisation and give advice on the management of volunteers – from developing suitable role descriptions, to identifying the right volunteers

5

We arrange a series of free third sector events throughout the year and invite guest speakers such as the Chair of the University Health Board and key funders

6

We assist trustees to run groups efficiently and legally, help set up new groups, develop governing documents, provide support with registering as a charity and develop policies and procedures

7

70% of our members have free membership. There is a small annual charge for groups with an annual income above £15,000

8

Access to high quality discounted training run by experts on diverse topics

9

Free promotion via our website directory, e-Bulletins, Vista magazine and social media platforms

10

Because we are here to support YOU!

To join GVS visit [www.gvs.wales](http://www.gvs.wales), e-mail [enquiries@gvs.wales](mailto:enquiries@gvs.wales) or call 01446 741706  
Glamorgan Voluntary Services (GVS), Barry Community Enterprise Centre, Skomer Road, Barry CF62 9DA  
Social Media (Facebook & Twitter): @GVSservices  
Registered Charity No. 1163193 Company Limited by Guarantee No. 9517880

Expect so much more than an average furniture store

**50% off**  
**NEW SEASON**  
**Collections**

plus early  
**extra**  
discounts  
in store and online



Selected Offers  
Ends Sunday



Fantastic range of Suites and Sofas, Dining, Occasional Furniture, Bedsteads, Divans, Mattresses, Bedroom Furniture and finishing touches for every room all at HALF PRICE plus all with EXTRA DISCOUNTS today & this weekend

Don't miss out, make sure you get down to FWhomestores this weekend and furnish your home at a fraction of the cost.

Designer furniture for every room at prices everyone can afford



"We shopped around, compared prices, and then bought everything from FWhomestores"



**fw**  
homestores  
Get the look... for less!

PENARTH ROAD CARDIFF  
Unit 5, Freemans Park, Penarth Road,  
Cardiff, CF11 8TU.  
Tel: 02920 371970

[www.fwhomestores.co.uk](http://www.fwhomestores.co.uk)

**36 months FREE credit**  
no interest no charges  
0% typical APR

Opening Times

Mon - Fri: 9.30am - 6.00pm  
Tue - Thur: 9.30am - 6.00pm  
Fri - Sat: 9.00am - 6.00pm  
Sunday: 10.30am - 4.30pm

# Vale Council to draw up new proposals for secondary education in Barry

The Vale Council is to draw up a new set of proposals for improving secondary schooling in Barry following consultation with parents and pupils.

It announced in March that it was poised to make a multimillion pound investment into education in the town.

An extensive public consultation exercise was then undertaken on initial proposals in May and June,

the results of which were due to be reported to the council's cabinet on October 5.

The results of the consultation demonstrated that there is considerable support for expanding the number of Welsh medium secondary school places in the Vale and for introducing mixed schooling for boys and girls in the town's English medium schools.

However, the council says the majority of those who responded to

the consultation were also of the opinion that Ysgol Gymraeg Bro Morgannwg should be expanded on its current site and that the creation of two new mixed English medium schools would be preferable to a larger single school.

In response to this the council's cabinet will be asked to give authority for a new plan for the transformation of education in Wales' largest town to be prepared, based on the responses to the

consultation. Coun Chris Elmore, cabinet member for children's services and schools, said: "The report that I will be taking to cabinet on October 5 will recommend that the council does not proceed with the original proposal, but instead establishes a new Barry Schools Transformation Board to carry out feasibility work on alternative options."

The Barry Schools Transformation Programme is part

of the Vale Council's ongoing programme of school investment that has so far seen £101 million spent on improving school facilities across the county.

The report going to cabinet also recommends that a programme of works for Barry Comprehensive School should be drawn up with a view to making immediate improvements to the school's buildings.



## Farmers' Market plans to reward shoppers' loyalty

**THE Vale of Glamorgan Farmers' Market will be introducing loyalty cards at this Saturday, October 3, at Cowbridge.**

For each £5 spent by a customer on any stall, one box will be signed on their card, by the trader.

When their card is full, they can enter the free draw to win a fantastic Christmas hamper of items donated by market traders.

Customers can use their cards at both the Cowbridge and Penarth farmers' markets and there is no limit to the number of cards that a

customer can enter into the draw. A box will be provided at the markets for completed cards, with the draw being made in December so the hamper can be collected from the Christmas Farmers' Market on Wednesday, December 23, at Cowbridge.

*You can bring your surplus apples along to the market on Saturday to have them pressed into juice. Bring your own containers to take juice away for drinking or making into cider.*

*As a rough guide, a half-full 'bag for life' of apples will make one litre of juice.*

## Club returns to select new logo

**FOLLOWING a successful summer programme, this month sees the return of regular meetings for Vale Photographic Club at 15pm, on Friday evenings, in the Ystradgyniad village hall.**

Thanks I'm sure to the exposure we receive from this GEM column, and our regular stand at the annual Vale Show in Fonmon, we are pleased to welcome a number of new members.

We hope they will enjoy everything the club has to offer, and that they find us a friendly bunch, happy to share our knowledge to help improve their photography.

Our first priority this term has been to select a new club logo. We decided to run a design competition, and whilst initially concerned we wouldn't receive enough entries, we were actually overwhelmed with suggested designs!

Lots of members (and their families and friends) rose to the challenge, and we thank them all for their time in doing so.

Voting was entertainment in itself, with votes being cast by dropping garden pebbles into flowerpots for your chosen design –

imaginative and fun (if a little messy), it was a great success.

Recently graduated local designer Charly Hayes from Black Widow Creative (<http://www.blackwidowcreative.co.uk>) came up with the winning design – in fact Charly far exceeded the brief, submitting over 20 creative and imaginative designs for us to choose from.

The winning logo received more than double the votes of the next placed design, and will now be used to represent the club in local and national competitions, on our website and on club merchandise.

For more information on the club, please visit our website at [www.valephotographic-club.co.uk](http://www.valephotographic-club.co.uk)

Why not come along? We have a varied and interesting programme for the year ahead and you don't have to pay an annual subscription in your first year, just £2 on the night (tea or coffee and biscuits are included).

Whether a complete beginner, keen amateur, or a seasoned professional, we'd love to meet you!

ANDREW COLEMAN

## Fitzalan High School Open Evening



**Thursday, 8 October 2015  
4.30-6.30pm**

**With 95% of our pupils leaving Fitzalan with 5+ A\*-C grades at GCSE in 2015, come and find out how YOU can be part of our success.**

[www.fitzalan.cardiff.sch.uk](http://www.fitzalan.cardiff.sch.uk)



# Now On

We're celebrating **50 years** at The Place for Homes  
and to mark this occasion we're giving you  
**50% off** everything in the anniversary  
sale collection

**50% off**



**First come, first served!**

**19" 4'6 double mattress**

was £2499.00

Anniversary SALE price

**£999.95**

**3 ONLY**  
AT THIS  
PRICE



**Renoir table & six chairs**

was £2049.95

**Now only**  
**£999.95**

**3 ONLY**  
AT THIS  
PRICE



**Lotus 3 str manual recliner  
& 2 str manual recliner**

was £1999.95

**Now only £999.95**

**4 ONLY**  
AT THIS  
PRICE

**ALSO 50% OFF NATUZZI, LAZBOY, WADE, TCH, SUTCLIFFE, NATHAN and many, many more**

Unit 1, Retail Area,  
Llandow Ind. Est,  
**Nr Cowbridge. CF71 7PA**  
Tel: (01446) 772927/772928  
**SAT NAV CF71 7PA**

NORMAL OPENING HOURS:  
MON, TUES, WED & FRI 9am-5.30pm. OPEN LATE EVERY  
THURSDAY 9am-8pm, SAT 10am-5.30pm, SUN 11am-5pm.



**FREE CAR PARKING,  
FREE CREDIT,  
FREE ESTIMATING,  
FREE COFFEE**

Visit our website at  
[www.theplaceforhomesltd.co.uk](http://www.theplaceforhomesltd.co.uk)  
Enquiries: email [sales@theplaceforhomesltd.co.uk](mailto:sales@theplaceforhomesltd.co.uk)

[www.theplaceforhomesltd.co.uk](http://www.theplaceforhomesltd.co.uk)



## Ty Hafan winners

THE following are winning numbers in the latest Ty Hafan Crackerjackpot lottery draw.

- £2,000: 265399.
- The rollover, which stood at £8,500 was won this week by 847719.
- £10: 510368, 513496, 636092, 643304, 411859, 532593, 503824, 275520, 807484, 448529, 583652, 536128, 950999, 971026, 673362, 369001, 497531, 549706, 718015, 376285.
- £5: 829772, 302917, 346847, 728322, 383593, 473848, 307785, 346000, 632999, 308101, 463478, 583453, 356274, 545827, 895653.

141308, 240020, 239682, 573479, 285297, 380591, 157239, 300757, 361706, 670654, 932918, 149977, 786092, 425827, 882518, 712803, 995188, 364442, 840326, 331277, 192147, 405263, 853509, 652486, 363199, 947978, 601704, 182633, 451703, 613251, 333597, 334699, 533663, 441023, 562360, 560671, 537004, 764740, 706352, 603037, 750922, 859813, 373081, 536012, 177185.

The GEM cannot be held responsible for any errors or omissions contained in the above. For lottery information telephone 029 2053 2300.

## Helen's back in Rhoose Slimming World group

**C**ONSULTANT Helen Waite is excited to be going back to the group where her career started with Slimming World – almost 11 years ago.

She started as a consultant in the Rhoose group on January 10, 2005 after losing seven stone with Slimming World.

After nine years of running the group, Helen made the heartbreaking decision to leave the group, after taking on a different role within Slimming World.

Helen said: "It was a huge decision for me, as I absolutely loved being in the group every Monday with all my members. I even ran the group while in labour with my son!"

"The first Monday I had off, I didn't know what to do with myself, I felt completely lost! Being able to go

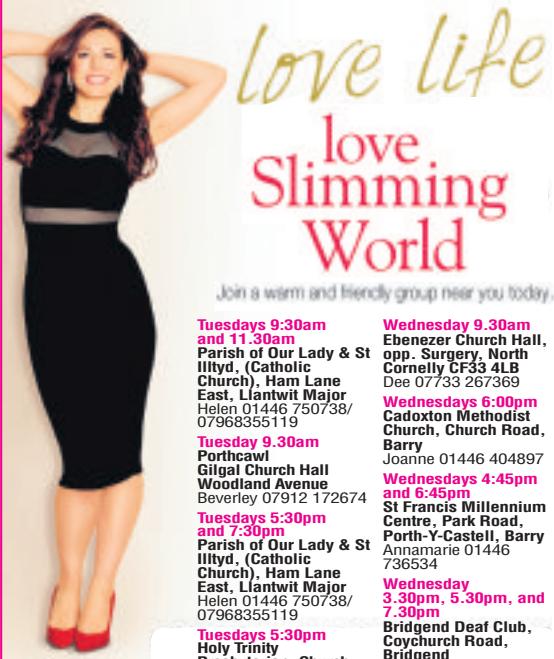
back to my first ever group is really like a dream come true. I've always called the Rhoose group my baby, and it's like I'm going home."

Since 2005, she has helped numerous members reach their target weight which Helen explained is personally set by the member.

"Many members since losing weight have gone on to be able to have children, reduce medication and live a more fulfilling life – all while being able to eat every day normal foods with their family," Helen said.

"Slimming World certainly does change lives and I am so proud to be a part of all my members journeys. I cannot wait for my new adventure running three groups in Rhoose and Llantwit Major."

If you would like to join, pop along to Celtic Way Community Centre on Mondays at 5.30pm.



**NEW GROUP FROM 5TH OCTOBER**  
Mondays 5.30pm  
Celtic Way Community Centre, Rhoose

Helen 01446 750738/07968 355119

**NEW GROUP FROM 15TH OCTOBER**  
Thursdays 7.30pm  
Talbot Community Centre, Kenfig Hill, Millie 077650 40006

**Monday 5.30pm**  
Gilgal Church Hall, Woodland Avenue, Porthcawl CF36 5HU  
Beverley 07912 172674

**Mondays 5.30pm and 7.30pm**

Tabernacle Church, Kings Square, Barry  
Lorraine 01446 407002

**Mondays 5.30pm and 7.30pm**

Eisteddfod Avenue United Church, Eisteddfod Avenue, Penarth  
Nia 07793 885581

**slimmingworld.com**

0844 897 8000



Leading Healthy, Changing Lives

# Out and About with The GEM

## WHAT'S ON, WHERE, AND WHEN?

### Fitness advice

TO celebrate National Older People's Day (October 1), Halo Leisure is inviting older people to visit one of its eight centres at Bridgend, Garw, Maesteg, Ogmore, Pencoed, Pyle and Ynysawdref for advice on getting more physically active.

Visit the website at [www.halolesire.org.uk](http://www.halolesire.org.uk) or call 0300 012 1223.  
**Vale AM's surgery**

The Vale AM, Jane Hutt, will hold a surgery on October 3 at Barry Citizens' Advice Bureau, 119 Broad Street from 10am to 12 noon. No appointment necessary.

**Jazz at the Paget Rooms**

TEDDY Smith Big Band, a 16-piece band with singer Elaina Hoss will play jazz/swing on Friday, October 2 from 7.30pm at the Paget Rooms, Penarth.

There is an accessible cafe-style layout, dance floor and Lindy Hoppers included!

All welcome to a great night out, as part of the celebration of 150 years of Penarth Docks, in conjunction with the jazz department of Royal Welsh College of Music and Drama.

Sugo (Penarth) are offering a discount on pre-show meals between 5pm – 7pm.

Tickets £10 in advance (£12 on the door) from Foxy's Deli or online at [www.jazzlivecymru.eu](http://www.jazzlivecymru.eu).

**Apple pressing**

COWBRIDGE apple pressing takes place on Saturday, October 3 and the public are invited to 'bring your apples – eaters or cookers' to the Farmers' Market in Cowbridge (9.30am – 12.30pm) with a clean container, if they want to take juice home.

Llantwit

### Bowls coffee

A COFFEE morning will be held on October 3 at Llantwit Major Bowls Club from 10am to 12 noon.

£3 entry includes tea/coffee and biscuit (free top-up), cake stall, books and bric-a-brac.

**Free craft fair**

ON October 3 in the St Francis Millennium Hall, Park Road, Barry, Enfys hold a craft fair from 10am-4pm, when festive gifts will be on sale.

The free charity table will be manned by the RNLI, whose lifeboat crews and lifeguards have saved 140,000 lives since 1824.

Barry Lifeboat Station has operated an all-weather lifeboat for over 100 years.

During the first week of September, they had five call outs in six days.

Refreshments are available to purchase.

For more information, contact Beryl on 0446 418695 or Cyril on 01446 400149.

**Barry Mayor's coffee**

THE Mayor of Barry, Coun Emma Pritchard, will host a coffee morning on Monday, October 5 at Ty Hapus, 163 Holton Road, Barry CF63 4HP from 10am – 12pm, in aid of Ty Hapus and MND (Motor Neurone Disease) Cardiff and Vale.

Come and enjoy tea,

coffee, cake and biscuits.

For more information, contact 01446 704921 or juliehurd@barrytowncoucil.gov.uk.

**Macmillan coffee**

RAINBOW Women's Group is holding a Macmillan coffee morning on Friday, October 9, from 11am to 2pm at Margaret Alexander Community Centre, Alexander Crescent, Barry, CFR62 7HU.

The chairman of the group, Basma Ihsabesh, said there is a warm welcome for everybody.

For more information, contact 0788 6540919 or 01446 677641.

**Barry jobs fair**

More than 30 employers, including Vale of Glamorgan Council, Jehu Construction and Premier Inns, will attend the jobs fair

Free professional advice to older people on a restricted income; no appointment is necessary.

Home visits can also be arranged on TOP's helpline 0845 601 3321 or 01308 488066.

**Mediumship**

BARRY National Spiritualist Church and Centre, Buttrills Road, Barry, presents an evening of mediumship through flowers with Christine Day on Monday,

October 5 at 7pm; pay at the door £5.

**Pedal power**

ARE you interested in cycling? Would you like to take up this activity, and join a local group at the same time?

Age Connects Cardiff and Vale are holding a information session at The Senior Health Shop, 38 Holton Road, Barry, on Tuesday, October 6 (10am to 12pm).

Chat to the Pedal Power group coordinator in Cardiff and Vale and find out what is available.

Contact 01446 732385 for further information.

**Macmillan coffee**

RAINBOW Women's Group is holding a Macmillan coffee morning on Friday, October 9, from 11am to 2pm at Margaret Alexander Community Centre, Alexander Crescent, Barry, CFR62 7HU.

The chairman of the group, Basma Ihsabesh, said there is a warm welcome for everybody.

For more information, contact 0788 6540919 or 01446 677641.

**Barry jobs fair**

More than 30 employers, including Vale of Glamorgan Council, Jehu Construction and Premier Inns, will attend the jobs fair

organised by Barry Communities First and Job Centre Plus on October 9, 10am – 2pm at the Barry Memorial Hall.

Job seekers will have

the chance to talk to local and national employers, and to benefit from training and advice services there on the day.

Those interested are advised to 'dress to impress' and to bring along an up-to-date CV!

For more information,

visit [www.BarryCommunitiesFirst.org](http://www.BarryCommunitiesFirst.org) or call 01446 709432.

**Ride for Dave**

THE third annual Ride for Dave, in memory of the late David Evans of The Granary, will take place on Saturday, October 17 at 10am from the Bush Inn.

The event has been organised by Dave's friends and family, with the generous support of Andy and Liz of The Bush, to raise funds for research into the causes and treatment of leukaemia and lymphoma being carried out in the specialist centres at UHW and Singleton Hospital.

The first round will take place on the evening of December 2 at All Saints' Church, Porthcawl during Porthcawl Rotary Club's Christmas tree festival.

The closing date for entries is November 3 and the competition is open to all (amateur) students up to age 17 on August 31, 2015.

The cyclists will attempt a 50-mile circuit within the Vale and there is a shorter ride for those

who would like to take part but are not serious cyclists.

Please come along to wave the cyclists off or welcome them back from 12.30pm onwards.

**Free course**

VALE Council-led Barry Communities First is running a free Level 2 course on October 19 – 23, for those wanting to work as a door supervisor in the private security industry.

For full details,

telephone 01446 709103/07730284145.

**Music contest**

ANYONE who can play a musical instrument and is in full-time education, can enter the Rotary Young Musician (Instrumental) competition, sponsored by Harrods.

The first round will take place on the evening of December 2 at All Saints' Church, Porthcawl during Porthcawl Rotary Club's Christmas tree festival.

The closing date for entries is November 3 and the competition is open to all (amateur) students up to age 17 on August 31, 2015.

Ask your school,

college or club organiser for information.

## OCEAN LOUNGE PORTHKERRY ENTERTAINMENT

Saturday 3rd October

**BEX**

Superb Female Vocal Entertainer



Saturday 10th October

**PETER DONOVAN**

Top Vocal Entertainer



Saturday 17th September

**STEVE HARDING**

Top Vocalist



Every Thursday is

**FREE QUIZ NIGHT**

Curry & a Pint £5.95



KARAOKE Every Friday

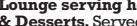
**BINGO** Every Saturday

Traditional

**SUNDAY LUNCHES**

only £6.95

Selection of meats & fresh vegetables



New Chef

at Ocean Lounge serving homemade Meals & Desserts. Served Thurs,

Fri & Sat evenings & Sunday lunch.

**CAR BOOT SALE**

Every Sunday

Sellers in 12.30pm. Buyers 1pm.

Porthkerry Leisure Park,

Rhoose CF62 3ZP

(01446) 710362/711538

Open: Thursday & Friday 7pm - 12pm.

Saturday 12 noon - 4pm - midnight.

Sunday 12 noon - 4pm.

## Penarth Festival marks its 150th anniversary

PENARTH Book Festival is celebrating the 150th anniversary of a Welsh migration to Argentina, with two exciting events.

On October 15, the Pier Pavilion Cinema will be screening Welsh director, Marc Evans' 2010 drama Patagonia.

The film centres on the Welsh settlement in Patagonia and stars Nia Roberts, Matthew Gravelle and Matthew Rhys.

Tickets cost £6.50 and £7.50 and are available directly from the Pier Pavilion.

October 18 will see a panel including writer and journalist Jon

Gower, writer and broadcaster Imogen Rhia Herrad and writer, playwright and actor Elizabeth Morgan talk to travel journalist Oliver Balch about their experiences and fascination with Patagonia and its Welsh-speaking population.

The event will take place at All Saints' Lesser Hall, Victoria Square at 3pm until 4.30pm.

Tickets £6, available from [www.penarthbookfestival.org.uk](http://www.penarthbookfestival.org.uk) or at Griffin Books.

The festival from October 11 – 18 has 30 literary-themed events. For more information visit [www.penarthbookfestival.org.uk](http://www.penarthbookfestival.org.uk).

# Out and About with The GEM

## Two for one means we can all take the Road To Rome!

THE Cowbridge Book Festival has great news for lovers of epic Roman novels – it offers two authors for the price of one!

On Wednesday, October 7, Sunday Times bestselling author Ben Kane and his friend and fellow historical novelist Anthony Riches will talk about their books *Eagles at War I* by Ben Kane and *Thunder of the Gods - Empire VIII* by Anthony Riches.

This event represents a welcome return to Cowbridge for Ben who delighted the festival audience in 2013 by arriving in full legionnaire's uniform.

Both authors are considered by many to be



Authors Anthony Riches...



... and Ben Kane.

renowned for their 'the rising star of historical fiction'. *Eagles at War* is the first in a dramatic new trilogy encompassing the loss and gradual restoration of three Imperial Eagles.

Anthony Riches is rapidly gaining a reputation for writing epic page turners. His Empire series is fast paced and action packed, with marvellous characters and occasional moments of dark humour.

Over the last three years, Ben and Anthony have walked Hadrian's Wall and also walked from Capua to the Forum in Rome in full Roman

uniform, raising over £3,500 for charity. Not only have these walks given them valuable insights into the regions they write about, but through them, they have established a great rapport which bodes well for a highly entertaining and interesting event!

The event which will start at 7.30pm will be held in the minstrels' gallery at The Duke of Wellington.

Details can be found on the festival website [www.cowbridgebookfestival.co.uk](http://www.cowbridgebookfestival.co.uk). Tickets can be obtained online via the festival website or TicketlineUK or from Old Hall, David Barnes (Dry Cleaners) High St, Cowbridge or Nickleby's Book Shop, Pound Field, Llantwit Major.

For this event the Cowbridge Book Festival is working with Vale Courses Adult Learning. Proceeds from all festival events are donated to The Noah's Ark Appeal, Children's Hospital of Wales and Leukaemia & Lymphoma Research.

SRC

### ANTIQUE FAIR

COTTRELL Park golf resort is the venue for an antique and collectors' fair on October 10 from 10am – 4pm.

There will be a variety of dealers; coffee/snacks/lunches served in the clubhouse coffee shop.

Entry £1 (children free), for more information contact Ann on 01446 796128 or Peta on 01446 713483.

## Wales' Premier Social Health Care Event 15th October 2015 Cardiff City's House of Sport

3 Spectacular Events • Over 100 Exhibitors • The Latest Products & Services • Exclusive Expo Deals  
Advice & Support from Industry Experts • Try Before You Buy • Informative & Inspirational Seminars  
Meet, Chat & Share • Free Parking • Complimentary Refreshments

TO BOOK YOUR FREE TICKETS  
visit [www.TheExpoUK.co.uk](http://www.TheExpoUK.co.uk)

## The Highwayman Inn Fonmon, Rhoose



### CHRISTMAS PARTY MENU Available from Tuesday 1st December

#### STARTERS

- Winter Vegetable broth with crusty bread.
- Prawn and Crayfish cocktail in a Marie Rose sauce.
- Filled field Mushrooms with bacon, garlic and herb bread crumbs
- Chicken liver, brandy and herb Pate with toasted bread and chutney.
- Spiced chicken wings with BBQ sauce.

#### MAIN COURSE

- Traditional roast turkey with pigs in blankets, stuffing and all the trimmings.
- Spinach, red pepper and feta pie - spinach, roast red pepper and feta cheese, white wine sauce with a touch of garlic, topped with a sesame seed puff pastry lid.
- 10oz Welsh sirloin steak cooked to your liking, with homemade onion rings, salad garnish and your choice of potatoes with a creamy peppercorn sauce on the side.

Pan-fried sea bass fillets served with roasted Mediterranean vegetables and a tomato sauce served with your choice of potatoes.

#### DESSERTS

- Warm chocolate fudge cake • Baked toffee and pecan nut cheesecake
- Profiteroles with warm chocolate sauce

Christmas pudding with brandy sauce • Rustic rhubarb and raspberry crunch

**Friday & Saturday Nights include Entertainment - £24.95 per person**

**Christmas Day 5 Course Meal - £59.95 adults £29.95 children**

**Minibus service available for diners - phone for details  
Free to Rhoose, Penmark and Aberthaw**

**Nurston, Nr. Rhoose • Tel. 01446 710205  
[www.highwayman-pub.com](http://www.highwayman-pub.com)**



#### Our Sponsors:



#### Our Partners:



@SHCExpo



# "Be Warm This Winter"



## WHAT DOES EACH FUEL BRING TO THE PARTY, AND WHAT TYPES OF FUELS ARE NOW AVAILABLE?

[thestoveroomcardiff.co.uk](http://thestoveroomcardiff.co.uk)

**LOG BURNING STOVES**

**FIRES & FIREPLACES**

Find us on: [Facebook](#) [Twitter](#)

E-Mail: info@chiversrestoration.com  
**CARDIFF ROAD, BARRY**  
01446 720408 / 07817 625222  
[www.thestoveroomcardiff.co.uk](http://www.thestoveroomcardiff.co.uk)

**W**HAT types of fuel are available for solid fuel systems? The Solid Fuel Technology Institute has this to say:

WOOD has two immense advantages – it is a renewable fuel and is part of the carbon cycle.

Because a burning log can't give out any more carbon than the tree took in while living, it is considered to be greenhouse gas 'neutral'.

When wood is cut down its cells are full of water. Burning such wet or 'green' wood wastes heat in making steam and produces flammable, acidic tars which will cling to, and can very rapidly damage, your stove and chimney.

Therefore, logs should be dried for at least a year, out of doors in free air protected from rain, and split lengthways. When dry enough to burn, the ends will develop radial cracks.

The fine white residue produced when wood partly burns is not ash, but the remains of cell walls which can burn if kept hot enough, so don't deash a wood fire until absolutely necessary. Wood is not a smokeless fuel, but it can burn without smoke on some specially-designed appliances.

**Biomass** is a general term for recently-harvested plant material to be used as fuel. As well as wood, it includes bagasse (the fibrous residue from sugar cane or sorghum stalks); nut shells; pits and stones from olives and other fruit; straw; hay; dried seeds such as maize, barley or wheat.

**PELLETS** – Bio-fuel pellets made from wood (or, occasionally, grass) can be burned only on

special-purpose stoves and automatic-feed boilers.

They offer most of the environmental benefits of natural wood, with greatly improved convenience.

**PEAT OR TURF** – Peat is woody material which has semi-decomposed over about 1,000 years. It is the earliest stage in the formation of coal.

The nearly black moorland or bog peat should be dried and treated as for wood. Peat is highly volatile, easy to light. It will burn on open fires and most closed stoves.

**LIGNITE OR BROWN COAL** – Lignite is a natural mineral, intermediate between peat and coal, formed over about 4,000 years.

It lights easily and burns well, though some varieties produce very large quantities of ash. Apart from a small deposit in Ireland it is rarely encountered in the British Isles, but is commonplace in Central and Eastern Europe.

**BITUMINOUS COAL** – Bituminous coal, is raw, natural coal, from woody deposits of about 100 million years ago. Inexpensive, easy to light and fairly low in ash, it burns with great heat and an attractive flame.

However, it produces tarry smoke which will tend to stain stove windows, and large volumes of flammable gas which make it difficult to control so that it often burns excessively violently on closed stoves not specially designed for it.

It is the traditional fuel for Victorian bar-fronted fireplaces, where the very large 'cobbles' size would have been used. Modern appliances generally prefer the smaller 'trebles' or 'doubles'. Some types swell and become sticky when hot –

use the poker to break it up.

**ANTHRACITE** and the very similar **DRY STEAM COAL** are natural, smokeless, hard, shiny forms of coal formed at great depth over some 300 million years.

In appearance anthracite is similar to coal, very near black, but less dusty with a distinctive shine. Anthracite is largely carbon and very dense, making it able to burn with great heat and almost no smoke for a very long time – up to 24hrs per fill even on the simplest stove.

But it contains very little volatile matter so can usually only be lit from another fuel, such as wood, which is already burning well and it will not work on most ordinary open fires, nor on many closed stoves.

Choose the 'small nuts' size for most stoves, or the tiny 'peas' 'beans' or 'grains' (also called Rice Coal) for specially designed automatic feed stoves and central-heating boilers. Although expensive per kg, anthracite is usually very economical in use.

**C.R. JOSE**  
**CHIMNEY SWEEP**

**HETAS REGISTERED**

**WOOD & MULTIFUELLED STOVES  
SERVICED, INSTALLED & REPAIRED.  
Bird guards fitted.**

**Telephone: 01446 792735 ~ Est 1965 ~**

## The Fire and Stove Shop

at the Pumping Station, Penarth Road, Cardiff CF11 8TT

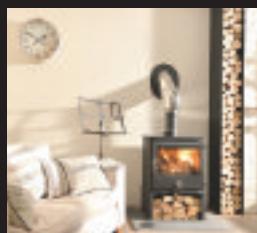
Open 9.30am - 5.30pm,  
7 days a week.

We also have showrooms  
at Tongwynlais & Brecon.

## We take the heat off buying fires or stoves...



**Exclusive stockists**  
of Wales' only manufacturers  
of multi-fuel stoves: Chilli  
Penguin and Oak Stoves, as  
well as many more!



**No chimney?  
No problem!**

**We can design &  
install one for you.**

We can carry out any type  
of installation or  
modification to your stove,  
fireplace or chimney using  
our own fully qualified  
installation team.



**OAK  
STOVES**



Telephone: 02920 230400

• [www.decoheat.co.uk](http://www.decoheat.co.uk)

• email:terry@decoheat.co.uk



# The benefits of solid fuel heating will warm the cockles of your heart...

**E**VERYONE warms to the cosy glow and flickering flames that only a real fire can offer and, while you're enjoying the experience, you can consider all the other advantages that solid fuel heating brings.

There are low running costs – solid fuel is an efficient and economical method of heating a home 24 hours a day.

Solid fuel heating can

reduce condensation, eliminating household mould often associated with 'on/off' smokeless fires.

Medical research has also shown that solid fuel heating can reduce the risk of hay fever, asthma and eczema.

Homes with solid fuel heating are better ventilated than those with other forms of heating; the very use of a chimney will induce ventilation into a home drawing in fresh air and removing polluted air.

There is a wide range of fuels available – from coal to smokeless.

You can keep your home at the desired temperature throughout the day.

With solid fuel heating you can hold stock, ensuring that your home will be warm even in the most wintry weather conditions.

Whatever the weather, you don't need to worry about supply failures or power cuts. You can even boil a kettle on a flat-top stove!

**FIREWOOD**  
Seasoned & Kiln Dried  
Call 01446 771567  
for bulk winter deals  
[www.topstak.co.uk](http://www.topstak.co.uk)

Buy 10  
handy bags  
at £5.99 each  
get 1 free!  
**Topstak**

**OAKLANDS FIREWOOD**  
**SEASONED SPLIT HARDWOOD LOGS & G30 CHIP**  
LOCAL DELIVERY AVAILABLE  
TEL: ADRIAN LEAN ON 07976 727836

**Keltic fires**  
A WARM WELCOME AWAITS

Premier Fire & Fireplace Showroom



## Gas, Electric & Woodburning Fires

Open: Monday-Friday 9.30am - 5.30pm. Saturday 9.30am - 12.30pm. Sunday Appointment only.

**Call 01656 655984**

Unit 2, New Street, Bridgend Industrial Estate, Bridgend, CF31 3UD

[www.kelticfires.co.uk](http://www.kelticfires.co.uk)



@KelticFires

## The Barry Male Voice Choir prepares for recruitment campaign



Ianto Jones at a recent choir social event with Gareth Roberts, Dorothy Connell and Gareth Jones.

### BARRY Male Voice Choir is about much more than a group of men singing!

Chairman Gareth Roberts explained: "Choristers of course share the enjoyment of singing together at concerts and rehearsals. Friendship, social events, fun and travelling are also important parts of choir life."

"The recently formed ladies' committee has already made a big impact on choir life in many ways. This year's visit to Germany will be followed by visits next year to Scotland and The

Royal Albert Hall.

"Recent visits to choir rehearsals by Barry-born Joan Ditchburn nee Harkus, now of Perth, Australia, and Ianto Jones of the Capetown Welsh Male Voice Choir, South Africa have prompted thoughts of travelling even further afield in the future!"

The choir will be launching another recruitment campaign in October.

Follow the choir on Facebook and Twitter or on its website [www.barrymalevoicechoir.co.uk](http://www.barrymalevoicechoir.co.uk) for further details of forthcoming events.

## Soroptimists welcome new recruit Tracey!



Left to right: Jackie, Tracey and President Clare.

FOLLOWING the August recess, president of Soroptimist International Barry & District Clare Hart welcomed another new member, retired religious education teacher Tracey Graham who is well known in the area, having taught in Bryn Hafren School, Barry, as well as Stanwell School, Penarth.

During a career break to bring up her three boys, she also qualified as a gymnastics coach and received the volunteer of the year award from Barry Town Council for her voluntary work at Barry YMCA.

Jackie Memory, who sponsored Tracey, described her as enthusiastic, caring and eager to become involved in Soroptimist activities. Jackie added that her lively personality will be a real asset to the club. Tracey lives with her husband, Mervyn, in Penarth.

Her many interests include travel, reading, walking, the cinema, and visits to Stratford upon Avon to see Royal Shakespeare Company productions.

Jackie Memory, who sponsored Tracey,

described her as

enthusiastic, caring and

eager to become

involved in Soroptimist

activities. Jackie added

that her lively

personality will be a real

asset to the club. Tracey

lives with her husband,

Mervyn, in Penarth.

(Contact [www.sigbi.org/barry-and-district](http://www.sigbi.org/barry-and-district))

CJD

## AMELIA TRUST FUN DAY CELEBRATES 25TH BIRTHDAY

THE annual Amelia Trust Farm family fun day this year celebrated the 25th anniversary of the charity.

It was joined by Vale AM Jane Hutt, a long-term supporter of the charity, which provides an alternative education for vulnerable and disadvantaged young people.

She commented: "Amelia Trust does such good and necessary work with young people. It is always great to hear about their latest success."

The AM took part in various events, including Guess the Weight of the Anniversary Cake and Smash the Malteser!

## Moon landings: true or false?

THE speaker at last week's Barry Men's Forum, was one of our own members Mike Cheeseman who gave a thought-provoking presentation about the moon landings in July 1969.

He started with the build up of the space race between the Russians and the Americans, with information about the American Moon Landing, which he followed up with a film of the event, which all members clearly remembered.

Although not declaring any personal beliefs, he then detailed the various suggestions that have been purported to say it was all a hoax.

He detailed the reasons why some people think it was a fake landing. These included, there was no impact crater, although the covering on the moon showed footprints; there are shadows shown in different directions on photographs, although the only source of light on the moon is the sun, the shadows are cast in various directions.

There are reflections in the astronauts' visors, that allegedly show other persons behind the camera; the movement of the flag, when there is no atmosphere to move them; there are no stars in

any of the photographs of the horizon; the letter 'C' is clearly carved on one of the stones in the foreground, similar to those used by film makers, the photographs were taken with 'celluloid' film, which has a melting point of 170 degrees, whereas the temperature on the moon is reputed to be 230 degrees.

Mike posed the conundrum, how could such a gigantic fraud be kept silent for so many years? He also pointed out that eight of the astronauts originally involved, had died within three years of the event, all in unexpected circumstances.

The forum members then asked numerous questions, and many thrilled at the event at the time, left convinced that it may all have been a hoax.

New members are welcome. On Thursday, October 8, the speaker will be Dr Ted Hallewell, talking further about his 'Canadian travels' by motorcycle.

The Barry Men's

Forum

meets at the

Trinity

Presbyterian

Church,

at the junction of

Trinity

Street and

Aberystwyth

Crescent

every Thursday morning

from 10.15am-noon.

For further

information,

telephone

02920 594881.

PMW



by  
**GARETH JAMIESON**  
Follow Screen  
Talk on Twitter –  
@GEMScreenTalk

## Corbijn's Life is a little too still to truly shine...

**T**HE life of James Dean burned bright and then was brutally extinguished in a car crash in 1955. While the actor only made three films, he left an indelible mark on cinema and popular culture, meaning that 60 years after his

death Dean is still living on.

Anton Corbijn's latest film, *Life*, tells the story of a particular chapter in Dean's life – where he (played here by Dane DeHaan) was pursued by photographer Dennis Stock (Robert Pattinson) to shoot a pictorial for the highly influential *Life* magazine prior to the release of *East Of Eden*. With Stock

determined to capture this rising star on film, and Dean torn between fame and reality, the pair find themselves getting to know each other...

It's interesting that for his fourth feature film, Anton Corbijn (a renowned music photographer of the likes of U2) has taken on the subject of photographers and their pursuits. His films have always shown a gorgeous visual sense, his grounding behind the lens clear to see, but have struggled to carry the necessary pace to really wholly engage the viewer.

*Life* is very much of the same ilk, looking beautiful but a little too still and reflective for its own good, even though the central performances are thoroughly engaging and enjoyable.

Quite whether Corbijn was ever driven to the almost stalker-like levels of chasing his intended quarry as Stock is here, would be intriguing to find out, but clearly he sees a kinship with the character of Dennis Stock.

The balance between making a living through red carpet photos and pursuing a noble (yet financially overwhelming) art looms large here, not

just in Stock but also in Dean, a man seemingly happy to ply his trade without having to jump through hoops and play the publicity game, an 'actor' not a movie star.

Although the characters are superficially different, beneath the surface they share a kinship with this internal debate, one that slowly drip-feeds throughout the film. Their relationship is almost *quid pro quo* – Stock wants to shoot Dean so that he can use the actor's rising profile to boost his own career;

Dean doesn't want to sell his soul to celebrity, but realises that being shot by Stock could be best option of them all. While their similarities are clear, their constant bristling gives the film a dynamic.

The pair are well played by Pattinson and DeHaan. For the former, it is a clever piece of casting, putting Pattinson as a foil to a film star whose profile has skyrocketed and whose every move is scrutinised, and while he could have brought plenty to the Dean character, he essayed the character of Stock with a sly desperation and desire to make the best of his situation.

While the pair strike up what seems to be an unlikely friendship, there are small moments

(a camera appearing at a dinner table) where the relationship between them is made clear.

For DeHaan, playing an icon in Dean could have been a burden, but instead he plays the man beneath the icon. Befuddled by his burgeoning celebrity, his care-free personality hides a desire for things to stay as they are, a visit to his family's farm which takes up much of the film's second half; an

intriguing insight below the surface that DeHaan nails beautifully.

There isn't much in the way of pace, Corbijn allowing the film to move naturally and very much driven by the characters, which some may find a little too slow for their tastes. While it may not be the zippiest film, however, *Life* is an intriguing study of relationships driven by need, of celebrity culture and of a James Dean shorn of

his status.

**VERDICT** – A slow-burner of a film, *Life* may not move quickly but packs quite a punch through its lead performances of Robert Pattinson and Dan DeHaan. Well-directed by Anton Corbijn, the film plays as an interesting look under the surface of celebrity culture. Enjoyable. **SEE THIS IF YOU LIKED:** *Control* (2007), *I'm Not There* (2007).

## HITCHINGS ELECTRICAL LTD

Electrical Engineers and Contractors

Are your smart devices using up your sockets in the home?

Fed up looking for sockets in the house?



### Hitchings Electrical have the answer!!!

For a limited time only we will we can replace an existing socket with built in UBS charging ports for £60.00 inc VAT each (discounts offered for multiples)

Hitchings Electrical Cowbridge (Cowbridge LTD)

North Road Cowbridge, Vale of Glamorgan, CF71 7DF

01446 773489



## Coffee and cake with AM raises £760 for Macmillan



THE Vale AM Jane Hutt's first Macmillan coffee morning on September 25 proved to be a "great success".

After being a guest for many years at the annual cancer fundraising event, she invited constituents to join her for coffee and cakes at Golau Caredig-a-Hafod Care scheme.

It is the Vale's first extra care housing scheme and benefited from

more than £5m from the Welsh Government.

The AM reported: "The coffee morning was a great success, hosted with the support of Hafod Care and raising £760.01. I must thank the residents and staff for supporting the event at this fantastic location. Thank you to all who came – it was wonderful to raise so much money for such a good cause."

## Your kitchen transformed at a fraction of the cost

Give your existing kitchen a brand new facelift with our unique Kitchen Genie makeover



- No need to empty cupboards
- Most kitchens completed in a day
- No mess, no fuss
- All doors made to measure
- Choose from Laminate, Solid Wood or Painted Doors
- Call for a FREE quotation



### ASK ABOUT QUARTZIZE...

The stunning quartz overlay which goes over your existing worktops. More durable and less porous than granite and up to 40% cheaper!

**quartzize** by Kitchen Genie

**Kitchen Genie**

The kitchen makeover specialists

Over 30 years experience.  
Family run business.  
FREE design service.



"Thanks to Kitchen Genie, our kitchen was amazingly transformed in just 1 day"  
Mr & Mrs Brooks, Northampton

**www.thekitchengenie.co.uk • 01446 688021 or 01656 360030**



FINANCIAL MANAGEMENT LTD  
Working Together Building and Preserving Wealth



## What do the new Pension rules mean to you?

Join us on October 15th for our free seminar on  
**Pensions & Retirement Planning**

6.30pm - 7.30pm

Best Western Heronston Hotel  
Ewenny Road, Bridgend, CF35 5AW  
(complimentary tea/coffee and cakes)

Wealthmasters Financial Management Ltd cordially invite you to our Pension and Retirement Planning Seminar where we will tell you everything you need to know about how to maximise your retirement income and meet your objectives.

At the seminar we will cover the following areas:

- the new pension rules
- retirement income options
- different types of pensions (personal, workplace, frozen ex-occupational etc)
- pension investment strategy
- how to stay tax efficient

The biggest changes in U.K Pensions history were implemented in April 2015, where pensions became more flexible and the opportunities for you to maximise your savings increased. You can now potentially access your personal pension income as you wish, in line with your requirements. You can take a large sum out if you need it, you can also freeze withdrawals when it is not needed or not tax efficient; it really is up to you. However you must be aware that in most cases your Pension Provider will insist that you seek financial advice to make sure that what you do is best for you in the long-term.

Spaces on the seminar are limited so please contact us now to **secure your free place**.

We look forward to seeing you there.

**Book your free place now - 01656 640170**

[info@wealthmasters.co.uk](mailto:info@wealthmasters.co.uk)

[www.wealthmasters.co.uk](http://www.wealthmasters.co.uk)



GEM ADVERTISEMENT FEATURE

# In Business Update



## It's time for a new Mind, Body and Life in Bridgend!

**S**TRESS, time constraints, a lack of self-belief or self-motivation and the availability of unhealthy food leave many of us frustrated in our desire to lead fit and healthy lives.

There is no better time than now to make a resolution to do something about it!

With its revolutionary 'Mind – Body – Life' philosophy, Instant Result Clinic has been addressing these lifestyle concerns with a range of innovative products and services since January 2011.

The good news is, their latest treatment centre is now open at 38a Caroline Street, Bridgend, CF31 1DQ.

At Instant Result Clinic, your body is our business.

Regardless of age, shape or size, we aim to provide a convenient and welcoming environment, where you can receive professional advice on a wide range of products and services to suit your lifestyle and budget.

We can help you

look and feel better about yourself, improve your health, have a radiant complexion and help you achieve the body you deserve.

Pain-free treatments range from non-invasive ultrasonic liposuction, complementary body and facial treatments based on 'revolutionary technology', inch loss, weight loss, and detox

for those who want to change their lives for the better.

To celebrate the opening of this new treatment centre, there are some fabulous introductory offers available to all...

Whether you want to lose a few inches for a special occasion or holiday, or embark on a complete makeover,

LAUREN and SARAH will be happy to provide a free, no obligation consultation, in a relaxed and friendly environment.

*Instant Result Clinic can be contacted on 08432 896844, or by email at: info@instantresultclinic.co.uk.*



Instant Result Clinic

We are instant result clinic specialising in weight loss and body contouring treatments, with post-operative care available.

### Boot Camp Package

6x Non-Invasive Lipo Sections 12x Power Plate Sessions

3x Personalised Fitness Classes 1x Personalised Diet Plan

£275 (25% saving)

#### Introductory Offer:

1x 30 minute session with free body wrap Just £50

- Aesthetic nurse - Wide range of cosmetic injectable treatments: Dermal fillers, Anti-wrinkle injections, Chemical peels
- Working with a personal trainer and nutritional advisor offering diet plans
- Introducing Bounce X fitness class
- Free consultation
- Teeth whitening
- Power plates just £4 for 15 minutes (instructor-led session)
- Gift vouchers available
- Bespoke packages available

0843 289 6844

info@instantresultclinic.co.uk

www.instantresultclinic.co.uk

38a Caroline Street, Bridgend, CF31 1DQ

## Penarth Ramblers' walks take in Wye and Wiltshire

**SEVEN Penarth and District Ramblers, including leader Phil, travelled up to Aldbourne to tramp along ridges and old byways, while passing a variety of historic burial mounds and small villages, as well as the lovely countryside of Wiltshire, where the downs are composed of chalky soil.**

Leaving the typical English village green, they noted the Bronze Age barrow known as the Giant's Grave before moving on to the small hamlet of Upper Upham, dating back to Roman times and the impressive Upham Hall, a 16th century mansion house.

They moved on to Liddington Castle, a hill fort over 2,000 years old built to command the view over the River Og valley; and then on to overlook an old World War Two airfield

where Easy Company of the US Army 101 Airborne Division were based in 1944 before D-Day (they were featured in TV's *Band of Brothers*), before descending back to Aldbourne.

#### Wye walk

**EIGHT walkers, including leader Joy, headed up to Monmouth and, crossing the River Wye, climbed by road and through woodland to the Roundhouse at the Kynym, where views over the town and beyond were obscured by thick mist.**

After exploring the Naval Temple where the victories of 16 British naval admirals are recorded, including Nelson, who visited the town and the temple in August 1802, Offa's Dyke Path led them to Upper Redbrook. At Newland, they explored All Saints Church, also known as the Cathedral of the Forest.

Savage Hill led them down to Valley Brook. They later passed the remains of the disused stone Monmouth

Viaduct and iron-built Duke of Beaufort Bridge, which carried the railway line connecting both sides of the river. Following the narrow path beside Monmouth School playing fields, once the site of The Gamblings, a ship-building yard, they re-crossed the Wye Bridge and made their way back into Monmouth town.

*On October 3, meet at 8.30am at Cogan Leisure Centre for a 10-mile hard walk from Pencelli taking in Bryn and the Talybont Forest;*

contact Phil on 01446 711533.

*On October 4, meet at 9.30am at the Barry Waterfront for a five-mile easy/moderate half day walk taking in Cwmcarn, Nash and Wick; contact Geraint on 029 2051 5278.*

*Follow the group log onto www.penarthramblers.wordpress.com*

*Programmes and membership advice can be obtained from Pam on 029 2025 5102.*

JOY STRANGWARD

## Vale MP joins half-marathon to boost Alzheimer's charity

**THE Vale MP Alun Cairns and staff from Filco stores in the Vale will be running the 13-mile Cardiff Half Marathon on Sunday, October 4, in support of Alzheimer's Society.**

*Mr Cairns said: "It is fantastic to see work colleagues from our local Filco shops come together to run for such a good cause like the Alzheimer's Society. Many families in the Vale are impacted directly by dementia, so it will be very rewarding to see much-needed funds being raised in such a positive way."*

**The very best solutions for your hearing needs**  
*'Local hearing for local people'*

## MALMO HEARING LTD

tel: 01656 652444

[www.bridgend-hearing.co.uk](http://www.bridgend-hearing.co.uk)



**MALMO HEARING LTD**

Digital Hearing Aids  
Free Hearing Checks  
Micro-Bacdon Ear Wax Removal  
Professional Advice  
tel: 01656 652444  
[www.bridgend-hearing.co.uk](http://www.bridgend-hearing.co.uk)



We hold regular clinics throughout south Wales, including the following locations:

Cowbridge & Western Vale Group Practice: Cowbridge; Davies & Jones optometrists: Dinas Powys and Talbot Green; and Arbuthnot Opticians: Barry.

Other clinics include: Treorchy, Caerphilly, Blackwood, Pontypool and Newport.

Contact us on 01656 652444, or visit [www.bridgend-hearing.co.uk](http://www.bridgend-hearing.co.uk) for more information.

## Malmo Hearing

Local Hearing Care for Local People

Now at  
**COWBRIDGE & WESTERN VALE GROUP PRACTICE**

- Free Hearing Assessment
- Demonstrations of the latest Hearing Aid technology
- Hearing Aid Servicing
- Hearing Aid Repairs
- Comprehensive range of accessories
- Hearing Protection
- Microsuction Ear Wax Removal Service
- Professional & Highly Trained Audiologists
- Outstanding Customer Service & Aftercare
- Local clinics throughout South Wales

Call now for an appointment...

**01656 652444**

**Cowbridge & Western Vale Group Practice, Cowbridge Health Centre, The Broad Shoard, Cowbridge, Vale of Glamorgan CF71 7DA.**

[info@bridgend-hearing.co.uk](mailto:info@bridgend-hearing.co.uk)  
[www.bridgend-hearing.co.uk](http://www.bridgend-hearing.co.uk)



## Service with a smile at Sylvia Williams Chemist

**H**ERE at Sylvia Williams Chemist, we are always looking to make life easier for our customers:

**Repeat prescription collection:** Customers can ring us to place prescription orders or call in to see us and we will liaise with the doctor's surgery, to get everything ready for them.

**Free delivery:** We also offer free delivery if required.

**Medication advice:** we are here any time for our customers to pop in and get advice about any of their medication – over the counter or prescription ones. We

are also happy to liaise with the doctors to sort out any problems for the customers.

**Weekly medication trays:** At the doctor's request.

**Hospital discharge checks:** We encourage customers to bring their medication discharge forms when leaving hospital for us to see, and we work with the local doctors to make sure customers get the correct medication.

**Smoking cessation advice and weight loss advice.**

**Disposal of unwanted medicine.**

...And most of all, a friendly smile!

## SYLVIA WILLIAMS CHEMIST

### REPEAT PRESCRIPTION SERVICE

#### Let us do the work for you

Either ring us to order your repeat prescriptions, or drop in your repeat request form and we will collect your prescription and get it ready for you.

Free delivery also available if required.

34 High Street, Cowbridge CF71 7AG  
01446 772255



## Now open – photography studio and gift boutique

**A**S Dinas Powys says farewell to its post office at Camms Corner, it welcomes award-winning photographer Katrina Dimech, who is opening her new studio with a complete refurbishment.

Katrina, originally from Penarth, is a member of the Guild of Photographers and specialises in newborn, baby, child, wedding, pet, and family photography.

Studio photo shoots are available seven days a week after 2pm.

You will find her friendly, helpful, approachable and if you want to achieve something

specific, then she is full of ideas. The studio also doubles up as a beautiful gift boutique, full of colour and pleasing aromas.

You can find gift cards, Fairtrade wooden toys, unique children's clothing, handmade olive oil soaps, essential oils and more, all at affordable prices.

Local resident Steve Naylor also has his hand crafted wooden clocks, bowls and jewellery for sale there.

The shop is open from Monday to Saturday (10am-2pm), so call in, take a peek – or just say hello!

## SHUTTER HIRE GIFT BOUTIQUE AND PHOTOGRAPHY STUDIO NOW OPEN!

Gift boutique selling gift cards, candles, fair trade wooden toys, aromatherapy, handmade olive oil soaps and more. Opening times are Mon-Saturday 10am-2pm.

Award winning photographer specialising in newborn, baby, child, family portraits as well as wedding photo and videography.

14 Camms Corner, Dinas Powys | 07703774105 | www.shutterhire.co.uk | info@shutterhire.co.uk



## Touch, Soothe and Heal - give yourself a helping hand!

**M**Y name is Claire Penny. I became interested in complementary therapies at the age of 19 and wanted to learn more about how these could help the body, alongside conventional medicine.

I trained in aromatherapy and then went on to train in Indian head massage and reflexology.

Fifteen years on, I still have a great passion for complementary therapies and now have the opportunity to pursue this with my own business.

If you have back aches and pains, suffer with headaches, sinusitis, or simply need some relaxation, one of these treatments could benefit you!

*Call now to book an appointment on 01446 677117 or 07875483771, and find out which treatment would suit you best.*

*Touch Soothe and Heal is based at The Vale Foot Clinic, High Street, Barry.*

## Touch, Soothe, Heel

### NOW OPEN

at The Vale Foot Clinic, 90 High Street, Barry



**Specialising in:**  
Complementary Therapies, Reflexology,  
Aromatherapy & Indian Head Massage

For an appointment please call:  
The Vale Foot Clinic on 01446 677117  
or Claire Penny on 07875483771  
[www.touchsootheheel.co.uk](http://www.touchsootheheel.co.uk)

## Hypnotherapy – a simple way to stop smoking

**L**ETTING go of a habit, particularly smoking, can be very difficult using willpower alone; this is because your smoking habit is stored in your subconscious mind and is far more powerful than your willpower or conscious decision to quit smoking.

Despite knowing the dangers of continued smoking...

Despite knowing

smoking is expensive...

Despite knowing how smoking negatively affects the way you smell, look and feel; it affects your sense of taste, your skin tone and colour, ageing, your teeth and every organ in your body – you still stay smoking, even when you've made the decision to quit.

Hypnotherapy is simple, drug-free and helps you quickly access the part of your mind responsible for the habit. Once you've made the decision to stop smoking, and are

committed to that decision, it really can be that simple.

Consider the benefits of stopping – the improved chances of a healthier future; improved appearance; and more money better spent?

*If you would like to have a chat with Sue, contact her on 07795 964066; email [cardiffhypnotherapysolutions@gmail.com](mailto:cardiffhypnotherapysolutions@gmail.com) or visit [www.cardiffhypnotherapysolutions.co.uk](http://www.cardiffhypnotherapysolutions.co.uk).*

Clinics are in Cowbridge, Cardiff and Barry.



## IT'S STOPTOBER! Make this one your last...

Local Hypnotherapist Sue Pitman HPD,DHPMNCH(Reg) is offering £25 off a smoking cessation session booked during October including free back up CD. Visit [www.cardiffhypnotherapysolutions.co.uk](http://www.cardiffhypnotherapysolutions.co.uk) or call Sue Pitman on 02920 654893 or 07795 964066 Clinics at Llandow near Cowbridge, Barry & Cardiff

GEM ADVERTISEMENT FEATURE

# In Business Update

## Making a Will is not difficult with Hopkins Law

**A**LTHOUGH drawing up a Will can be a difficult issue to confront, it is vital to ensure that all you have

### WHERE THERE'S A WILL....

### ....THERE'S A WAY

Yes, that's right, FREE legal advice on Wills, probate issues, powers of attorney and family trusts at our weekly legal clinics every Tuesday afternoon during October. For appointments at other times, please pop in or telephone.

01446 774 151 **hopkins**  
18 High Street, Cowbridge  
[www.hopkinslawtld.com](http://www.hopkinslawtld.com) SOLICITORS & ADVOCATES

## Style, not fashion

**F**ASHION can come and go, but style is an investment.

One of the key looks this season is a *faux fur gilet*, with a lovely knit and classic trousers and, *voila*, you're ready to go!

At Samantha B, we have a fantastic selection of coordinated separates, gorgeous knits, fab fitting trousers and jeans from Olsen, Bianca,

Marble and Poppy. Expect to see warm autumnal colours to accent your basic neutrals, which will create a sense of confidence. After all, when you look good, you feel good!

Call and receive 10 per cent off.

4 Wick Road,  
Ewenny – suppliers of Poppy, Emeroco, Adini, Olsen and Marble.

**Samantha B**  
Ladies Fashions and Accessories

## New stock now in!

**Olsen  
Adini  
Marble  
Emrico  
Poppy**



Call in and see for yourself!

**RECEIVE  
10% OFF  
WITH THIS ADVERT**

OPEN MON-SAT 10AM-5PM

4 Wick Road,  
Ewenny, CF35 5BL  
Tel 01656 658388







**Karen**  
Branch Director  
EweMove  
Vale of Glamorgan

We work harder to sell or let your home.  
See all Our Properties on  
[www.ewemove.com/barry](http://www.ewemove.com/barry)



Zoopla.co.uk  
Your advantage is property



Trusted Award  
Winning Agents



**£300,000**

- St Augustines Road, Penarth  
 • Three Bedrooms  
 • Two Bathrooms  
 • Sought After Location  
 • Oozing Charm



**£115,000**

- Howard Court, Barry  
 • West End Location  
 • No Onward Chain  
 • Two Bedrooms  
 • Garage and Off Road Parking



**£175,000**

- St Nicholas Road, Barry  
 • Three Bedrooms  
 • Mews Style Home  
 • Very Desirable Location  
 • Garage and Allocated Parking



**£95,000**

- Fairford Street, Barry  
 • Three Double Bedrooms  
 • Ideal Investment  
 • No Ongoing Chain  
 • Close to Amenities



**£490,000**

- Cowbridge Road, St Nicholas  
 • Four Bedroom Detached  
 • Three Bathrooms  
 • Desirable Vale Location  
 • Double Garage and Off Road Parking



**£200,000**

- Pontypridd Road, Barry  
 • Four Bedroom Detached Bungalow  
 • No Ongoing Chain  
 • Off Road Parking  
 • West End Location



**£170,000**

- Rhodfa'r Gwenni, Barry  
 • Beautiful Town House  
 • Three Double Bedrooms  
 • Popular Location  
 • Garage and Off Road Parking

# Yours could be here too!



**£155,000**

- Treharne Road, Barry  
 • Semi Detached Bungalow  
 • Three Bedrooms  
 • Detached Garage  
 • Stamp Duty Paid



**£120,000**

- Glan Y Mor, Barry  
 • Ground Floor, with Garden  
 • Two Bedrooms, Two Bathrooms  
 • Allocated Parking  
 • No Ongoing Chain



**£600 pcm**

- Holton Road, Barry  
 • Two Bedroom Apartment  
 • Completely renovated  
 • Off Road Parking  
 • Excellent Transport Links



**£1,150 pcm**

- Porth Y Castell, Barry  
 • Four Bedroom Semi  
 • West End Location  
 • Garage and Off Road Parking  
 • Excellent Condition Throughout



**£550 pcm**

- Cowbridge Road East, Cardiff  
 • Newly Refurbished  
 • Large Double Bedroom  
 • Newly Fitted Kitchen  
 • Newly Fitted Bathroom



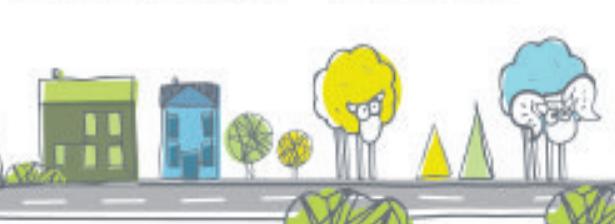
**£575 pcm**

- Drake Close, St Athan  
 • Three Bedrooms  
 • Two Bathrooms  
 • Spacious Gardens  
 • Close to Transport Links



**£585 PCM**

- Holton Road, Barry  
 • Three Bedrooms  
 • Close to Amenities  
 • Popular Location  
 • Enclosed Rear Garden



We get  
results

Contact us for your FREE no obligation property appraisal

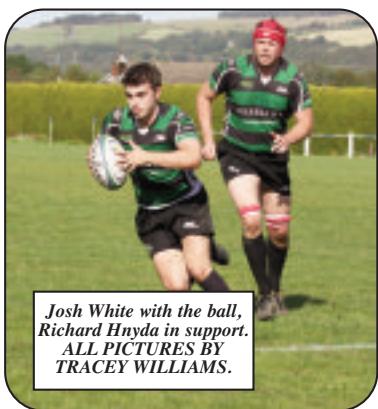
CALL Karen or Richard on **01446 349 349**

Or text 'Barry2' to **60222**

or email rich@ewemove.com • [ewemove.com/barry](http://ewemove.com/barry)



# Porthcawl RFC news round-up



A Porthcawl side without a regular scrum-half travelled to Bryncoch to play a first round match in the WRU Bowl.

The first half was a one-sided affair as the home side racked up a 30-7 interval lead, with tries by Richard McNeil (2), Rob Williams, Craig Thomas and Gavin Jones, who also added a conversion and penalty.

The returning Gareth Richards notched the Seaweed's try, converted by Josh White, leaving Porthcawl facing an uphill battle in the second half.

Yet, they responded superbly, as tries by Curtis Kerton and Ben Thomas, both converted by White, saw a strong revival to bring it within nine points and when White's penalty narrowed the gap to just six points at 30-4, it all looked possible that the visitors might yet snatch it.

However, a late surge by Bryncoch saw Andrew Spratt grab a defining try, goaled by Thomas for 37-4 at the death.

This was an entertaining match in nature and the way Porthcawl responded to the large interval deficit will hold them in good

stead for Saturday, when a hopefully full-strength side will welcome Alltwen to South Road. **Porthcawl RFC youth emerged 45-10 winners over St Josephs youth in a cup game.**

**UNDER 9S - PORTHCAWL 9, YSTRAD RHONDDA 6**

Our first win of the season and a good game of rugby.

Our defence was much better today

allowing us to win the ball and show off our ball skills and passing. There was no better example of this than two of Lewis' tries, where he ran supporting lines following a number of our runners who popped the ball out of the tackle to finish off with a pass out into space for Lewis to cross the line, adding to his two other individual efforts.

Lewis' four tries meant he picked up top try scorer award, but also topped the table with most tackles. We had a number of players showing that they are getting used to the physical nature of the game with confidence building, no more so than Neeson who was awarded top tackler for his two textbook side tackles executed to perfection - well done Matt.

The last award went to Dexter who put in a powerful performance running great lines and making tackles - keep it up Dexter as your game is getting stronger every week, picking up making the difference award.

The whole team played well and moved

Also making a mark in defence were Piers, Oscar and Lex, putting in strong games, with Brody back to his best having a good run and putting in great tackles. It is also good to see a few players' confidence grow week after week like Joel, who had a number of runs and could have crossed twice if he had pinned his ears back, but nice to see that confidence grow.

Theo and Ryan were also back on form - the last two weeks both had been very quiet, but here they burst back into form brimming with confidence making tackles and back with those mazy runs, and Theo was back on the scoreboard.

Another back on form was Harrison in first appearance for the season and took his try

well sidestepping

players and running strong into the corner picking up individual effort award.

The last award went to Dexter who put in a powerful performance running great lines and making tackles - keep it up Dexter as your game is getting stronger every week, picking up making the difference award.

The whole team played well and moved



the ball into space with of some great offloads, some natural flair which but Samuel and Dewi who both read the game so well and passed so

well, creating tries for their team mates and both pushing Dexter for that clubman making a difference award.

Tries were scored by

## Flint's Ayla lands yet another win

**BRIDGEND** trainer John Flint saw his six-year-old bay mare Ayla's Emperor notch-up her third win of the season when landing the 'Be Hopeful' Handicap at Bath on Monday.

Ridden by usual rider Daniel Muscatt, Ayla's Emperor won by half-length from the top weighted

favourite Glennten in a field of 14 runners and started at odds of 11-2.

Ayla's Emperor's previous wins were at Chepstow and Bath and she is in such good form that another win could be on the cards.

BRIAN LEE

**Selling or Renting?**  
**Free Valuations**  
**Call us today**

## Fees that please £££...

[rightmove.co.uk](#)  
The UK's number one property website

[zoopla.co.uk](#)  
Your advantage in property

[primelocation.com](#)

[letsproperty.co.uk](#)

[naea.org.uk](#)  
National Association of Estate Agents

BARRY	OGMORE VALE	ST ATHAN	ST ATHAN	BARRY	LITCHARD
<b>£85,000</b> Blackwell Close, CF63 1DB MODERN END LINK, THREE BEDROOMS GAS CENTRAL HEATING, IDEAL INVESTMENT IN NEED OF RENOVATION, NO CHAIN	<b>£94,995</b> Walters Road, CF32 7DN LARGE TWO BEDROOM SEMI DETACHED SIDE ACCESS, REAR ACCESS TO WALKS AND PARKS. POTENTIAL TO CONVERT ATTIC*	<b>£99,995</b> Shackleton Close, CF62 4JE FREEHOLD, THREE BEDROOMS SOUTHERLY GARDEN UPVC DOUBLE GLAZING	Reduced To <b>£110,950</b> Castleton Road, CF62 4LG TWO BEDROOMS AND BATHROOMS IMMACULATE PRESENTATION CULTURED GARDEN, TWO PARKING SPACES	<b>£155,000</b> Brook Street, CF63 4PT MODERN DETACHED PROPERTY 4 GOOD SIZED BEDROOMS, 2 Reception Rooms FITTED KITCHEN, OFF ROAD PARKING, NO CHAIN	<b>£164,950</b> Penylan, CF31 1QW THREE BEDROOMS, PARKING, COMBI BOILER CONSERVATORY
<b>£170,000</b> Pembroke Place THREE BEDROOMS, DETACHED EXTENDED KITCHEN RECENTLY MODERNISED	<b>£194,994</b> Cwrt Yr Hen Ysgol, CF32 9GE FOUR BEDROOMS, DETACHED GARAGE UPVC DOUBLE GLAZING, GAS CENTRAL HEATING VIEWING RECOMMENDED	<b>£199,975</b> Church Street, CF72 8EU DETACHED, TWO DOUBLE BEDROOMS NO CHAIN, FREEHOLD, POTENTIAL GARDEN AMP; GARAGE	<b>£210,000</b> Raphael Avenue, CF31 2AU FOUR BEDROOM, GARAGE DRIVEWAY PRIVATE GARDEN	<b>£224,950</b> Marine Drive, CF62 6QN MODERN MID LINK TOWN HOUSE, THREE /FOUR BEDROOMS, FITTED KITCHEN, CHANNEL VIEWS, BALCONY OFF LOUNGE, GARAGE, GARDEN	<b>£299,995</b> Wine Street, CF61 1RZ PERIOD PROPERTY APPROX 300 YEARS OLD THREE BEDROOMS, VACANT POSSESSION
<b>OPEN TO OFFERS</b> 	<b>TONDU</b> 	<b>LLANTRISANT</b> 	<b>BRACKLA</b> 	<b>OPEN TO OFFERS</b> 	<b>LLANTWIT MAJOR</b> 

Free Valuation, For Sale Boards, Floor Plans, Accompanied Viewings and Internet Advertising  
Independent agents working in Bridgend, The Vale and Talbot Green

1 Pound Field, Llantwit Major, CF61 1DL. 01446 794433.

119a Wyndham House, Wyndham Street, Bridgend, CF31 1EF. 01656 655936.

105 Talbot Road, Talbot Green, CF72 8AE. 01443 222420.

Rentals 01656 655989 [www.brightermoves.co.uk](http://www.brightermoves.co.uk) • E-Mail: [info@brightermoves.co.uk](mailto:info@brightermoves.co.uk)

APPLICATION DEADLINE: 5:00PM 7 October 2015

 Vale of Glamorgan Council  Hafod Housing Association  Newydd Housing Association  United Welsh  Wales and West Housing Association



To apply call the hotline, e-mail us at  
**HOMES4U@valeofglamorgan.gov.uk**  
 or apply in writing to:

**Vale of Glamorgan Council**

Visible Services and Housing

Civic Offices, Holton Road, Barry CF63 4RU or

**Newydd Housing Association**

121 Broad Street, Barry CF62 7AL

#### ANDREWS COURT, LLANTWIT MAJOR



H4U Reference 232926  
**Suitable for applicants over 55 meeting the maximum occupancy requirements**  

- Two-bedroom bungalow
- Central heating
- Double-glazing
- Community alarm
- Gardens

**Rent £101.04 per week** including water charges  
 Applicants in receipt of pension credit will be considered

#### ARTHUR DAVIS COURT, BARRY



H4U Reference 119461  
**Suitable for a single person over 55 – no pets**  

- Studio apartment
- Ground floor
- Gas central heating
- Double-glazing
- Sceme co-ordinator on site
- Communal entrance/parking

**Rent £106.58 per week** including service charge

#### CATHERINE MEAZEY, PENARTH



H4U Reference 237885  
**Suitable for a single person or couple over 40 with a medical priority**  

- One-bedroom flat
- Ground floor
- Central heating
- Double-glazing
- Wet room

**Rent £94.02 per week** including water and alarm charges

#### CWM PARC, BARRY



H4U Reference 206379  
**Suitable for a single person or couple over 55 with a medical priority**  

- One-bedroom flat
- Ground floor
- Central heating
- Double-glazing
- Warden and alarm

**Rent £108.99 per week** including water and alarm charges

#### FAIROAKS, DINAS POWYS



H4U Reference 230681  
**Suitable for a single person or couple over 60 – no pets**  

- One-bedroom flat
- First floor
- Central heating
- Double-glazing
- Warden/community alarm

**Rent £109.64 per week** including water and alarm charges

#### RAMSEY ROAD, BARRY



H4U Reference 222024  
**Suitable for a single person or couple over 55 with a medical priority**  

- One-bedroom bungalow
- Central heating
- Double-glazing
- Community alarm
- Gardens

**Rent £99.46 per week** including water charges

#### TENNYSON ROAD, BARRY



H4U Reference 225727  
**Suitable for a family meeting the maximum occupancy requirements**  

- Three-bedroom house
- Central heating
- Double-glazing
- Gardens

**Rent £109.38 per week** including water charges

#### TENSING TERRACE, BARRY



H4U Reference 225909  
**Suitable for a single person or couple over 55 – no pets**  

- One-bedroom flat
- First floor
- Central heating
- Double-glazing
- Community alarm

**Rent £94.18 per week** including water and alarm charges

#### TY GWINFO, BARRY



H4U Reference 119461  
**Suitable for a single person over 40 – no pets**  

- One-bedroom flat
- First floor
- Double-glazing
- Communal entrance/gardens
- Parking

**Rent £83.23 per week** including service charge

## Are you a council tenant who has been affected by the bedroom tax?

Would you like to discuss the options available?

If so, call our Money Advice Line on 01446 709312 for constructive, impartial advice.

This number is not a bidding line for properties in this advert.

**You must be a HOMES4U member to apply for any of these homes.**

When bidding for more than one property you will be asked to state your order of preference.

All descriptions and other details are given in good faith and are believed to be correct but any potential tenant should satisfy themselves as to their correctness.

Newydd is a charitable housing association.

Visit the HOMES4U web page to view homes available immediately

[www.valeofglamorgan.gov.uk](http://www.valeofglamorgan.gov.uk)



174 Holton Road  
Barry  
Vale of Glamorgan  
CF63 4HN

# GROVE ESTATES



 <b>BARRY ROAD, BARRY</b> • 3 bedroom mid terrace • Gas central heating & double glazed • Enclosed garden to the rear • An ideal family home • Offered leasehold at £2.25 per annum with no onward chain.  £110,000	  <b>LLEWELLYN STREET, BARRY</b> • 2 bed mid terrace property in popular area of Barry • Within walking distance to local schools & shops • Well presented throughout • Courtyard garden to the rear • Offered freehold & would make an ideal 1st purchase  £89,500	  <b>BEATRICE ROAD, BARRY</b> • 3 bedroom bay fronted Victorian property • Walking distance to town centre • Well presented throughout • Front & rear gardens • Situated in quiet no through road • Ideal 1st purchase or family home • Conveniently located close to transport links In & out of Barry  £119,950
 <b>LYDSTEP ROAD, BARRY</b> • An three bedroom semi detached property with single garage & driveway • Gas central heating & double glazed • Enclosed gardens to front & rear • Potential to buy fully/part furnished if desired • Offered freehold with no onward chain  £124,000	  <b>DYFNALLT ROAD, BARRY</b> • An extended two bedroom mid link property • Gas central heating & double glazed • Gardens to the front & rear • Recently redecorated throughout • Offered freehold with vacant possession & no chain  £105,000	  <b>RENTALS</b> <b>Milton Road, Barry</b> 3 bed semi detached. GCH. DG. Unfurnished. £550PCM <b>Main Street, Barry</b> 1 bedroom ground floor flat. GCH. DG. Unfurnished. £450pcm. <b>Heol Cilfrydd, Barry</b> 2 bed 2nd floor apartment with en-suite. DG. Unfurnished. £550PCM.

01446 747474

 sales@e-grove.co.uk

 [www.e-grove.co.uk](http://www.e-grove.co.uk)

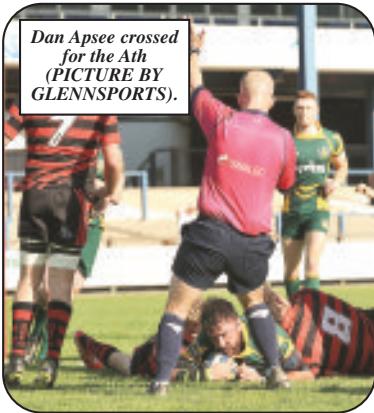


allen & harris

Barry 01446 747878 | 21 High Street, Barry CF62 7EA

 <b>NEW</b> St Nicholas Close, Rowan Court <b>Barry</b> £95,000 West End location Ground floor maisonette 29 foot living room Brand new kitchen PVC windows One bedroom, Bathroom No chain	 <b>NEW</b> Porthkerry Rd <b>Barry</b> £155,000 Sought after location Bay fronted house Three bedrooms 25 foot living room Kitchen/breakfast room Landscaped rear garden No onward chain	 <b>NEW</b> Regent St <b>Barry</b> £116,000 Town centre location Lounge/diner Two double bedrooms Four piece bathroom suite Forecourt & garden, No chain Great FTB or BTL investment	 <b>NEW</b> Merthyr Dyfan Rd <b>Barry</b> £140,000 Located opposite Woodlands Semi detached family home Three double bedrooms Living/dining room Conservatory Gardens & parking	 <b>NEW</b> Glanfa Dfydd, Barry Waterfront <b>Barry</b> £200,000 Duplex penthouse Waterfront location Balcony with stunning views Two double bedrooms Kitchen/diner Living room & study Must be viewed	 <b>NEW</b> York Place <b>Barry</b> £195,000 Superb location Substantial family home Four/five beds & two/three receptions Two bathrooms & ensuite Gardens & garage
 <b>NEW PRICE</b> Newland St <b>Barry</b> £165,000 Town centre location Three storey house Double bay fronted Kitchen/breakfast room Five piece bathroom South west facing garden	 <b>NEW PRICE</b> Poplar Court <b>Barry</b> £109,995 Cul-de-sac location Rarely available Semi detached house Two bedrooms Contemporary kitchen Living room, Driveway and garden	 <b>NEW PRICE</b> Mountbatten Road <b>Barry</b> £132,950 Superb Location End of Terrace Two bedrooms Living Room Bathroom & WC Rear Garden & Driveway	 <b>NEW PRICE</b> Dock View Road <b>Barry</b> £120,000 Duplex Apartment Two Bedrooms Lounge with a mezzanine level Fitted Kitchen, Gas Central Heating NO CHAIN <b>Barry Branch</b>	 <b>NEW PRICE</b> Barry Road <b>Barry</b> £349,950 Ideal for Investors Off Road Parking 15 Bedrooms En-Suite Rooms Office Space <b>Barry Branch</b>	 <b>NEW PRICE</b> Merthyr Street <b>Barry</b> £110,000 Immaculately presented Mid terrace house 22 Foot lounge/dining Loft room Fitted kitchen, Brand new boiler Master bed with study room
 <b>NEW PRICE</b> Cornwall Rise <b>Barry</b> £112,000 Perfect starter home Two bedrooms End of terrace Good sized garden Raised decked area Living room No chain	 <b>NEW PRICE</b> Rhodf'r Gwagenni <b>Barry</b> £100,000 Top Floor Apartment Juliet Balcony NO CHAIN Two Bedrooms Allocated Parking	 <b>NEW PRICE</b> Glanfa Dafydd <b>Barry</b> £115,500 First Floor Apartment Two Bedrooms En Suite Lounge/Diner Balcony/ Partial Water Views	 <b>NEW PRICE</b> Castleland St <b>Barry</b> £112,000 Sought after street Bay fronted house Through lounge Three double bedrooms Close to amenities No chain	 <b>NEW LAUNCH SAT 5TH SEPT</b> Rhoda Sweldon <b>Barry</b> £210,000 Detached house Three bedrooms Bespoke kitchen Full width conservatory Garage & driveway	 Richard Street <b>Barry</b> £100,000 Mid terrace house, Town centre location Two double bedrooms Living/dining room South facing garden Good FTB or BTL. No chain.

# Lacklustre effort sees Bridgend Athletic defeated



**Ffion and Megan shine as Wales' girls land touch rugby title!**



**FFION REVILL (Brynteg Comprehensive School) and Megan Webb (Bryntirion Comprehensive School), both 14-years-old, were selected to play touch rugby for Wales under-18s girls in the European Junior Touch Rugby Championships in Nottingham on August 22/23.**

It was the first year the girls competition was run, with Wales also taking a boys and mixed under-18 team to the tournament.

The girls faced opposition from England, Ireland and a European select team. Day one saw the girls play four group games - in the opening match Wales beat Ireland 9-0.

Game two saw Wales beat European Select 8-1 with Megan scoring two tries and Ffion scoring one. The third game of the day was a tough match against the hosts England, with Wales running out 4-3 winners.

The final game of the day saw the girls beat

the European select team 4-2, leaving Wales top of their group going into day two.

Day two started with a 7-0 victory over Ireland with Megan scoring a try. The final group game saw Wales beat England 5-3, setting up a semi-final against Ireland.

Once again Wales came out on top beating Ireland 5-1. The final saw Wales play against England and in a close-fought final Wales ran out 3-1 winners to become the inaugural winners of the under-18 girls junior touch rugby championships, finishing the tournament undefeated.

In addition to winning the tournament, Megan won the most valuable player award for the Welsh team.

Wales took a clean sweep of titles with the boys and mixed team both beating the England teams in their respective finals.

This was the first experience both girls had of playing touch rugby as they usually play 15-a-side with the Cardiff Quins; both sets of parents are proud of the girls' achievement at such a young age.

**IN perfect conditions at the Brewery Field the first passage of play in this game between Bridgend Athletic and Glynnneath was frantic, with four minutes of unbroken cut and thrust rugby.**

Five minutes later Glynnneath should have scored when their centre cut through the middle from a lineout and only had the full back to beat, but threw a very wayward pass to his supporting player which was knocked on.

Two minutes later Athletic outside half Scott Govan was sin binned for a deliberate knock on. This led to several pressure situations in the Athletic 22 which they managed to clear.

A penalty to touch gave the Ath a good foothold in the Glynnneath half but they lost the ensuing lineout.

After 16 minutes the Athletic tapped a loose ball back from a Glynnneath put in which landed them in trouble.

The Glynnneath hooker pounced on the ball and ran straight and hard, sucked the defence in, and they swiftly recycled possession, enabling their numerically superior backs to complete the formality by putting full back Chris Moore over in the corner. The conversion failed.

Athletic full back Danny Howells, in his first game of the season, suffered a leg injury and was replaced by scrum half substitute Aled Thomas, forcing a reshuffle in their back

division.

Approaching the half hour mark, an almost endless series of scrums on the Ath five yard line, with the put-ins swapping back and fore, eventually resulted in a pick up and simple try for Glynnneath's eighth, Stuart Leach; Lloyd Thomas converted.

At this stage

Glynnneath had much the better of proceedings but the Athletic lived up, only to concede another Lloyd Thomas kick after holding back a player in a Glynnneath breakaway.

Athletic winger Lewis Evans responded with a penalty of his own to leave the half-time score at 15-3 to the visitors.

The game degenerated into a scrappy affair and the absence of several key players for the

Athletic was proving costly. They were making far too many errors and seemed incapable of getting out of the malaise that struck them.

Lewis Evans and Lloyd Thomas exchanged two penalties apiece in the early part of the half before the Athletic upped the tempo in search of the bonus point.

With a minute to go the pressure resulted in a yellow card for Glynnneath and, in the next play, Athletic number eight Dan Apsee crashed over under the posts for a try converted by Lewis Evans, the final score 21-16.

This was an unusually

lacklustre performance

by the Ath, struggling at

scrum time against a

bigger pack, and they

will have to improve for

their home game against

Beddau this Saturday.

MD

## BRIDGEND BRIDGE CLUB

**THE new beginner lessons that are now running will take place from 11.30am-1.30pm.**

The results for recent events are: Wednesday, September 23 - 1st Rob Forman and Alan Heath, 2nd Steve Burgoyne and Ann Fox, 3rd David Bowen and Dave Crompton. Winners on handicap David Bowen and Dave Crompton.

Thursday, September 24 - 1st Emer Disley and Debbie Lea, 2nd Rosalie Clode and Glyn Williams, 3rd Dilys Bowser and V Irene Thomas. Winners on handicap Dilys Bowser and V Irene Thomas.

Friday, September 25 - 1st Linda Pinnock and Denis Mottram, 2nd Steve Burgoyne and Bill Turner, 3rd Irene Thomas and Jennie Vaughan.

TG



## JUNIOR TEAM ARE HELPED OUT BY RESTAURANT CHAIN

**BRACKLA Junior Football Club's under-12s will start their first ever competitive league with brand new kit thanks to American restaurant, The Smoke Haus.**

The restaurant, which has two venues in Cardiff and Swansea, has sponsored the junior team who were growing out of their old shirts and were in desperate need for new kit to start the season.

Owner of The Smoke Haus, Mark Power, said: "Every football

team needs a kit that fits and looks good. Julian, the team's coach, designs our website and he mentioned that the boys were growing out of their kit - so we donated £300 so the whole team could get a shirt."

"It's only something little from us, but we can see it means the world to the players. Having played in various sports teams through the years, I know how your kit makes you feel part of a team. This is even more important when you're playing in a league."

Julian Fricker and Stuart Parfitt

both coach the under-12 team which played their first match in their new kit in the Bridgend Junior League this month.

Julian said: "We're really grateful to Mark and everyone at The Smoke Haus for their support. We have some really talented players on the team with the potential to go really far."

"Sponsorship is vital for grassroots football, a lot of time and equipment is donated but it's important to make sure the training sessions and matches happen."

## Pencoed RFC suffer a loss against Ammanford

**PENCOED conceded a soft score in the opening minutes in this game against Ammanford, home scrum half Gareth Rees breaking a tackle to score wide out.**

Pencoed outside half Adam Williams then kicked a 35-metre penalty goal before centre Rhysdian Morris increased their lead to 8-3 with a penalty.

The Pencoed scrum half at this juncture was on top and providing a solid platform which was responsible for their next two first half tries.

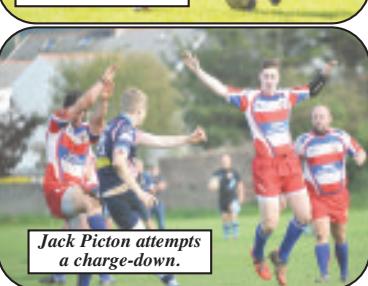
Following a couple of missed penalty opportunities and with Pencoed on the offensive they then chose the lineout option which was to pay dividends, second row Dano Howells taking the close up lineout before hooker Tom Drew emerged from the drive having got the touchdown; Williams converted for a 10 points to 8 lead on the half hour.

Back row forward Rhys Pope then put Pencoed back on the attack from the restart with a couple of forceful runs, and with the home side picking up a yellow card, Pencoed capitalised, again driving over from the lineout, second row Ricky Somers this time the beneficiary, just reward for the hard-working second row forward, who was later forced to leave the field with a leg injury.

Pencoed then almost last say on the field with a leg injury. Despite picking up what has become a bad habit to date, the dreaded yellow card, to their credit Pencoed had the got another, wing Richie scoreboard, Marc Davies Samuel just failing to at fly half making the



Adam Williams kicks through. (PICTURES BY JULIE HANCOCK).



Jack Picton attempts a charge-down.

initial break for supporting centre Gareth Dyer to put Williams over, who, now at full back, added the extras for a final match scoreline of 41-22.

Pencoed will reflect on a performance where their first up tackling and choice of kicking option had let them down; however there were positive signs over the course of the game, which in the longer term and with a full squad to select from they will come to terms with their new league status.

Meanwhile hard work on the training ground is paramount.

### MUMBLES YOUTH 13, PENCOED YOUTH 27

**In what was described as a somewhat lacklustre performance, the all round team work of this developing Pencoed youth side**

brought them through against the Swansea seassiders in this Ospreys league match.

Rhys Butler led the try scorers with a brace of tries, skipper Liam Parrish, Griffith Davies and Jack Pope also getting tries, and Cameron Fyvie Davies adding a conversion.

Pencoed once again used all their squad members on the day with half backs Callum Palmer and Fyvie Davies chosen by match observers for mention following good displays.

These are early days of course in the Ospreys OA League; however Pencoed, having played two, won two, sit on top of the table with nine match points.

At the time of going to press Pencoed youth entertain Tonmawr youth on Saturday, 2.30pm kick-off. TR

# DON'T DO IT YOURSELF... ....CALL A PROFESSIONAL FROM OUR A-Z LIST!

Advertisers please note : deadline for Classified Section is Fridays (to appear in the following week's edition). 01446 774484. email: samantha.miller@tindlenews.co.uk

## Aerials, Digital & Satellite

### One Vision LTD

**DIGITAL AERIAL & SATELLITE SERVICES INSTALLATIONS**

**Free Sky TV Dish & Sky Box Installation**  
Ring for Latest Subscription Package Deals  
£10 CASH BACK for any New Sky Customer Taking a Subscription Package

**SKY Repairs, adjustments and installations.**  
• Domestic & Commercial  
• Discounts for Oaps  
• 24 Hour 7 Days Service  
• 12 Month Guarantees  
• ROI Approved Installers

**FREE ESTIMATES SAME DAY SERVICE**

**Call Paul Williams**  
**Cowbridge 01446 439 306 Bridgend 01656 349 281**

**www.onevisionltd.co.uk**

## Blinds & Curtains

### Comfort & Shade at the Touch of a Button

**Motorisation from Solar**

Bring style and efficiency to your home using motorised blinds from Solar. Get 15% off motorised blinds today and create a comfortable lifestyle at reduced cost.

Not only do you get a great deal, but home automation is a great way to cut energy bills too!

Get 10% off motorised awnings by Solar and bring a continental feel to your home TODAY!

**Barry 01446 438103 Bridgend 01656 349473**

Many other products & great offers can be found on our website visit [www.solarsunshades.co.uk](http://www.solarsunshades.co.uk) to find out more

**BLINDS • AWNINGS • SHUTTERS • MOTORISATION**

### VALE DIGITAL

**DIGITAL AERIAL & SATELLITE SERVICES**

**SPECIAL OFFER!!!!**  
DIGITAL AERIAL COMPLETE INSTALLATION FROM £60  
EXTRA ROOMS £20 EACH

TV WALL MOUNTING & TV SET UP & TUNE IN SERVICE  
ALL TYPES OF AERIAL & SATELLITES REPAIRED OR REPLACED  
Tel. TIM on 07974 065096 / 01446 793189 ANYTIME  
COMPETITIVE PRICES - FREE ESTIMATES - OAP DISCOUNTS - 7 DAY SERVICE  
COVERING ALL AREAS

### THE AERIAL MAN (Barry)

TV Aerial and Satellite Specialists

Poor Reception Problems  
OAP Discount  
Additional TV Points  
Digital Aerial Installation  
Freeview installations  
Free Home Visits  
Call today for your FREE quotation

LOCAL FRIENDLY PERSONAL SERVICE - ALL AREAS COVERED  
**01446 438 125 or 07818 413 451**

### 1st Digital Aerials

**Local Digital Aerial Specialist**  
Digital Aerials Installed & Repaired.  
Set Up and Tune In Service.  
Problems with:  
• Missing Channels - Freezing - Breaking Up  
Call Adrian on **07999 331 160** or Barry 01446 743267  
[www.1st-digital.co.uk](http://www.1st-digital.co.uk)

**SPECIAL OFFER - £60**  
Complete Installation plus £20 per extra room

### Building Services

**MASONWISE BUILDERS**  
01446 742928  
Established since 1979  
• Extensions  
• Disabled Grant Work  
• Roofing & Repairs  
• Conservatories  
• Patio & Drives  
No Job Too Small  
Free Estimates  
44 Newlands Street, Barry

TELE-ELECTRICAL SERVICING  
Specialist repairs in TV, Video, DVD & Audio. Installations, tuning and set-up service.  
Tel: (01656) 654156 or 07792 887835

Call 01446 774484 to advertise with The GEM, and reach 45,000 homes from Penarth to Porthcawl

## Accountancy Services

### Need an Accountant?

I have 32 Years Experience.  
Full range of accountancy services offered.  
Daytime & evening appointments.  
No VAT. Call Andrew 01446 439419.

## Building Services

### MIKE ANDERSON

(Builders extraordinaire)  
Experts in Listed Buildings

- Renovations
- Slate & Roof Tiling
- Timber Framed Houses
- Barn or Loft Conversions
- Conservatories
- UPVC Windows & Doors
- Wetrooms and all invalidity Bathrooms & Showers

01656 771870 / 07976 720368

### BARRY & VALE DAM & TIMBER TREATMENT

SOLVING ALL YOUR DAMP PROBLEMS

01446 420784  
07970 642537  
[www.barryandvaledamproofing.co.uk](http://www.barryandvaledamproofing.co.uk)

### STANTON CONSTRUCTION

All building work covered

- Roofing & Repairs
- Rendering
- Driveways
- Guttering
- Chimneys
- Extensions
- Disabled Bathrooms
- UPVC Windows & Doors
- Stairlifts
- All Electric Work

NO JOB TOO SMALL

Tel: 01446 711968  
07831 655429

**CALL US ON 01446 774484**  
for 'Don't Do it Yourself' enquiries - or email  
[samantha.miller@tindlenews.co.uk](mailto:samantha.miller@tindlenews.co.uk)  
to advertise your business on these pages.

## 3 GOOD REASONS

- 1 FREE Fitting
- 2 FREE Quotation
- 3 5 Year Guarantee

**Freephone:**  
**0500 295192**

Made in Wales.....Proud to be Welsh

One offer per Household - Selected Ranges Maximum 60"x60"

## BLINDS & CURTAINS

3 Vertical Blinds from £99

**Mirage Blinds**

### BLIND SALE!

# STARLINE

Awnings & Blinds

Unit 3 & 4, Western Industrial Estate, Caerphilly CF83 1BQ • [www.starline-blinds.co.uk](http://www.starline-blinds.co.uk)

**TEL (029) 2086 0631**

**GENUINE 15% OFF SALE\***

## Carpentry Services

### R GRIFFITHS CARPENTRY

All aspects of Carpentry work

Professional, friendly, caring service

- Kitchen Installations
- Flooring
- Doors
- Fencing
- Decking
- Bespoke Wardrobes

Contact Rhys on 01446 794801 / 07803 696451  
[www.rgriffithscarpentry.com](http://www.rgriffithscarpentry.com)

### Menzies Carpentry Services

KITCHENS, BEDROOMS & BATHROOMS SUPPLIED & FITTED

All aspects of Carpentry work undertaken

01446 760104 or 07917 102766 - Mark

## Computer Services

**AB COMPUTER SERVICES**  
TUITION - BROADBAND WIRELESS NETWORKS REPAIRS & INSTALLATION  
For home or office  
Tel: 07811 422 946  
27 High St, Cowbridge  
[www.cowbridge-it.co.uk](http://www.cowbridge-it.co.uk)

**HD Computer Solutions**

- All problems fixed
- Fast, reliable, on-site service
- Friendly advice freely given
- No fix, no fee
- Free callout

Tel 01446 333330

## Cleaning Services

**CCMS (Wales) Ltd**  
GUTTER CLEANING  
FASCIA WASH & WINDOW CLEANER  
01446 741460  
07830 480569

## Chimney Sweeps

**C.R. JOSE CHIMNEY SWEEP**  
HETAS REGISTERED  
WOOD & MULTIFUELLED STOVES SERVICED, INSTALLED & REPAIRED.  
Bird guards fitted.  
Telephone: 01446 792735 ~ Est 1965 ~

**Clear Soot Chimney Sweep**  
HETAS registered installer  
07890 857238

Efficient, reliable, no mess.  
Insurance certificates issued.  
[googleme@guildofmastersweeps.com](mailto:googleme@guildofmastersweeps.com)

# DON'T DO IT YOURSELF... ....CALL A PROFESSIONAL FROM OUR A-Z LIST!

Advertisers please note : deadline for Classified Section is Fridays (to appear in the following week's edition). 01446 774484. email: samantha.miller@tindlenews.co.uk

## Carpet Services



Professional, Reliable, Established. Prices you can't afford to miss out on. Plus...  
Stain & Odour Removal FREE with carpet clean  
**07930 157952  
01446 737695**

**STEVE SEGUST FLOORING**  
Carpet Fitting, Refitting & Repair Service Available ~ Est 1987 ~ Choose from the comfort of your own home. Free quotations, fitting, underlay and gripper. All types of flooring available with a huge range of samples to choose from. Best prices around. Call any time... 01656 768120 or 07774 807111

## Double Glazing

**STEVE MOLONEY**  
Double glazing repairs. Hinges, handles, misted up sealed units, complete repair service available. Established 1979.  
**01656 783594 or 07877 558525**

## All Double Glazing Repairs & Maintenance

pvc-V, Aluminium & Timber Windows

Bridgend Windows Maintenance

- Misted Units inc. Bevels & Stains
- Broken Handles/Hinges
- Door Locks Repaired & Upgraded
- Replacement Door Panels
- New Rubber Seals
- Fully Qualified Locksmith

**01656 788403**  
Mobile: 07515 860113  
www.bridgendwindows.com

## Electrical Services

**Dave Reffell Electrical Services**  
Domestic Installer Scheme Approved contractor Free Quotations  
**01446 751743  
07743 500149**  
d.reffell@hotmail.co.uk

**LK Electrical**  
All types of Electrical work undertaken. Testing, Inspection & Certification  
**ELECSA** Approved Contractor Part P  
**07891 965150  
01446 700182**

**A&C Electrical Solutions**  
Domestic Appliance repairs. Appliances not removed. Appointment times given Over 30 years experience Covering Penarth to Porthcawl Card payments accepted. **07732 264 803** 24 Hr

**ELECTRICAL REPAIRS**  
Washing Machines, Cookers, Fridge/Freezer, Tumble Dryers, Ovens, Hobs, Hoods. Built-in or Freestanding Appliances.  
**APPLIANCE CENTRE**  
01446 702067/730884

## Decorating

**NIGEL BOARDMAN**  
Tradesman, Painter & Decorator Advanced City & Guilds Est 1985 • Free Estimates  
**07803 571757**

**Quality Painters**  
Small local firm specialising in outdoor painting at very economical prices. Only brand name paints used. Free quotes.  
Tel 01656 741586 Mob 07704 535802

**D.GULLIVER** First Class Painter and Decorator Paper Hanging a Speciality  
• All Internal & External Work  
• No Job too Small  
• 35 Years Experience  
• Free Estimates  
Tel 01446 404506 Mobile: 07914 056255

**WELSH WINDOW SYSTEMS** Est. 1987  
Repairs to all UPVC & aluminium windows & doors  
**01446 738888  
07877 836798**

**JONES & JONES DECORATORS**  
Interior - Exterior Est 30 Years  
**01656 664337 or 07974 269384**

**TRUE COLOURS**  
Painter & Decorator Interior & Exterior City & Guilds Certified 25 years experience Wallpaper specialist Free Estimates Quality Guaranteed  
**07873 326 892  
01446 402 708**

Contact The GEM Classified Section on 01446 774484; or E-Mail Samantha at: samantha.miller@tindlenews.co.uk

## Gas Services

**Andrew Allen Gas & Plumbing Limited**  
A family run business for your family needs!  
safe  
INSTALLATION, SERVICING & BREAKDOWNS ON ALL GAS APPLIANCES. ALL PLUMBING WORK UNDERTAKEN. \*LADY GAS ENGINEER AVAILABLE\*

10 Year Warranty on New Boilers Subject to conditions  
Find us today on Facebook.  
**TEL: 07891 348113 and 07740 518131**

**R&T Tool and Plant Hire**  
WE SELL BOTTLED GAS  
Free Local Delivery and Collection  
Tel. 01446 771999  
Unit 20, Vale Business Park, Llandow  
www.randt.co.uk

**The GEM**  
01446 774484

## Gardening Services

### Arborwood Tree Care

- Tree Pruning • Crown Lifting • Tree Felling • Dangerous Tree Work • Pollarding • Deadwooding • Hedge Cutting
  - Tree Dismantling • Root Pruning • Ground Clearance
- Call us for a friendly, free quote, fully insured  
Tel: 07910 417471 or 01446 792262



**15% off** with this advert

**LUMBERJACKS** City & Guilds NPTC  
TREE & GARDEN SERVICES CITY & GUILDS QUALIFIED

**Call Dion on 01446 728197**  
We Serve Cowbridge, Bridgend, Barry & The Vale

- Tree felling
- Dangerous tree work
- Dead wooding
- Thinning out & stump removal (at reduced rate if we have removed tree)
- Hedges, Bushes & Shrubs
- Tree preservation orders checked for free
- Dismantling
- Pruning
- Pollarding
- Crown lifting

**WE WILL BEAT ANY GENUINE QUOTE**  
All garden work undertaken  
Free Estimate, Fully Insured, 8am to 8pm, 7 Days a Week

**NDP GARDEN and PROPERTY MAINTENANCE**  
Grass Cutting, Weeding Shrubs & Hedges Trimmed, Tree Felling, Fencing, Turfing, Gutters & Fascias Cleaned Drives, Patios, Roofs, etc. Power Washed.  
• Free Estimates  
• Reliable Family Team  
**01446 773935 or 07773 992704**

## Plastering Services

**Cowbridge & Vale PLASTERERS**  
All Interior and Exterior work Free Quotes  
Tel. 01446 774899 0781 685 7935

**GUY FORD Quality Plastering Service**  
Specialising in Coverage of Artex Ceilings FREE QUOTES  
**07812093098**

## Gardening Services

**Welsh Tree Felling**  
Local family business, taking care of all your tree surgery needs.

- Tree Felling & Removal
- Hedge Maintenance
- Stump Removal
- Pruning
- Crown Reduction
- Garden Clearance

Office: 01656 649487 Mobile: 07538 037848

## Llewellyn Garden Services

Mowing, Hedge Cutting, Fencing, Garden Clearance, Patio Washing  
Great House Farm Penllyn, Cowbridge  
Rob: 01446 775104 evenings  
Dave: 07890 712578

## Garage Doors

## Garage Door Problems?

Call your local experts for

- Speedy economical repairs
  - Maintenance
  - New doors
  - Automation
- Serving the local community for 25 years



**Call free on 0800 046 3552**  
www.garagedoors-direct.co.uk

## Handyman Services

**K & A Handyman**  
"A family run business"  
All aspects of general maintenance, carpentry, painting, decorating, carpet cleaning, gardening, garden & household rubbish clearance.  
No task too big or small, just ask!  
Contact: 07970 711879 or 01446 720840

## Plumbing Services

**G & M Plumbing & Heating**  
01446 623 353 or 07815 097 994 24hrs  
Combination Boiler Specialist  
Annual Boiler Service only £40  
For all your plumbing and heating requirements  
**All Work Guaranteed. Fully Insured. Fast, Friendly Service.**



## Clock Restoration

**ANTIQUE CLOCK RESTORATION**  
www.mjmclocks.co.uk  
01446 737466

## COMPLETE TREE MANAGEMENT

\* FREE QUOTATIONS  
\* FULLY TRAINED STAFF  
\* 24/7 EMERGENCY CALL OUT  
All Aspects of tree work undertaken  
**TEL: 01656 646017 MOB: 07813869615**



**Plumbing Services****JW Bathrooms**

- Plumbing • Tiling
  - Plastering • Wet Rooms
  - Free estimates
  - No job too small
- 01446 400225  
07866 470754**

**CHRIS DAVIES**

- Plumbing & Tiling  
Bathroom Installations
- 07723 024765**

**GASP Services**

- All aspects of Plumbing  
NO JOB TOO SMALL  
Competitive & Reliable  
**01446 796263  
07814 394378**



The GEM Advertisers please note : deadline for Classified Section is Fridays (to appear in the following week's edition).

**Roofing Services**

**01656 720551  
07973 488806**

**Roofing specialists****S. MIDDLETON & SON**

We cover all aspects of roofing including Firestone EPDM Flat Roofing Rubber Systems  
[www.middletonroofing.co.uk](http://www.middletonroofing.co.uk)

**ROOFTEC ROOFING SERVICE**

New slate/ tile/flat roofs. Also fibreglass flat roofs. All aspects of uPVC guttering, fascias, downpipes, etc. Chimney/ valley repairs. House maintenance work carried out. No job too small. Guaranteed competitive rates. Tel. (01656) 722593 Mobile: 07969 248688. Free estimates 24 hour emergency call out.

**Rubbish Removal****P.C.S LTD**

Rubbish Clearance Services  
Houses, Garages, Gardens, Shops CLEARED  
**FREE ESTIMATES**  
Tel: 01446 745698  
Mob: 07866 169825

**Storage****ATLANTIC SELF STORAGE**

Self Storage Containers & Lock-Ups sited in Barry  
[www.atlanticselfstorage.co.uk](http://www.atlanticselfstorage.co.uk)  
**01446 677648 / 07813 134123**

Contact The GEM  
Classified Section on 01446 774484;  
or E-Mail Samantha at:  
[samantha.miller@tindlenews.co.uk](mailto:samantha.miller@tindlenews.co.uk)

**School of Motoring****Cats Eyes Driving School Ltd**

SPECIAL OFFER Become a driving instructor & be your own boss! from £549 you can be working as an instructor with Cats Eyes in as little as 3 months.  
**0800 0280 406**  
[www.catseyesdrivingschool.co.uk](http://www.catseyesdrivingschool.co.uk)

**Tiling by Tanya**

- \* All aspects of wall & floor tiling
  - \* Ceramic, porcelain, natural stone
  - \* Friendly, professional service
  - \* No obligation free quotes
- 07814 124 851 or 01446 736760**

**Bonny Tiler**

Wall & Floor Tiling Specialists  
Full Bathroom and Wetroom installation  
Professional, Friendly & Reliable Service  
**01446 796582 / 07854 168459**  
[www.bonnytiler.co.uk](http://www.bonnytiler.co.uk)

**Wanted****SBS SALVAGE LTD**

Barry's newest car dismantling facility registered with the environment agency, DVLA & Vale of Glamorgan Council

**Free of Charge:**

- Light demolition
- Factory/Farm Clearances
- All grades of metal taken
- Ferrous or non-ferrous
- Household appliances
- Car batteries

**CALL US TODAY** [www.sbssalvage.com](http://www.sbssalvage.com) Monday to Sunday  
**01446 421034 • 07772 054534 • 07410 549526**

**WANTED****Classic/Old Car**

Any age, any condition, including an unfinished project or motorcycle. If it's in your garage or on your drive.

**Call Mark, cash waiting**  
**07425 139331/01446 794866**

**SUTTONS Auto Salvage**

TOP PRICES paid on collection, for scrap, MOT failures, and tax expired vehicles. Also body shells and scrap metals collected. No wheels, no problem.

**02920 597887  
07971 648596**

**WANTED for cash in all areas**

Cars, Vans, Lorries & Quads. In any condition running or not. With or without MOT, insurance loss or third party.

**£200 - £3000**  
Please ring anytime 7 days 9am - 10.30pm

**Office: 01446 732222  
Mobile: 07816 205895**

**Removal Services****Wolf & Vale Removals**

- House, office & student removals.
- Man with a van.

Mob 07855 892923  
Freephone 0800 669 6745

**U Direct I Collect Services**

Light removals  
All work considered  
Any Place - Any Time  
**07944 743932**

**Waste Disposal****Wolf & Vale**

- Garden clearance
- Site clearance
- Domestic & commercial waste management

Mob 07855 892923  
Freephone 0800 669 6745  
Wolf & Vale are licensed by Natural Resources Wales as Waste Carriers

**Video Services****Memorials in Motion**

Tribute Slideshows & Film  
**Amber Nichols**

Memorial slideshows by Memorials in Motion creates unique, precious and memorable tribute films and photo slideshows on USB/DVD to remember the life of a loved one who has sadly passed away. They may be played during a funeral service or after at the wake. They offer a beautiful way to honour and celebrate a unique & special life they are treasured keepsakes to pass down through the generations.

[www.memoralsinmotion.co.uk](http://www.memoralsinmotion.co.uk)

e: [memoralsinmotion@gmail.com](mailto:memoralsinmotion@gmail.com) m: 07918 017 797 t: 01446 781097

**Wood For Sale****OAKLANDS FIREWOOD****SEASONED SPLIT HARDWOOD LOGS & G30 CHIP**

LOCAL DELIVERY AVAILABLE  
TEL: ADRIAN LEAN ON 07976 727836

**Upholstery Services****Sofa icon Ltd.**

Sofas, Chairs, Footstools, Scatter, and Headboards.

Repairs, Re-Upholstery undertaken. Top quality, Quick turnaround, Designer fabrics, Free estimates.

Showroom:  
14c Western Avenue, Bridgend Industrial Estate. CF31 3RT  
FREE COLLECTION & DELIVERY WITHIN THE GEM AREA  
**01656 653004** [www.sofaicon.co.uk](http://www.sofaicon.co.uk)

**Funeral Directors****Park Funeral Directors****IT'S ALL ABOUT THE FAMILY.**

- Totally independent funeral directors
- 24 hour attention, arrangements for weekends & evenings
- Private Resting Rooms
- Loved one remains in our care in Barry
- Male and female professional staff
- Mercedes cortège fleet
- Award-winning funeral planners



Call us on  
**01446 421212**

[www.parkfunerals.co.uk](http://www.parkfunerals.co.uk)  
7, Tynewydd Rd, Barry,  
Vale of Glamorgan, CF62 8HB

**Green Willow Funerals**

Family Centred Funeral Services  
All profits donated to a local charity

We are here to offer simple unbiased advice  
**when you need it most**

We specialise in helping you with  
your **exact** needs & budget

- Traditional & Eco Friendly Funerals
- Pre-Paid Funeral Plans

Serving Denbighshire, Powys, Flintshire, Barry & The Vale.  
Your Funeral Director Hayne Parlour is here to help.  
21a, Station Road, Denbigh, CF44 4NF  
Telephone - 0393 514627



**Recruitment**

**A 59 year old man in Barry is looking to employ a Personal Assistant for 10 hours per week.**  
He has an acquired brain injury resulting in déjà vu and absence seizures.  
Experience would be preferred but not essential and training can be provided. He would like to get out into the local community, go swimming, visit local cafés, etc.  
You must be friendly, sociable, a car driver and undertake a DBS check (no cost to you), £8.50 per hour, plus mileage allowance if applicable.  
Please visit [www.dewiscl.org.uk/recruitment\\_email](http://www.dewiscl.org.uk/recruitment_email) or [recruitment@ewiscl.org.uk](mailto:recruitment@ewiscl.org.uk) for more details.  
Ref number VOG283. Charity No. 1098229.

**Due to expansion Cherish Cymru requires Home Care Workers**  
to cover **Barry, Cowbridge & Llantwit Major**.  
Own transport essential. Full time availability required. Hours ranging from 7am to 11pm.  
Contact Robin Kiff on **01446 772904**  
[or cherishcymru@hotmail.co.uk](mailto:cherishcymru@hotmail.co.uk)

**Cowbridge with Llanblethian Town Council TOWN CLERK/RESPONSIBLE OFFICER**  
Salary: Scale LC2 (Points 26-38) £22,937 - £32,778 (Dependent upon Experience) - Full-Time (37 hours)  
The Town Council is seeking to appoint a new Town Clerk/RFO working from the Town Clerk's Office, at the Town Hall in the centre of Cowbridge. Applicants must be able to demonstrate that they have experience of administrative and financial management; excellent literacy and communication skills and competent and up-to-date IT skills. CVs will not be accepted.  
For further details of the post, job description and application form please email:  
[enquiries@cowbridge-tc.gov.uk](mailto:enquiries@cowbridge-tc.gov.uk) or telephone 01446 773385.

**CLOSING DATE: Wednesday 12 Noon 14 October 2015**  
**INTERVIEWS: Wednesday 21 & Thursday 22 October**  
Cowbridge with Llanblethian Town Council is striving to be an equal opportunity employer and welcomes application from all sections of the community.

**Family Notices****JENKINS**  
**Graham Lewis**

On September 27 at Holme Tower, Penarath, Graham Lewis, aged 87 years. Retired Senior Probation Officer of Barry. Dearly loved husband of Audrey, much loved father of Katherine and Caroline, father-in-law of Gordon and Robert, cherished grandfather of Sophie, Harriet, James and Dominic, great grandfather of Arthur and Lewis.

Funeral service and interment 12 noon on Saturday, October 3 at St Cadoc's Church, Llancarfan. Family flowers only, donations in lieu, if desired, to Llancarfan Church c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan, CF62 3DZ.

**Funeral Directors**

**W. A. Brown & Son**  
Funeral Directors  
• Pre-paid Funeral Plans  
• Memorial Masonry  
Pembroke House  
College Street, Llantwit Major  
01446 792 488  
[www.wabrownfuneraldirectors.co.uk](http://www.wabrownfuneraldirectors.co.uk)

181  
Court Road,  
Barry  
CF63 1EX

**LYNDSEY ELLIS @**  
**THE VALE FUNERAL SERVICE**

**A PROFESSIONAL & PERSONAL SERVICE TO THE HIGHEST STANDARDS**  
**FAMILY OWNED & RUN BY HUSBAND & WIFE LYNDSEY & NICOLA**  
**SERVICE CHAPEL WITH SEATING FOR UP TO 400 PEOPLE**  
**FULLY QUALIFIED & EXPERIENCED MEMBERS OF STAFF**

[www.valefuneralservice.co.uk](http://www.valefuneralservice.co.uk)

**Family Notices****BARBER**  
**William John**

Peacefully on September 22 at Llandough Hospital, Bill of Llantwit Major. Dearly loved husband of Jean and much loved father of Annette, Jackie and Robert. He was a much loved grandfather and will be sadly missed by all his family and friends.  
Resting at W.A. Brown & Son, Llantwit Major until the funeral service in St. Illtud's Church on Friday, October 16 at 2pm, followed by interment at Bovertex Cemetery. Family flowers only but donations may be made to Help for Heroes c/o the Funeral Home (cheques only).

**THOMAS**  
**David Charles**

Unexpectedly on September 21 at his home in Llantwit Major, David in his 91st year, beloved husband of the late Margaret, dearly loved father of Yvonne and Beverly, father-in-law of Kelvin and Phil, much loved grandfather of Nicky-Jane, Debbie-Anne, David and Nicholas, grandfather-in-law of Andy, great grandfather of Jaimee-Leigh, Billie-Joe, Phoebe and Eloise. Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Wednesday October 7, service and cremation 2pm at Cardiff & Glamorgan Crematorium, Barry. Family flowers only may be sent to the Funeral Home, donations in lieu, if desired, to Parkinsons Disease Society c/o J James, 11 Fonmon Road, Rhoose, Vale of Glamorgan CF62 3DZ.

**DAVIS**  
**Gordon**

Suddenly at home on September 22, Gordon, beloved husband of the late Elaine, loving dad and grandad.

*Gordon will be missed by all his family and friends.*  
Resting at the private funeral home of The Vale Funeral Service, 181 Court Road, Barry until his service on Monday, October 5 at Cardiff & Glamorgan Crematorium, Port Road East, Barry at 2pm. Family flowers only please, donations can be made at the service or via Gordon's online tribute page at [www.valefuneralservice.co.uk](http://www.valefuneralservice.co.uk) to support Marie Curie Hospice, Penarth. Further enquiries to Lyndsay Ellis@The Vale Funeral Service, 01446 407962.

**JONES**  
**David Gareth**

Passed away September 24 at the Waverley Care Centre after a bravely fought illness. Will be sadly missed by his beloved wife Margaret and sister-in-law Julie. Father of Graham, the late Timothy and Louise. Grandfather to Anthony, Michael and Philip.

Resting at Park Funeral Directors, 7 Tynewydd Road, Barry until the service at noon on Tuesday, October 6 at Cardiff & Glamorgan Crematorium, Port Road East, Barry. No flowers please but donations, if desired, given to Marie Curie Cancer Care or Cancer Research Wales c/o Park Funeral Directors or can be made at the service.

**HANLON**  
**Vince**

Margaret and family would like to thank everyone who attended the celebration of the life of a wonderful man. Thank you for all the cards, flowers and donations of £300 for "Vale Plus". A special thank you goes to Lyndsay and staff and a big thank you goes to Tony Leeson for giving the uplifting service.

**Property**

**SELL YOUR HOUSE FAST**  
• No upfront fees!  
• Any condition!  
• Stop repossession!  
• Confidential!  
Call Julie now on 07510 641340

**TO LET**  
Sales &  
Letting Office  
15 High Street, Barry.  
Tel: 07866 497 324

**EVANS**  
**Evan Dilwyn**

Peacefully but suddenly at his home on Wednesday 16th September 2015. Dilwyn of Ynysdu, Pontyclun, will be sadly missed by all his family and friends.

Resting at Pontyclun Funeral Services Private Chapel of Rest until the funeral on Monday October 5. Service at St Paul's Church, Pontyclun at 12pm, followed by interment at Maesteg Cemetery at 1.30pm. Family flowers only by request, donations in memory of Dilwyn may be sent to British Heart Foundation c/o Pontyclun Funeral Services, Clun Avenue, Pontyclun CF72 9AG, 01443 224358.

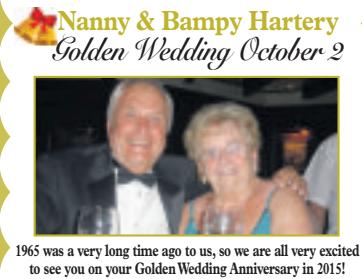
**Anniversaries**

**Golden Wedding**  
October 2 1965-2015

**Alan & Christine Hartery**

Wishing our wonderful parents a truly amazing Golden Wedding Anniversary and we cannot wait to help you celebrate.

*Love always - Paul & Claire, Mark & Helen xxxxx*



**Nanny & Bampy Hartery**  
Golden Wedding October 2

1965 was a very long time ago to us, so we are all very excited to see you on your Golden Wedding Anniversary in 2015!

*Love always - Ben, Nathan, Christian & Megan xxxxx*

**Birthdays**

Happy Birthday my darling "Roo" wishing you a wonderful day.

We love you so much from all your family here and in Argentina xxx



on 3 October.

Have a

fantastic day!

Love Alex,  
Rebecca,  
Shannen  
and all  
the family xxx

**HAPPY 30TH BIRTHDAY**

to our grandson  
**Jamie Ball**

on 6 October  
**'Have a good one!'**

All our love always  
Nan & Gramps xxx

**The GEM**

To advertise your  
**situations vacant, family notices, birthdays, anniversaries, etc**  
**Call Sue on 01446 774484**  
email: [gemsales@tindlenews.co.uk](mailto:gemsales@tindlenews.co.uk)

**Thank You****A Big Thank You**

**Rosalie Fido** would like to give a big thank you to her fantastic family and to all that helped celebrate her 80th birthday. She was overwhelmed by all the cards, flowers, gifts and good wishes. She hopes you enjoyed it as much as she did.

*Rose*

**Sheila Pritchard**

Would like to thank the firemen for the fantastic care they gave her when another person drove straight at her in her car, also the police and all involved who assisted at the scene and at the hospital. As her car was so badly damaged and is now a write-off.

# COWBRIDGE UNDER-10s TAKE DISTRICT TITLE



**IN bright September sunshine, Cowbridge RFC under-10s took two teams, the Bears and the Antelopes, to the district tournament in Llandaff, with a total of 20 teams competing for the prestigious trophy.**

In their pool, the Bears were first up against Llandaff B. We were caught napping and lost against a strong unit 4-0, but this was the low point of the day, with a scoreless draw against Llanwit Major, a 1-1 draw against Old Pens B, with L Thomas bursting through the middle from close range and Joe Davies closing off the pool matches scoring in the corner for a 1-0 win against Fairwater.

Narrowly missing out on a top two finish, the Bears went through to the quarter finals of the knock-out Cup competition, where they came through a close match 2-0, with Henry and Harry adding to their try count against our friends Pentyrch. The team came up against

knock-out Plate competition.

The Antelopes' first game in their pool was against Llandaff A, where we won 3-0, with try scorers Henry Davies, George Tuckley and Osian Bruce. Next up was Old Pens A, who we beat 6-0, try scorers, two each for Harry New, Osian Bruce and George Tuckley.

We then played CRICC, running out winners 3-1, with tries from Henry and two more from Harry. The final pool match was against Clwb Rugby, which we won 7-1, with a hat-trick of tries for both James Lord and Harry, and one for Ben Stephenson.

Topping the pool, the Antelopes went through to the quarter finals of the

Llandaff B in the semi-final, winning 3-0, with another try for George and two more for in-form Harry, so progressed through to the final against unbeaten Llanishen.

The Bears' opponents in the quarter finals had already left, so we had a bye into the semi-finals, for a place in the final of the Plate. This was a match too far for the boys, and with the injury count increasing, we lost to a well-tuned Llandaff A side. The boys left it all out on the pitch and should feel very proud.

The Bears picked themselves up and went straight over to the other pitch to cheer on the Antelopes, who were just about to kick off in the final of the Cup.

This was a tough game for both sides after such a long day of physical

rugby. Neither side gave an inch with some ferocious tackles from both teams, the majority of the first part of the game taking place in the middle of the pitch.

Slowly our forwards started forcing Llanishen back and the ball went out to Harry on the wing, who weaved his way through to open the scoring for Cowbridge.

Llanishen then had a break of their own, with Jake Davies making a try-saving tackle but the forwards were not about to allow their line to be breached. Ioan Phillips, Joe Arentson, Henry Whitehouse, James Lord, Jake Davies, Ben Stephenson, Charlie Berkley-Smith, Joe Davies, L Thomas, Will Brennan, Paddy Whistone, Josh Canning, Jacob Robson, Wil Martin, Corey Williams, Ollie Gale and Joseph Funtek.

AL



## Vale Karate pick up medals at event

**EVENT three of this season's Welsh Karate League, held at Penarth Leisure Centre on September 27 was another hugely successful one for Vale Karate, as the**

**squad won nine gold medals, 12 silvers and 14 bronzes.**

Vale Karate's classes for young people with disabilities and special needs delivered four medals in the special needs category with Bradley James taking the gold medal in the under-14 category, ahead of Jared Butcher

in silver medal position, with Lucas Widdrington winning the bronze medal. Asa Madsen took the silver in the 14 years plus category.

Josh Dwyer and Harrison Williams, competing as the Vale Vipers, remained unbeaten this season in the pairs kata event, taking their third straight gold medal, beating their team-mates Max Baker and Jack George (the Vale Falcons) in the final.

Neither Finnian O'Donovan nor Sam Stacey managed to progress to the individual medal positions in the under-12s; however they were on fire in the team event

the edge and rewarded by the gold medal; Emma Squire took the bronze medal.

Chiara

went on to

take two further medals, a bronze in the under-12 kata and a silver in the under-12 girls kumite.

Little Greg James always has to battle bigger opponents, but this little warrior lacks nothing in determination or bravery and against the odds took the gold medal.

Team-mate Nathan Shepherd, silver medallist in WKL I and champion in WKL II, took the bronze to hold a full set this season. Nathan also took an under-10 kata bronze.

Jack George overcame the odds to beat his illustrious team mate Josh Dwyer, the newly-crowned British International Open Champion, in the final of the under-14 boys kumite to take the gold medal.

Vale Karate entered competitors in 22 categories, earning medals in 20 of those.

There are several events on the horizon with the next WKL

event; WKL IV taking place in Bridgend on November 1.

Pictured above, from left, are: Angel Manayani (5), Amelie Fisher, Talia Efstatiou (7) and Daisy Vann (8).

RC

## Presentation night at Romilly Bowls Club

**BARRY Romilly Bowls Club ladies' and men's sections will hold their annual presentation night this Saturday at the BP Club, Market Street, from 7.30pm with live music once again from Norman Pereira.**

After last year's inaugural presentation night, which was enjoyed by all, this year is expected to be even better, especially as Romilly men are the new champions of the First Division of the Cardiff Municipal League (CML).

The club's A side also won the fifth division and the SVLA Cup, plus the midweek teamclub which has never won a league division before in its 107 year history.

The presentation night is to honour bowlers who have won competitions this season, and the recipients are as follows:

### Ladies' Competitions:

Champion Singles – runner-up Myra Newman, winner Beryl Holmes; Novice Singles – runner-up Lynne Lafford, winner Gaynor Taylor.

Handicap Singles – runner-up Rita Jones, winner Myra Newman.

2 Wood Pairs – runners-up Lynne Lafford/Jac McPherson, winners Angels Horth/Judy Davies.

4 Wood Pairs – runners-up Angela Horth/Jan Noble, winners Gaynor Taylor/Myra Newman.

Triples – runners-up Ann Haines/Alma Shepherd/Beryl Holmes,

winners Shirley O'Donovan/Diane Wyatt/Myra Newman.

Rinks – runners-up Ann Haines/Angela Horth; Judy Davies/Myra Newman, winners Faye Woolcock/Anne Johnston; Marilyn Werner/Norma Goodrich.

### Men's Competitions:

Championship Singles – runner-up Phil Gershenson, winner Jeff Wright.

Mottram Singles – runner-up Dave Noble, winner Jeff Coles.

Tim Evans Singles – runner-up Mike Gronow, winner Jeff Coles.

Handicap Singles – runner-up Mel Newman, winner Judy Wright.

Two Wood Singles – runner-up Mel Newman, winner Jeff Wright.

Four Wood Pairs – runners-up Jeff Coles/Fred Phillips, winners Gwynne Rees/Rhys Phillips.

Triples – runners-up Colin Davies/Mike Gronow/Rhys Phillips, winners Jeff Coles/Des Bannister/Paul Clarke.

Rinks – runners-up Des Bannister/Alf Woolcock; Rhys Phillips/Roger Jones, winners Colin Davies/Terry Bloomfield; Brian Cheal/Mike Doyle.

### Mixed Competitions:

Two Wood Mixed Pairs – runners-up Des Cameron/Myra Newman, winners Jacquie McPherson/Mel Newman.

Mixed Rinks – runners-up Shirley Donovan/Alan Bannister; Jo Jeeves/Mike Doyle, winners Phil Herbert/Margaret Lalonde; Kelvin Mills/Myra Newman.

## Game of two halves as Athletic are knocked out

**LEADING 1-0 at half-time with a goal from Teejay Caton the Athletic**

**felt that they were in control of this well-attended South Wales Intermediate Cup first round match against Splott Cons Old Boys.**

With Frank Roe and Ben Pearce stepping into the squad and not looking out of place, the general feeling for the half-time team talk was more of the same and the Athletic would be looking out for the second round draw!

Splott came out of the traps like a greyhound at the start of the second half and Athletic were in turmoil. Two goals in quick succession and a red card for an Athletic midfielder the tables

turned rapidly. The rest of the game saw Splott constantly on the attack and the inevitable came with another three goals and another red card for the Athletic, finishing the game with nine men.

A disappointing end to what could have been a great return to the Athletic ground; thanks to all supporters that turned out and to Ben Jones Building Contractor for sponsoring the match ball.

Athletic have a community open day this Saturday, October 3 - anyone that is interested in becoming involved with a local club at any age can join us. Please feel free to come along to the Athletic ground where there will be football matches from 10am until 4pm.

AG

## Articles For Sale

**ADVERTISE HERE £12 inc. VAT - box for 2 weeks. To take advantage of this offer simply either send in your description along with a cheque for the appropriate amount made payable to 'The Glamorgan GEM' at The GEM, Craig House, 53 Eastgate, Cowbridge CF71 7EL or telephone us with your wording by 12 noon Tuesday. All major credit cards accepted. Tel 01446 774484. Advert must contain a residential land**

### Slimline Stairlift

Fitted guaranteed by local engineer

£750  
01446 711739

### Karcher Pressure Washer K3 575 120 Bar

2 years old and top of the range

with T-Placer, Brush foam wash and much more.

Bargain.

£120 ono

01446

7945410

### Hand-crafted 2 tone 3 piece suite

Happy crafted 2 tone 3 piece suite, loose seat cushions, brand new, £1400 would accept £420. Can deliver. 39

07340816867

### BRAND NEW

UPVC Double-glazed windows, various sizes. Frames and glass, reasonable offers accepted, warmseal windows. Barry

01446 736392

ON AND OFF THE TURF with Brian Lee

# Brian's 50 years between the flags!

**W**HEN the new point-to-point season gets under way in a couple of months' time, The GEM's Brian Lee will have been covering the sport known as racing between-the-flags, for half-a-century.

Brian first started reporting on the Welsh hunt racing scene for the Horse & Hound, Western Mail, The Sporting Life, Racing Post, The GEM and many other national and local newspapers.

With the help of his book, *The Races Came Off – The story of point-to-point racing in South and West Wales*, Brian looks back to the very first meetings he covered back in 1966:

I wonder how many racegoers at the Cheltenham National Hunt festival meeting of 1966, watching *Snowdra Queen* sprinting away from *Mr Worth* in the United Hunts Challenge Cup, realised that, but for a quirk of fate, Bill Jones, who was plugging away on *Mr Worth*, might well have been riding the winner?

*Snowdra Queen's* owner, Mrs Jackie Brutton, had travelled to Wales two years earlier to buy what she thought to be the best point-to-pointer in the principality – *Mr Worth*. But *Mr Worth's* owner, Jack Thomas, of St Athan, turned down her offer of £3,000, so she settled for what was rated the second best, *Snowdra Queen*.

Had *Snowdra Queen* stayed in Wales, then no doubt Castleton's Bill Jones would have continued to ride her. Bill Jones, who in the course of his long riding career suffered many injuries, including a broken leg, a cracked collar bone, a twisted stomach and various other smaller injuries, landed his 100th winner at the Llangeinor evening fixture at Penllyn (I believe this was the first meeting I reported on).

The victory came in the men's open race when he partnered Owen Stephens' *Double A* to a four lengths win over *Paloma Bridge*. Besides winning two other point-to-points this season, *Double A* scored in a hunter chase

at Taunton.

A notable absentee in ladies' races was *Tarpan*, who had dropped dead after running in the ladies' open race at the north Hereford meeting the previous season.

So it was left to *Andy II* and *Ridgeway Cross* to share the honours. The former had eight races and the only time he failed to finish out of the first three was when slipping up on a bend in his final race of the season.

*Andy II*'s first success came at the Tredegar Farmers, at Lower Machen, when beating *Zut* and *Blandalink*.

*Andy II* also caused a surprise at the Ross Harriers when accounting for *Trixie VI* and *Athlonian*.

At the Pentyrch at Llanharry, *Andy II* got up in the last few strides to beat *Ridgeway Cross*.

The fourth win was at the Currie at Howick, and was one of the most thrilling races of the season.

*Witty Tom* ran in the Welsh Grand National at Chepstow, but fell two fences from home when in the rear.

He did win a hunter chase at Hereford, however, beating *Silver Fortune* and *Trunks*.

*Trunks* rewarded his followers with a long-priced win in a hunter chase at Warwick when ridden by his owner/rider Rhys Williams father of Llancarfan trainer Evan Williams.

A couple of years later, Evan's mother Mary, now Mary Evans, had her first win on *Trunks* in the members' race at the Glamorgan Hunt Point-To-Point.

The biggest surprise of the season came at the Pentyrch Hunt Steeplechases at Llanharry when 13-year-old *Old Beauty*, who had not seen a racecourse fence in two years, romped home in the hands of young Tudor Harris of Bonvilston.

And those who had a tote two shilling bet on *Old Beauty* in the members' race, for which there were just seven runners, picked-up £6.9s 6d.

You can e-mail your point-to-point memories to brianlee4@virginmedia.com or phone him on 02920736438.

A nice sort was Mr D J Isaac's 10-year-old

bay gelding *Knightwick*, who won four races with Cowbridge farmer John Llewellyn in the saddle.

*Knightwick* was responsible, I believe, for giving Llewellyn his first ever win, one of those horses that won his races from the front, either disputing the lead or making it, and he was greatly assisted by his rider.

Another good sort was the ex-steeplechaser *Bwana* who, with Roger Lewis aboard, won three open races. Perhaps *Bwana's* best performance was in beating *Double A* by a short head at the Currie. *Witty Tom* was third and *Knightwick* fourth.

*Mayfair II*, ridden by Richard Willis, the rider associated with those two good hunter chasers *Baulking Green* and *Chaos*, won her first three races before going on to be placed fourth in the Lady Dusley Cup at the Worcestershire Hunt.

Willis was also the rider of *First Sea Lord*, a well-bred gelding who won his final three races of the season.

*Witty Tom* ran in the Welsh Grand National at Chepstow, but fell two fences from home when in the rear.

He did win a hunter chase at Hereford, however, beating *Silver Fortune* and *Trunks*.

*Trunks* rewarded his followers with a long-priced win in a hunter chase at Warwick when ridden by his owner/rider Rhys Williams father of Llancarfan trainer Evan Williams.

A couple of years later, Evan's mother Mary, now Mary Evans, had her first win on *Trunks* in the members' race at the Glamorgan Hunt Point-To-Point.

The biggest surprise of the season came at the Pentyrch Hunt Steeplechases at Llanharry when 13-year-old *Old Beauty*, who had not seen a racecourse fence in two years, romped home in the hands of young Tudor Harris of Bonvilston.

And those who had a tote two shilling bet on *Old Beauty* in the members' race, for which there were just seven runners, picked-up £6.9s 6d.

You can e-mail your point-to-point memories to brianlee4@virginmedia.com or phone him on 02920736438.

A nice sort was Mr D J Isaac's 10-year-old

## AFC PLAY HOST TO LOCAL TEAMS



Llantwit Major AFC under-8s.

IT was Llantwit Major AFC under-8s' turn to play the host on Saturday, welcoming teams from Inter Penarth, Rhoose and Cogan to Windmill Lane; with the sun shining it was perfect conditions for football and the kids didn't disappoint.

Every player gave it their all and fully enjoyed the run out. The Llantwit coaches

have been rotating their goalkeepers to give everyone a fair chance at the new position and the players have taken the opportunity well, putting in a fantastic effort.

Llantwit Saints coach Rob Kemp awarded his player of the week certificate to Ethan Bacon who ran himself into the ground. He can always be relied upon to lead the way and puts in 100 per cent effort every week.

Llantwit Lions coach Andrew Collinson's certificate went to goalkeeper,

Finley Wheaton, who is normally found at the other end of the pitch knocking the goals in, but this week kept his team in the hunt, pulling off some fantastic saves.

The Llantwit Dragons award could only go to one player who didn't stop tackling all day and provided great support to the rest of the team - Lili Callard was outstanding and received praise from the opposition coaches for her efforts.

IG

## 'Ryder Cup' battle takes place at the St Athan Golf Club

THE suspense at the end of the Wales v England rugby game was nothing in comparison to the emotions felt by the competitors in the Elwyn Ryder Cup, played the same day at St Athan Golf Club.

This is the popular annual head-to-head between the Combined Services and the Civilians; 16 players in each team playing match-play foursomes in the morning and match-play singles in the afternoon.

As tradition dictates, the draw for pairings, matches and opponents had taken place the previous evening and it was down to Andy McIntyre and Phil Rees, playing for the Combined Services, to tee off first in their challenge against Gerald Thomas and Ethan Allison.

At the midway stage, with the eight foursomes games completed and the scoreboard showing 5-3 to the Civvies, the 32 players couldn't wait to finish their lunch and resume the battle - pride was at stake!

With 14 of the singles matches finished the running scoreboard was displaying that the Services and the Civilians were both sitting with 11 points.

The two matches that were still 'live' saw Trevor Graham one up for the Services team in one game and Kyle Bladen one up for the Civvies in the other, both games with four holes to play.

Team captains, fellow competitors and spectators were confident that a draw would be the final result, Trev and Kyle, both playing off



The Combined Services and Civilians teams.



Toasting the winning team.



Elwyn Parry surveys the scene!



The scoreboard!

another, the challenge for next year and the much awaited 'gauntlet across the face' performed by the losing captain.

Photographs of the day along with the challenge video are available to view on the club's Facebook page, 'Stathan Golfclub'. The members warmly welcome new civilian and military players, especially those who are Ryder Cup enthusiasts - for further information phone 01446 751043.

CAROL MORGAN



Liz Fine, Jo Hopkins and Carole Allen.

## Past captains at Brynhill Golf Club



Liz Fine, Robbie Lee and Carole Allen.

**CAROLE ALLEN** is the past ladies captains' representative for Brynhill Golf Club.

During the summer months Carole has organised regular golf competitions for the past ladies' captains. Every event has been thoroughly enjoyed and very well supported and is played over 10 or 12 holes.

Even when the weather hasn't been ideal the ladies have braved the elements to give their support for Carole's hard work. On September 18, the competition held was for the coveted past captains' memorial cup, played over 18 holes.

### RESULTS

Marcus Watt Cup - winner Glenn Taylor - 69 nett; runner-up Andrew Anstee - 71 nett. Ken Murphy - winner Scott Nelson - 77 gross.

JK

## HONOURS EVEN FOR COGAN YOUTH TEAM

**COGAN FC** youth team shared the points in the South Wales east youth league encounter with Pentrech in a dramatic fashion.

Cogan FC packed the

midfield in a attacking formation creating chances from wide positions, the pace of Gabriel Paines was causing the away team problems and the talented forward produced a moment of

magic when he beat two players before smashing the ball past the helpless goalkeeper to give Cogan FC the lead.

Further chances fell to Cogan FC but it was Pentrech FC who took advantage when a corner kick was headed home from the visitors.

In the second half Cogan FC again created countless chances with the defensive unit of Pearce, Frost, Ahmed and Tidley proving too strong for the visitors.

Following a slick move Cogan FC won a penalty when Paines, again proving a handful, was brought down for a 80th minute penalty; the player picked himself up to put Cogan 2-1 up.

A scrappy 10 minutes followed with the visitors seeking a equaliser following a eight match unbeaten run, and a quick free kick caught out Cogan FC when Pentrech equalised in the dying minutes.

Next up for Cogan FC youth are Penrhynceiber Rangers FC on Sunday, October 4.

54.92, 3rd Bunty

Wiseman/Anne Johns

54.73, East/West - 1st

Brian Gardner/Pat

Verdon 60.04, 2nd

Marnie Owens/Jean

Sparkes 58.52, 3rd

Helen Jordon/Judith

Owen 56.44.

Saturday, September

26: North/South - 1st

Peter Millar/Trish Tracy

69.84, 2nd Kay

Dyer/Reg Dyer 68.65,

3rd Barbara Burden/Sue

Attley 55.56. East/West -

1st Bill Leyburn/Lynne

Leyburn 62.30, 2nd

Brenda Shepherd/Una

Gavin 58.73, 3rd Hazel

Craig/Peter Craig 51.98.

EK

## Confident Coaches sought by Council!

**THE Vale Council** will soon be kicking off its new Confident Coaches Programme, aimed at increasing participation in sports among young people and adults and recognising their work through an accredited qualification.

Clr Gwyn John, Cabinet Member for Visible and Leisure Services, said: "The courses run by the council offer an excellent opportunity for people to learn and develop coaching skills in areas as diverse as coaching disabled people in sport to learning about the fundamentals of movement and first aid."

"These very different courses are about building confidence, developing leadership skills and inspiring participants to increase their participation in

sport and who knows, to realise a career that had hitherto seemed aspirational rather than attainable."

He added: "People who know me will know my passion for sport and so this initiative is one that's very close to my heart.

"We all have talents in life but sometimes we need encouragement and guidance to realise those talents."

The Confident Coaches Programme will take place at the Civic Offices in Barry in October and November with the venue for the Fundamentals of Movement to be confirmed.

*Those wishing to book a place on one of the courses should contact the Vale of Glamorgan Council's Sports Development team on 01446 704793 or by email to kjdavies@valeofglamorgan.gov.uk; spaces are limited so please book early.*

## HORSE & HOUND JOURNALIST BRIAN ARMSTRONG HAS PASSED AWAY

**B R I A N ARMSTRONG**, *Horse & Hound's* point-to-point correspondent, has died after a long illness. He was 62.

Armstrong, who lived in Somerset and shared the role of press officer for the Wessex area with his wife, Gill, was not only a talented writer, but also a photographer whose pictures were a feature of the magazine's point-to-point and hunter chase coverage.

He had become correspondent in 2007.

For the past two seasons he had defied the debilitating effects of cancer and continued to report from meetings, and over many years had gained the respect of owners, trainers, riders and officials, particularly in the West Country where he rarely missed a fixture.

Clare Hazell, chief executive of the Point-to-Point Authority, said: "Brian was a popular member of the point-to-

point circuit, whose reporting was always accurate and entertaining. In spite of his illness he continued to attend meetings from the first day of the season until the last. He clearly loved the sport, but gave so much back in his reports.

"Whatever the outcome, as ever, it was wise advice freely given and much appreciated, something countless point to point folk will miss."

"During the past

Cowbridge's Jeff Bird paid tribute to him:

"Brian Armstrong was

one of those rare people

of whom it was always a

joy to meet.

"We send our sincere condolences to Gill."

"Cowbridge's Jeff Bird

paid tribute to him:

"Brian Armstrong was

one of those rare people

of whom it was always a

joy to meet.

"During the past

Cowbridge's Jeff Bird

paid tribute to him:

"Brian Armstrong was

one of those rare people

of whom it was always a

joy to meet.

"Whatever the

outcome, as ever, it was

wise advice freely given

and much appreciated,

something countless

point to point folk will

miss."

## Comprehensive's netballers in action

IT was Cowbridge Comprehensive School year-8's first netball game of the year against Llantwit.

Cowbridge's A team took to the court first. The girls started well and their confidence grew as the game progressed. Excellent work from Amelia in the centre gave Cowbridge the edge.

Emma and Tilly made some excellent interceptions in defence in the first half. The game was very close but brilliant movement from Alice as GA provided Alexa and herself with opportunities to take the lead. Final score 4-2 to Cowbridge.

A team players: Alexa Browning, Alice Rees, Catrin Roy, Annabel S, Amelie Clode, Tilly Gough, Emma Jones, Kate Floyd, Imogen.

Next up were Cowbridge B team. We had two B teams, each played half a game each. B team one took to the court first and played some lovely netball.

The game was very even with both teams defending and attacking well throughout. Lowri made some brilliant interceptions in the first half to slow down Llantwit's attack.

Brilliant work and passing from Sydney and Maisie in the middle provided the shooters with the chances to score.

We missed some key opportunities to get ahead and therefore finished the first half 2-2.

Cowbridge B team two were next up and they took over from B team one. Similar to the first half, both teams were evenly matched with both taking the ball from one side to the other. Tabitha and Lauren V worked excellently together in the middle quarter to feed the ball from defence to attack.

Consistent shooting by Emily H evened the score with one minute left on the clock; unfortunately, Llantwit scored in the last second to win 5-4.

B team one: Izzie Gibbon, Megan Hascol, Elin J, Maisie W, Lily Gibbon, Lowri, Sydney New and Penny R. Man of the match: Maisie Wheaton. B team two: Emily H, Tabitha, Miley R, Lauren V, Molly, Livvy C, Grace G, Seren R, Morgan D and Sophie V. Man of the match: Lauren Verrecchia.

## Barry & District league latest results and tables

### CRIB DIVISION 1:

Cadoxton Cons 9, Liberals 6; Wyndham Cons 11, Moors Boys 4; West End Runaways 9, Rhoose Social 6.

League table: Wyndham Cons 37, West End Runaways 30, Liberals 28, West End 24, Cadotxons Cons 22, Rhoose Social 20, Moors Boys 19.

### SKITTLES DIVISION 1:

Savoy A 4, Cadoxton Cons B 1; Rhoose Social C 1, Market Street C 4; Rhoose Social B 3, Cadoxton Cons Z 2; West End C 2, Harbour Billies 3.

League table: Savoy A 15, Harbour B 14, West End C 11, Billies 6.5; Rhoose Social A 3, Cambrian Flyers 6, Barries Boys 5.5, Rhoose Social C 3.

### SNOOKER DIVISION 1:

SeaView B 6, WestEnd C 1; Allsorts 6, Rhoose Social C 1; Slammers 0.5, King William XII C 4; Rhoose Social A 3, Cambrian Flyers 4; Rhoosters 2.5, Barries Boys 4.5; Rhoose Social B 5, Cadoxton Cons B 7, Market Street C 7, Penarth Cons B 7, Rhoose Social B 8, Caddy Allstars 7, Wyndham Cons A 8, Rhoose Social C 8, Caddy Allstars 7, Cadoxton Cons B 7, Market Street C 7, Penarth Cons B 7, Rhoose Social B 8, Caddy Allstars 7, Cadoxton Cons Z 5.

League table: Sea View B 19, C 7, Penarth Cons B 7, Rhoose Social B 8, Caddy Allstars 7, Cadoxton Cons Z 5.

### SNOOKER DIVISION 2:

Cadoxton Cons A 3, Wyndham Cons D 2; Savoy B 2, Market Street B 3; Liberators 4, Sully Sports A 1; Penarth Cons A 4, West End B 1; Services Social B 3, Wyndham Cons C 2.

League table: Liberators 14, Penarth Cons A 11, Services Social B 11, Wyndham Cons C 11, Market Street B 9, Cadoxton Cons A 8, Savoy B 7, Sully Sports A 6, West End A 6, West End B 6, Wyndham Cons D 6 (\* = points deducted).

All league & cup fixtures and results at [www.barryleagues.co.uk](http://www.barryleagues.co.uk) or on Facebook - search for 'barry leagues'.

JW

## Sully bridge club results

### RESULTS for Monday, September 21:

North/South - 1st Jane Brook/Peter Millar 71.96, 2nd Gareth Stone/Brian Gardner 63.94, 3rd Patsy Cohen/Joy Secular 55.77. East/West - 1st Anne Johns/John Pikoulis 68.43, 2nd Trish Tracy/Diana Jones 65.87, 3rd Hope Hall/Mary Cartwright 55.47. Wednesday, September 23: North/South - 1st Vernon Pearn/Peter Blackwell 62.12, 2nd Peter Millar/Trish Tracy.

PG

# Blast from the past – 1987 by Brian Lee

AS my point-to-point blasts from the past have proved popular with readers, or so they tell me, this time we go back to 1987, the year Cowbridge farmer John Llewellyn retained his Welsh riders' championship.

This was also the year that the Vale's Philip Williams rode his first winner in five years and under the heading 'Brave Philip Wins' I reported: 'Philip Williams rode his first winner at the Ystrad Hunt Point-To-Point since breaking his back in a fall five years ago.'

Riding Keith Pritchards' *Knock on the Head* in the restricted open, the 33-year-old auctioneer from Tonypandy came with a well-timed challenge to win by three lengths after being slowly away. In the

## MARGARET LIFTS THE BP TROPHY!



Pictured is championship winner Margaret Matthews of BP Ladies, who recently won the trophy in a field of strong competition.

adjacent, *Amsam* the 20-1 outsider of three gave 19-year-old Vivian Hughes his first winner.

*Polrone*, ridden by John Llewellyn, refused to start and the odds-on favourite, *Murray's Gift* fell when leading at the eighth fence. Tim Jones, who rode *Murray's Gift*, notched-up a double with *Loch Raven* in the men's open and *Sweet Rascal* in the Maiden.

*Loch Raven* was winning over the Llantwit Major course for the third time.

It is interesting to note that Heather McCaul who took the ladies' open race on *Nun Owen* is now a leading flat race trainer. The 11-year-old *Nun Owen* was owned by Cyril Hughes and qualified with the Monmouthshire Hunt.

This was also the year that Abergavenny farrier Andrew James, now sadly confined to a wheelchair after a race riding accident, rode his first winner under rules at Newton Abbot on Ron Astle's *Ron Canello*, a 33-1 outsider which made every yard of the running. Paul Hamer of Croychurch near Bridgend was in good form at the Llandeilo Farmers' Point-to-Point. He took the adjacent on *Rogamaja*, the men's open on *Immortal Man* and the restricted on *Atlanta Lady*. Vivian Hughes won the members' on *Patouche* and Sally Lewis the ladies' open on *Chicca Beau*.

Rhondda farmer's daughter Shan Morgan, of *Mandryka* fame, rode her first winner in two years with a 33-1 victory on her father's *Shirley Creppella* in the restricted at the Tredegar Farmers.

Katherine Smith-Maxwell took the members' race on *Pining* and Tim Rooney the adjacent on *Savage Sally*. The ladies' open went to Carol Lee on *Royal Missile*.

Carol's husband Richard has since trained two Welsh Grand National winners at Chepstow. John Llewellyn was successful in the maiden on *Jump To The Beat*. Keith Huntley's *Katesville* was a good winner under Caerphilly's Tim Jones in the men's open.

Jones was also in good form at the Torrington Farmers meeting and I wrote: 'Gwent point-to-pointer *Sweet Rascal* was an impressive winner of the restricted open at the Torrington Farmers. Confidently ridden by Tim Jones of Rudry, *Sweet Rascal*, who is qualified with the Curre Hunt, won by two lengths from *Kyme Warrior*. A former inmate of Milton Bradley's Chepstow yard, the grey *Sweet Rascal* is owned by Mike Clutterbuck.'

In the women's open race Tim's sister Pip Jones, riding John Parfitt's *Eggington*, failed by three lengths to catch *Majetta Crescent* ridden by Carol

Lee. But Pip went away happy in the knowledge that she had won the Grand Marnier female novice riders' championship award.

Pip, who rode five winners during the season, beat three English riders who had four winners apiece. Four of Pip's wins were on *Eggington*, the horse which gave her her first winning ride at the Llangibby the previous season.'

Another 20-1 outsider of three to win that season was *Shepherd's Walk* who, at the Carmarthenshire with David Jones in the saddle, took the restricted race and it was at this meeting that Bridgend's Jon Tudor won the maiden race on *Hey Sonny* and Treorchy's John Parry-Keen the adjacent on *Bunk Star*.

I also reported the death of Magor horse racing trainer George Williams, aged 72. "He took out a permit to train racehorses 55 years ago and was believed to be the country's longest-serving permit holder."

"His well known green and black colours were seen on racecourses up and down the country and last year, at his favourite Hereford track, he saddled the 20-1 winner *Hayakaze*.

"He had an uncanny knack of winning races with old horses and when their racing days were over, he pensioned them off at his Magor farm."

"He was well known in Welsh point-to-point circles and this season had several horses qualified with the Llangibby pack."

George always had a friendly word whenever I saw him and his son Alan has carried on the tradition by training and owning horses ever since.

And under the heading 'Llewellyn Retains His Title' I wrote: 'Cowbridge farmer John Llewellyn retained his Welsh Riders' Championship when landing a double at the Llangibby Hunt Point-To-Point Steeplechases with *Jump To The Beat* and *Miss Daffodil*. The former won by three parts of a length from ex-Grand National runner *Another Duke*.

Some racegoers thought Llewellyn who, at 40, is riding better than ever, had won the men's open on *Purple Haze* – but the judge thought otherwise and announced that *Megiddo*, ridden by Paul Hamer, had beaten *Purple Haze* by a short head.'

Does anyone remember a Cardiff-born blonde called Abigail Richards who was apprenticed to Gavin Pritchard Gordon, and who won a number of races for him in the 1980s? Roysia Boy was one that she won on at Haydock Park when she was aged 20.

## DELYTH'S HUNTINGDON SUCCESS

ABERKENFIG'S Delthy Thomas was full of praise for her young rider George Blackwell after he had won the Purebred Arabian Stallions' Handicap at Huntingdon last week on her 17-year-old *Roches Du Cayrou* who, after leading throughout, held on by a short head to beat the favourite Samuring *Zayin*.

Delyth, a former successful rider herself, who has been saddling winners for years, said: "George is a rider who is certainly going places and I predict a good future for him."

*Roches Du Cayrou* is just one of the Arabian horses that Delyth has won with this season and stable star *Noble Athlete*, who has won six times at Hereford Racecourse, recently chalked-up his 13th success.

George's father, Steve Blackwell, who hung up his riding boots at the age of 39 in 2001 owing to a shoulder injury, started his race riding career by riding a winner on the flat in the 1970s.

The highlights of his race riding career were riding a winner at Cheltenham, the spiritual home of steeplechasing, and riding a four-timer at one of the Welsh border point-to-points some years ago.

BRIAN LEE

## ChipsAway

Scratches and scuff won't dent your pocket

Professional quality,  
paintwork repairs at a fraction  
of traditional body shop costs  
• Quick • Convenient • Fully Guaranteed  
✓ Bumper Scuffs ✓ Alloy Wheels  
✓ Paintwork Scratches ✓ Minor Dents

To arrange for your free estimate call  
**Paul Jarvis 07904 840202**  
**0800 028 7878**

## GREAT BRANDS. GREAT SERVICE.

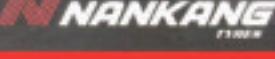
- BEST DEALS AVAILABLE
- THOUSANDS OF TYRES ALWAYS IN STOCK
- OUR PRICES ARE ALL INCLUSIVE WITH NO HIDDEN EXTRAS
- NITROGEN INFLATION

CALL US NOW FOR THE BEST TYRE DEALS FOR YOUR CAR.


**NANKANG**  
TYRES



The tyre  
with a lifetime  
hazard warranty


[www.nankangtyre.co.uk](http://www.nankangtyre.co.uk)

f Nankang Tyre UK    t @NankangTyreUK

# CELTIC TYRES

TYRES

EXHAUSTS

**BRIDGEND**

Bridgend Industrial Estate  
**01656 657424**

Bridgend is Open 7 Days a week.  
[www.celtictyres.co.uk](http://www.celtictyres.co.uk)

**CARDIFF**

Brindley Rd, off Penarth Rd.  
**029 20 221201**

Cardiff is Open 6 Days a week.  
MOT not available at Cardiff



BATTERIES

BRAKES

SUSPENSION

MOT



# GARY WATSON MOTOR CO.



MAKE YOUR CHOICE FROM...

## A SUPERB SELECTION OF CARS TO SUIT YOU...



**11 JAGUAR XK 5.0 Convertible**  
In silver, 28,000 miles,  
black/cream leather  
**£30,995**



**09 FORD C-Max Zetec 2.0 TDI**  
In met blue, 69,000 miles, ideal  
family car at  
**£5,995**



**58 VAUXHALL Zafira 1.6 Exclusive 7 Seater**  
In black, 77,000 miles  
**£4,695**



**59 RANGE Rover Vogue TDV8 Auto (Face-Lift)**  
In met black, ivory leather, 56,000  
miles, FSH, superb example  
**£24,995**



**56 MERCEDES CLK 350 Elegance Convertible Auto**  
In met silver with grey leather,  
62,000 miles  
**Reduced to £8,995**

59	RANGE Rover Vogue TDV8 Auto (Face-Lift Model)	In met-black with ivory leather, 56,000 miles, FSH, superb example at .....	£24,995
57	RANGE Rover Sport 2.7 Diesel HSE Auto	In black with black leather, 52,000 miles.....	£16,995
62	AUDI A4 2 Litre Diesel Technik 6 Speed	In red with black leather, 64,000 miles, one owner .....	£13,995
03	PORSCHE Cayenne 4.5 V8 Tiptronic 'S'	In silver, full black leather, 69,000 miles, 22" alloys, colour coded s/roof sat-nav etc.....	£9,995
10	FORD Kuga 2 litre Diesel Zetec 4x4	In black, 75,000 miles, fantastic value at .....	£8,995
13	RENAULT Clio 0.9 Dynamique, Media Nav Energy	5-Dr metallic red, 16,000 miles, new shape .....	£8,495
59	PEUGEOT 308 GT Convertible (THP 150)	In ipanema blue, full black leather, 39,000 miles, host of extras .....	£7,995
12	SKODA Roomster 1.6TDi SE Plus	In black, 39,000 miles, 1 owner .....	£7,495
11	FORD Fiesta 1.6 TDCi Titanium 3-Dr	In black, 27,000 miles, £20 road tax .....	Reduced to £7,495
62	SEAT Ibiza 1.4 SE 5-Dr	In verde lime, 22,000 miles, 1 owner .....	£7,495
62	KIA Picanto '2' 1.2 Automatic 5-Dr	In white, 11,000 miles, 1 owner .....	£6,995
62	VW Polo 1.2 Match 3-Dr	In white, 46,000 miles, low insurance .....	£6,995
12	SUZUKI Swift 1.2 SZ3 5-Dr	In met-red, 19,000 miles, 1 owner, low insurance .....	£6,995
12	FIAT 500 Twinair	In red with red leather, 36,000 miles, 1 owner, black abbarth alloys .....	£6,995
11	SKODA Octavia 1.4 TSi SE Plus 5-Dr	In met-grey, 55,000 miles, 1 owner with sat-nav .....	£6,995
11	FORD Focus 1.6 TDCi Sport 5-Dr	In silver, 39,000 miles, very nice example at .....	£6,995
10	FORD Fiesta 1.6 TDCi Titanium 5-Dr	In silver, 48,000 miles, low running costs .....	£6,995
62	PEUGEOT 208 1.4 Active, 3-Dr	metallic purple, 16,000 miles, low insurance.....	£6,995
60	VAUXHALL Astra 1.6 SE Automatic, 5 door (new shape)	In met-grey, 35,000 miles .....	£6,995
58	NISSAN Qashqai 1.6 Acentia	In met-blue, 59,000 miles, 2 owners .....	Reduced to £6,995
61	VAUXHALL Insignia 1.8 Exclusive	In silverlake, 43,000 miles, 1 owner .....	£6,795
12	SKODA Fabia 1.2 SE 12v 5-Dr	In black, 11,000 miles, 1 owner .....	£6,795
61	FORD Fiesta 1.2 Edge 5-Dr	In silver, 26,000 miles, 1 owner with a/c .....	£6,495
61	NISSAN Micra 1.2 Acenta 5-Dr	In silver, 14,000 miles, with sat-nav, a/c, £30 road tax .....	£6,495
61	SUZUKI SX4 1.6 SZ4	In met-copper, 16,000 miles, very nice throughout .....	£6,495
14	VAUXHALL Corsa 1.0 Sting 3-Dr	In met-black, 5,000 miles, 1 owner .....	£6,495
63	FIAT Punto 1.2 Pop 5-Dr	In white, 11,000 miles, 1 owner, low insurance .....	Reduced to £5,995
10	SKODA Fabia 1.4 TDi Estate	In silver, 50,000 miles, low running costs .....	£5,995
10	FORD Fiesta 1.4 Diesel Zetec	5-Dr in metallic blue, .....	£2,495



**60 VAUXHALL Astra Exclusive 1.7 CDTi 5-DR**  
In silver, 75,000 mile diesel, £30 road tax  
**£5,995**



**09 MERCEDES B180 Sport Diesel 2.0 CDi**  
In black, 76,000 miles  
**Reduced to £7,995**



**14 JAGUAR XF Premium Luxury Diesel Automatic**  
In white, black leather, only 6,000 miles, fantastic saving at  
**£27,995**



**57 HYUNDAI i130 Style 2.0 Diesel 5-Dr**  
In silver, 72,000 nice example  
**Reduced to 4,295**



**07 RANGE Rover Sport 2.7 Diesel; HSE Auto**  
In black with black leather, 52,000 miles  
**£16,995**

**3-DOOR/5-DOOR • PETROL • AUTOMATIC • DIESEL**

**ALL CARS SUPPLIED WITH NEW MOT AND 3 MONTHS RAC WARRANTY**

JUST A SMALL SELECTION OF OUR COMPREHENSIVE RANGE IN STOCK. VISIT OUR WEBSITE FOR FULL DETAILS.

**FINANCE PACKAGES TO SUIT ALL • 0% DEPOSIT FINANCE AVAILABLE • ALL CARS HPI CLEAR • PART EXCHANGE WELCOME**  
**OPEN 7 DAYS CARS BOUGHT FOR CASH • ALL MAJOR CREDIT CARDS TAKEN**

**BROAD STREET, BARRY CF62 7AE (NEXT TO TRAIN STATION) 01446 722600**



**WWW.GARYWATSONMOTORCOMPANY.CO.UK**

MULTI PHOTOS FULL DESCRIPTION ON WEBSITE



# The clinical Cowbridge Firsts run in eight tries!

LAST Saturday Cowbridge First XV entertained Old Penarthians in the first round of the Swale Bowl and managed to score eight tries, winning 55-12.

In the early exchanges it was nearly all Old Pens but Cowbridge were clinical on the counter and on eight minutes classy young centre Ashford Thomas jinked through the defence and accelerated away for a try he also converted.

The second came from scrum half Rich Howson with a Gareth Davies-style snipe for the line with Thomas adding the extras. On 25 minutes Old Pens drop kicked out of their 22; hooker Luke Adams, back in the green strip, went on a 25 metre run, scattering defenders before passing overhead to supporting second row Lloyd Stock to race away for a converted try.

On 30 minutes from a strong scrum captain Huw Lougher at fly half broke upfield; centre Will Williams made 30 metres before offloading to full back Rhys Allin, whose magical feet bamboozled the defence and he crossed for a try that started 65 metres out.

Left wing Aaron Glasser got on the scoresheet as the ball was moved through the hands for a converted try. Old Pens got their reward with a converted try for their winger, but right on half-time Lougher gathered a

RV/RK

## Cowbridge Reds cruise a victory in the Cup

ON a beautiful Saturday morning, Cowbridge Town Reds travelled to Sully to play Sully Scorpions in the first round of the under-12 Junior Cup.

The Reds, captained by Akka Guwy, kicked off and immediately went on the attack. The home team defended robustly but the Reds soon started to get the better of the midfield battle and impose themselves on the game.

After 10 minutes Craig Tapsfield opened the scoring after a well-timed pass from Rubin Davies. The Reds scored again soon after from a corner kick which was well converted by Ben Cooke.

As the Reds midfield

started to dominate, Ruben scored his first of the day, quickly followed by his second and then completed his hat trick, to make the score 5-0, shortly before the referee blew for half-time.

The Scorpions started the second half positively but quickly lost the ball to Harry Treharne, who made a mazy run down the left beating numerous Sully defenders before placing the ball past the keeper into the far corner.

Shortly afterwards Harry again went on another driving run before laying the ball off to Benji Mulcahy who opened his account. Benji scored again minutes later following a free-flowing length of the pitch move to make the score 8-0.

The Scorpions were then rewarded for their persistence with a consolation goal from a corner kick and had another attempt at goal shortly after which was well saved by Aron

Kempson. A neat one-two between Benji and Ben saw Benji get his third of the day and the final goal came from Steffan Evans making the score 10-1 to the Reds shortly before the final whistle was blown.

Credit must be given to the Cowbridge boys for picking up the gauntlet laid down by the Scorpions, who, experience has shown, are a tough side to beat.

The Reds remained professional to the end, playing some very attractive football and they look forward to a next round tie against Holtton Road with confidence.

*Squad: Finlay Ball, Ben Cooke, Tom Collingridge, Ruben Davies, Steffan Evans, Akka Guwy, Rhys Hardman, Will Harries, Aaron Holcombe, Aron Kempson, Tom McCarthy, Toby Mallett, Benji Mulcahy, Ifor Rees, Craig Tapsfield, Harry Treharne.*

CB

## Bridge results

RESULTS for the Vale of Glamorgan bridge club for September 28:

1st Marjorie Morris & Linda Pinnock 67.56%, 2nd Marion & David Stephenson 63.69%, 3rd Mike Best & David Birt 61.01%.

LE(sec)

## Golfers out in force for charity!



SATURDAY, September 26, saw the fourth annual Llancarfan Charity Golf Day in aid of the Cerys Potter Foundation was held at Cottrell Park Golf Club.

Golfers of all standards were thrown together in a Texas Scramble to see who would be champions and hold the bragging rights for the next 12 months.

There were a number of competitions throughout the day; Steve Vink won the nearest the pin on the eighth hole and Maureen Bowen triumphed at the straightest drive, just pipping her playing partner Jane Williams and her husband Aubrey.

The winning four ball were also the best dressed, so congratulations to Nick Crane, Aubrey Bowen, Bobby D and John F. It was a close-fought match with three teams all within a shot of each other; after the game we went back to the Six Bells in Penmark to watch the World Cup rugby.

We'd like to thank the organisers – Matt, Rich, Steve and John, to Mark and James at the Six Bells for prizes and hosting us.

Finally we'd like to thank Cottrell Park for organising a fantastic event that brought together members of the community and raise in the region of £300 for a charity that is very dear to us all in Llancarfan.

JF

## Close matches in the fours competition...

ON Tuesday, September 22, the Farmers Arms and the Old Post hosted the first rounds of the fours, a four-player team knockout competition.

Some excellent darts was played with Martin Thomas (Edmondes B) hitting a 180 (three treble 20s) and Joan Smith (Farmers Arms) hitting a 171 (three treble 19s).

At the Farmers Arms the two victorious teams were the Edmondes C (Mark Dowling, Steve Huish, Noyle Burt, Richie Williams and Marc Lassimer) and the Six Bells (Tony Gratton, Lisa Gratton, Kimberly Gratton and Tim Lewis). At the Old Post the two victorious teams were the Edmondes B (Martin Thomas, David Thomas, David Cheal, Paul Butcher, Martin Gaffney and Jonathan Cheal) and Llanharry hosts the Highwayman Inn, the Farmer's Arms hosts the Edmondes C and Six Bells Inn hosts the Edmondes A; the Hare and Hounds do not have a gamae.

All matches start at 8.15pm and spectators are welcome. For further information e-mail Paul at cowbridgedarts@gmail.com; up-to-date information can be found on the website: www.darts.apsn.co.uk. PJT

semi-finals to be played at the Farmers Arms on October 13.

Present league standings, after one match, are: Edmondes A and Highwayman Inn (6 points), Farmer's Arms and Six Bells Inn (5), Llanharry and Hare and Hounds (4), Edmondes C and Old Post Ladies (3); Edmondes B are on zero points but are yet to play a match.

Next week, Tuesday, October 6, there is a full programme of league matches. The Edmondes B hosts the Old Post Ladies, Llanharry hosts the Highwayman Inn, the Farmer's Arms hosts the Edmondes C and Six Bells Inn hosts the Edmondes A; the Hare and Hounds do not have a gamae.

Playing for the Arthur John & Co Cup and also for the quality prizes made available by generous sponsor Mr Dai John, the day's competition was keenly contested with just four stableford points separating the top five contestants.



Winning golfers Dai John, Bryan Owen, Brian Jones and Gareth Perkins.

## Society take a trip to the Brecon Beacons

### MORLAIS Castle Golf Club,

Leading the field with 31 stableford points was former Whitland warrior Bryan Owen, whose distinguished rugby career playing in the centre or on the wing drew much attention at the time from the bigger clubs and which is well documented.

Selected to represent both Cardiff University and The University of Wales eventually led fitness fanatic Bryan to play first class rugby with Penarth and Newport before ending his career with Cowbridge.

Runner-up with 30 points was former point point jockey Gareth Perkins followed in third place by Society captain Brian Jones, regarded as the best uncapped prop

forward in Wales. Taking fourth place with 27 points was another former star of Cowbridge Rugby Club, Dai John, whose 'big hits' playing as prop or in the second row are still talked about - surely a call from Warren Gatland would not be such a surprise!

Nearst the pin on the Llanerch Vineyard sponsored par three holes were Raymond Thomas and Tony McCarthy. Martin Edwards hit the longest drive on the selected hole to win the Bear Hotel, Cowbridge sponsored prize with offspring Mark Edwards taking the honours in the section for guests when scoring 30 points.

Veteran member Aubrey Thomas correctly guessed 46 balls would fail to return home to collect the Premier Turf sponsored bottle of whisky which also raised £50 for the Macmillan Cancer support Charity.

Society members are now looking forward to their annual tour which will be staged in the Torbay area starting today (October 1) when they visit Dainton Park Golf Club just outside Newton Abbot.

Competing for the David Evans [Agriculture] Ltd Trophy, this 54 hole competition will also include visits to Torquay Golf Club on Friday, October 2 and to Churston Golf Club for the final round on Saturday October 3.

T.McC

## Penybont in six-goal thriller

PENYBONT travelled to Llangeinor for their third South Wales youth league match of the season and were held to a 3-3 draw in a six goal thriller where the lead changed hands on three occasions; Penybont had a squad of 16 for the fixture.

Penybont made a fast start to the game and caused the home side some early problems. With just five minutes on the clock, Penybont opened the scoring through captain Ben Davies who headed home a superb Robert Symons free kick to give Penybont an early lead.

But, unfortunately for Penybont, their lead only lasted a few minutes after Llangeinor equalised when one of their players smashed a cross into the right hand side of the goal. After this early goal-fest, both sides struggled to retain the ball which led to minimal chances for both sides.

However, Penybont looked the more dangerous side, particularly down the left hand side of the pitch where Robert and Matthew Symons linked up well on many occasions to trouble the homeside. Then against the run of play, Llangeinor took a 2-1 lead

into half-time as a consequence of Penybont failing to clear their lines.

Penybont were unlucky to be losing and controlled the majority of the second half by limiting Llangeinor to few clear cut opportunities.

An equaliser was getting closer and soon came through substitute Callum Littlejohns, who made an almost instant impact by pressuring the Llangeinor goalkeeper into a mistake, which resulted in Callum scoring an equaliser for Penybont.

Penybont were now firmly on top and took a well-deserved 3-2 lead when a dangerous run into the box by Robert Symons set up Oliver Waagenes to calmly slot the ball into the back of the net.

But the pivotal moment of the match came when Llangeinor once again responded well to going behind and equalised within minutes of losing their lead, when one of their players was unmarked in the penalty area and had a free shot on goal which ended the match all square.

Overall, Penybont could have won this match on another day and were unlucky not to come away with all three points.

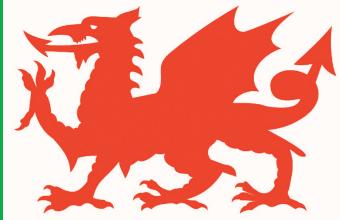
TOM PROSSER

We welcome your sports news and reports - email us at: [gemeditorial@tindlenews.co.uk](mailto:gemeditorial@tindlenews.co.uk)



# WALES' RUGBY WORLD CUP BID IS ON COURSE

*Rorke's Drift defiance overcomes the odds*



## Depleted Wales withstand White heat and 'all for one' spirit wins through!



Above, Gareth Davies stuns Twickenham to silence with his try. Centre, Dan Biggar applies the coup de grace. Above right, the celebrations begin. Pictures by Huw Evans Agency.

"WELCOME TO the biggest game in Rugby World Cup 2015 – the whole rugby world has been waiting for this!" – came the stadium announcement, as over 81,000 spectators (most of them home supporters in white) took their seats at an expectant Twickenham on Saturday evening.

An extravagant claim, perhaps, for what after all was just one pool match among many in a global contest that includes the likes of second-ranked Australia and champions New Zealand and had no immediate bearing on the final outcome still over a month away.

But this was England versus Wales – a full-blooded clash between two arch rivals which for drama and excitement was worthy of the World Cup Final itself – such was the nail-biting intensity of a pulsating, edge-of-the-seat encounter that surely rivalled anything that had gone before in 127 meetings since the first one on February 19, 1881.

It was also the defining moment when head coach Warren Gatland's injury-ravaged Welsh team would finally come of age and boys became men in the white heat of a truly heroic, backs-to-the-wall, Rorke's Drift effort that saw them win through 28-25 – literally against the odds.

The bookies, the London-based media, and even some doubters at home – had written off Welsh chances and made England overwhelming favourites.

For if the previous week Wales had been giant Goliath facing the boy David (Uruguay), this time the situation was completely reversed facing a dominant England side that from the outset, and indeed for two thirds of this game, looked as though they were going to pummel a decimated Wales team off the park.

...Ah, but not quite, for this was the night a wounded red dragon breathed fire and defiance – epitomised by man-of-the-match outside half Dan Biggar, who time and again coolly silenced the thunderous taunts of 'Swing low, sweet chariot-ot' rolling around the stadium, and kept Wales in the hunt with an immaculate kicking display whenever they threatened to be overwhelmed by the English juggernaut,

Before the home team was known, Wales' defence coach Shaun Edwards had warned that England posed a potent attacking threat: "They can hit you in all ways with electric backs and can play expansive rugby, but they can also go through the forwards with a mauling game. We will have our hands full."

And, in truth, the latter was the case throughout a grim first half, which saw the tournament hosts totally dominating the set piece and loose exchanges, and with an outmuscled Wales desperately fighting a rearguard battle for territory and possession.

They had gone into this must-win pool A clash already cruelly hit by an unprecedented injury toll of key world class players, including influential centre Jonathan Davies,

### BACK PAGE COMMENT by Don John

kicking ace Leigh Halfpenny and player of the year, scrum half Rhys Webb. Alas, the injury jinx struck again, with gifted full back Liam Williams (only recently returned from injury) impressive centre Scott Williams and young wing Hallam Amos, all forced to leave the field – leading to a drastic player reshuffle – with replacements coming on to play out of position.

By the end, the battlefield resembled a casualty clearing station – prompting Gatland to comment that he was "fast running out of players" – as the Welsh camp counted the cost of a remarkable victory that is destined to go into the annals of Welsh rugby lore.

It had been meticulously plotted and forged by Gatland hundreds of miles away from Twickenham during the summer – at punishing 'boot camps' in the blistering heat of Qatar, on the rarified heights of the Swiss Alps, and in the infamous cryotherapy 'ice chamber' at their Vale Hotel base – to achieve optimum physical fitness and mental conditioning.

However, as Edwards intimated, *fitness per se* is not enough – more is required to win Rugby World Cups.

Last week this column concluded... "There is something in the all for one, one for all spirit in this depleted Welsh camp that could yet see

them confound the cynics" (at Twickenham).

It was this unquenchable spirit that shone through and ultimately was the difference between the two sides.

How else to explain how a group of players so decimated and disrupted by injury could not only withstand such immense, sustained pressure from one of the World Cup favourites, but in the closing minutes turn the tables and snatch victory at the death – thanks to Biggar's unerring boot and one moment of inspired awareness?

It came as replacement Lloyd Williams, a scrum half playing out of position on the left wing, broke away down the touchline, looked up and cleverly chipped inside to waiting scrum half Gareth Davies, who adroitly gathered the ball off his toes and dived under the posts for a try converted by man-of-the-match Biggar. This matched opposite number Owen Farrell's tally and cancelled out Jonny May's try to level the score at 25-25.

He then applied the *coup-de-grace* with a monster kick from halfway worthy of Halfpenny himself.

There was time for one last moment of high drama when England unaccountably spurned a penalty chance that would have levelled the match. They opted instead for a kick to the corner, line-out and drive – but were unceremoniously bundled into touch by a ferocious 'they shall not pass' Welsh counter shove.

Fittingly, Biggar it was who brought proceedings to a close with

a lob out of play as the final whistle sounded – to a roar of absolute delight from the vastly outnumbered Welsh supporters in the stadium, multiplied tenfold in pubs and clubs across the land!

It was a day when, in the immortal words of Max Boyce, those of us who were privileged to be present were proud to say – '*I was there!*'

Of course, this is not the end of the story for bruised and battered Welsh bodies that have had barely four days to recover before having to face the dangerous Fijians at 4.45pm in the Millennium Stadium today (Thursday) in their third pool match.

*After Saturday's heroics, few doubt that they will be up to the next challenge and this time they will have their '16th man', the home crowd, spurring them on!*

#### WALES TEAM TO FACE FIJI

Matthew Morgan (Bristol Rugby), Alex Cuthbert (Cardiff Blues), Tyler Morgan (Newport Gwent Dragons), Jamie Roberts (Harlequins), George North (Northampton Saints), Dan Biggar (Ospreys), Gareth Davies (Scarlets); Gethin Jenkins (Cardiff Blues), Scott Baldwin (Ospreys), Tomas Francis (Exeter Chiefs), Bradley Davies (Wasps), Alun Wyn Jones (Ospreys), Dan Lydiate (Ospreys), Sam Warburton (Capt - Cardiff Blues), Taulupe Faletau (Newport Gwent Dragons).

Replacements: Ken Owens, Aaron Jarvis, Samson Lee, Luke Charteris, Justin Tipuric, Lloyd Williams, Rhys Priestland, James Hook.



19th Hole



4 Ball Offer!  
+  
Four FREE Pints  
in the Clubhouse afterwards!  
Terms & conditions apply

From  
£65  
Button  
Course

01446 781781  
WWW.COTRELLPARK.COM  
ST. NICHOLAS, CARDIFF,  
VALE OF GLAMORGAN CF5 6SJ